

QVAREIA - THE APPRENTICE

Module 10 - Understanding Destruction Lesson 8: Practical Work II

QVAREIA

WELCOME

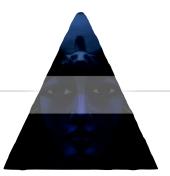
Welcome to this lesson of the Quareia curriculum.

The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding – everything is in its place and everything within the course has a good reason to be there.

For more information and all course modules please visit $\underline{www.quareia.com}$

So remember - in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Josephine McCarthy



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Once you have had seven days of rest from magic, you can move on to the next job. The same preparations apply: rest as much as possible the day before and take a ritual bath before and after you work. This is to ensure that nothing from your life is inadvertently carried into the work, and nothing of the work carries back into your everyday life. You do not need to do this will all magical service, but you do if you have been stepping into degenerate or destructive patterns. This is really important and not only protects yourself but everyone and everything around you.

This second working is stepping into a situation as opposed to a building. There may be many factors at play that are causing destruction in an unbalanced way. Where your last job was about destruction being withheld by parasites, this job is about situations where factors are causing destruction to barrel out of control and thus create unbalanced destruction.

It may be that parasites are involved, and they usually are, but it is likely that they are not the cause of the imbalance, but are feeding off it. There may be deities out of control and on the rampage. There could be a power spot that is fully open and spilling destruction out onto a land. Or the destruction may be out of control because of a parasited government or organisation heavily linked to the situation and an umbilical cord of negative feedback keeping the situation going. It maybe that regenerative forces are

being withheld unnecessarily: there are a massive number of elements that can cause unnecessary destruction.

You may be sent to a battle area, or city, or a group of people: you will not know what you are walking into until you get there. Be willing to be sent wherever you are needed. By not controlling where you go, you will not step into a situation that you are incapable of assisting in. You may have to close things, calm storms, give a sleeping draught to a rampaging deity, brick things up, sever connections, clean things; or you may simply be called on to get some people out of the situation by taking them into the library.

The action of scooping up people and taking them to the library, when indicated to do so, creates a pattern whereby protection comes to those people and they are guided through inner powers to a place of safety. Do not try to pick and choose what you do or who you help: be willing to work on whatever is presented to you, no matter how it may appear to you. That way, you cannot make the situation worse by not knowing what you are doing. You are not a saviour or a warrior: you will find your job in this work will be simple and straight to the point. Angelic beings will work with you to indicate what you need to do, so pay attention.

Preparation

Prepare yourself, your body, and the room exactly as in the previous working. When you go round the directions, tell the inner contacts there that you are willing to be sent wherever you are needed, into a destructive situation where you can be of positive help.

Do the anchor ritual to prepare yourself and sit down. In vision, get up and walk round the directions. Three of the gates will close to you, and one will stay open. Go through the open gate, cross over the threshold, and step into the mists that will be there. Walk into the mists and be aware of others joining you and walking with you. Some will be human, some will be angelic, and some will be various spirits who have picked up on your presence and are willing to work with you.

You will not bring your sword in this vision; it will stay by your body and guard it for you. When you need to use the limiter, you will use your left hand and the sigil in the air; then you will use your breath to blow, shout, or quietly utter into the place: you will mediate the pure power of the limiter into the situation.

As you walk through the mists they eventually clear and you find yourself in the midst of a destructive and out-of-control situation.

Work with the contacts and beings who are with you and let them guide you to what needs doing. Take however long it takes, and do whatever is placed before you or whatever stands right out to you. I will not guide you through this; you have to do this alone and work it out for yourself. It may take a long time and you may be given a few different jobs to do.

When you have finished all your jobs, an angel will come up beside you and indicate that you need to leave. Follow the angel and they will take you to a tunnel that leads to the library. Once you cross over the threshold of the tunnel, turn back, but do not look upon the destruction. Keep your vision closed and stand upon the threshold. Place yourself in the pentagram position. Be aware of the limiter sigil in your left hand and the vessel sigil in your right. Be aware of the flame of stillness within you. Simply hold that space of balance on the threshold. Stand there for however long it takes before the angel moves you on: you are establishing a pattern of balance upon the threshold so that learning and wisdom can flow to this place of destruction from the inner library.

When it is time to leave the threshold, go back to the inner library. The angel will guide you to a small library room that is a temple space. It is a stone room with ancient-looking walls and a ceiling that is the stars and the night sky. In that space you will see four simple stone altars in the four directions. Each will have a flame resting upon the stone. By instinct you will feel which one is east. Go before the stone altar, bow, and then kneel. Put your forehead to the stone and let its power flow into you. As it does, you will feel things fall away from you. When it is finished, go to the south altar and do the same. Repeat around the directions. When you have finished, go and stand in the centre of the temple space with the four altars around you.

An angel will appear out of the south altar and will have what appears to be lashes of fire in their right hand. The angel will lash things in the air around you and then will gently flow the lashes of fire down your body as if cleaning something from within you. When they have finished you will become very aware of your 'spirit body' in vision and your body sitting in your

magical work space. The angel will take one step back and will hold a hand out to you. Everything will become very still and silent: the world around you will have no sound whatsoever. You have a choice. Stay in your shape or step forward. If your choice is to step forward, set your left foot out first and find yourself stepping out of a shell.

The spirit body you have stepped from cracks and falls apart, and you stand in your true shape, very bright and very strong. Look back. You will see a collection of dust, bones, shapes, and cracked shell on the floor where you once stood. You have shed a skin.

The angel touches you on your forehead and fills you with light and darkness in equal measure. You feel balanced, renewed, and very still. Bow to the angel and say thank you. Then bow to each of the four flames, the Divine life force that flows from each direction. The angel indicates for you to step right up to him. As you do, you find yourself stepping into them like a door. Pause very briefly to enjoy the sheer beauty of the energy of this being. Then step through them, and find yourself stepping though the east altar back in to your work space.

Sit down into your body. You feel very different, renewed, lighter, more vital, and more focussed. When you are ready, open your eyes and sit for a little while until you are ready to get up. Close the directions down, pour the water away that is in the vessel, put the tools away, and put out the lights (notice you do not keep them going this time). Go and take a ritual bath and eat something to ground yourself.

Summary

In this lesson you made a massive leap from apprentice to initiate. You went from working in destruction with full guidance to working in destruction using your own guidance and the guidance of the inner contacts: you stepped into proper, serious service as a working magician. You will have had to make decisions, discover actions for yourself, and choose your own tools. Afterwards, you had to stand and establish balance on a threshold: that is a major act in such circumstances. By doing that you re-established a

flow of balance into a place of imbalance. It is a bit like tuning a radio that has gone off its station.

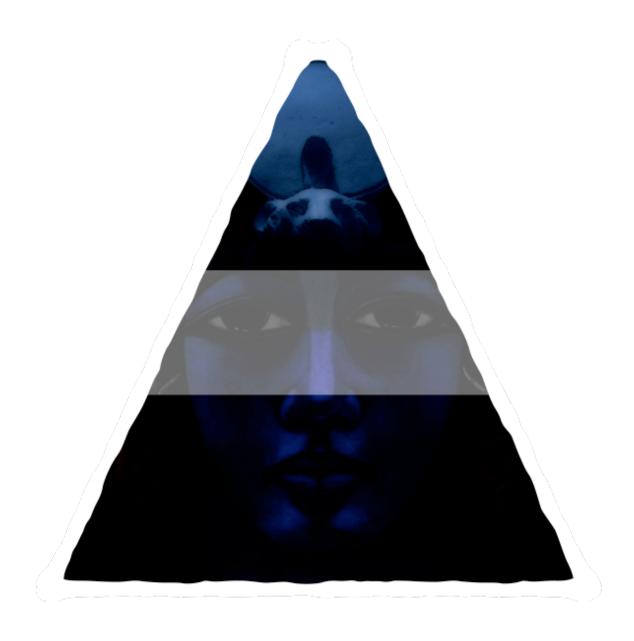
Standing before the angel in the temple room in the library is the first step of your initiation into the next level of your training. You were stripped of anything unnecessary, and of the hard shell that modern life can build up on a person: the angel began the process of restoration upon you. You gave of yourself in service to trigger balance, and in return the angelic beings returned the favour.

This in turn prepares you for the stepping over the threshold from apprentice to initiate, and allows the power flows to form around you. Your final lesson as an apprentice is the lesson of initiation, an action that closes the door on your ordinary life forever and opens the door to your magical lives. You have approached the threshold of that doorway many times in your apprentice work, but now it is finally time to take that step forward into the inner and outer life of a magical initiate. Everything you have done so far has led up to this and has prepared you on many different levels to ensure that it works and is powerful.

The initiatory lesson should be done at a new moon. So regardless of whether it is tomorrow or in a few weeks time, mark that night as the night you do your last apprentice lesson: the 81st step that takes you from apprentice to initiate. Until that time, keep your energy close into you and keep your life as quiet and simple as possible in preparation. Any issues that triggered immediately from your self balancing work, deal with them, do not dodge them. Just take that first step in dealing with anything that is keeping you unbalanced. If nothing comes up, just be still, waiting and ready for the new moon.

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