



QUAREIA—THE ADEPT

Module II—Magical Construction

Lesson 2: Inner Temple Creation I

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WELCOME

Welcome to this lesson of the Quareia curriculum.

The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.

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So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Yours,

Josephine McCarthy



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The anchor

The first stage of temple construction is establishing power elements and connections. This anchors the temple and gives it a direct gateway to the Divine impulse. Then we build connections: some with the Inner Library to keep learning happening in the temple's future, and others—later in the module—with the Small Temple where the deities gather in the Desert. This allows for a free flow of deity power through the temple that will change with the eras of human consciousness.

All these aspects and connections ensure the inner temple's stability and long life, while also creating natural patterns around it to keep it safe and healthy. These elements are a temple's power foundation stones: they uphold it and keep it both harmonious and truly functional as an inner temple.

All this work is done in vision, during which you will find yourself working alongside other Quareia magicians and inner contacts from the Library. Introduce yourself to people as you find yourself working with them. Should you come across them in life, you will recognise them not

by name or appearance, but by feel. Your inner senses will spot them, and our inner temple's feel will run through them. Don't forget that people often appear very different in the inner worlds than in everyday life.

Mostly the other human construction workers will come from other times, but as the number of modern Quareia adepts grows, the likelihood of you bumping into one of them in the mundane world—often in the strangest of circumstances—will increase. You may also come across weird time reversals, where you meet someone out in the world whom you recognise at an inner level, but you do not meet them in the inner worlds until much later. Time is a strange thing when the inner worlds are involved, and this has happened to me quite a few times.

Do not bring any inner temple construction work down into your working space: it must remain in the inner worlds and be built in the inner worlds. Linking any construction work with your own magical space could cause all sorts of complicated problems, as there will be no permanent outer place for it to manifest through: we have no outer, constructed, permanent temple to link the inner temple up to.

Trust me, you do not want the power of inner temple construction flowing through your personal magical space. It would cease to be your own space and would dominate any magic you do. And as doing such a thing is deeply unbalanced and essentially a power grab, it would be viewed by the inner contacts as an attempt to hijack the space. This would trigger an all-out attack on you.

Because of this, I will explain how you should operate in your magical space while you do this work. Once it is complete (from your perspective), you will be able to work within the inner temple and bridge its resonance into your magical space. Over the course of your adept training you will learn the boundaries and bridges of such work so that you can operate safely and powerfully.

At each step of the construction I will explain, when necessary, why we are doing what we are doing, so that you fully understand it. We will do each step as an individual act: doing lots of things at once in vision would be exhausting and counterproductive.

To prepare for the first step take a ritual bath. Then do a stillness meditation (or use the meditation recording from the last lesson) to centre yourself, still yourself, and be silent.

Conception

Note: Once you decide to start this work, you may start to feel tired. If that happens then do not put off doing it: your energy tide is going out for the work. Your energy should rush back in when you finish the construction.

The very first step of construction work is done out in the stars. This draws on the powers and tides that flow from the planets and stars, which brings the work in line with the natural flow of inner conception. This brings the elements of time and fate into the construction, along with the planetary spirits. It also ensures that the inner temple will last as long as its fate dictates, and creates a full fate pattern for it.

Work in your magical space, and only with a candle on the central altar. Have your scales on the west altar, your staff aside the south altar, and your stone shield in front of the north altar. These will all work as companions rather than tools.

Once you are settled and still, and have done a meditation—with no candles—light the central candle. Be aware of it as the centre of all things, and be aware of the flame within you which resonates with the central flame. Go in vision to the Inner Library, and tell the librarian what you are about to do: trigger the conception of an inner temple out in the stars. The librarian will point at a passageway for you to walk down.

Go down it and keep walking. Eventually the bookshelves will end, and you will find yourself walking down a stone passageway that seems to have been hewn out of a mountain. As you walk the silence around you becomes very deep. There is no sound, and there is nothing there—just you walking in the darkness. The darkness becomes deeper and you have to trust the floor beneath you, as you can no longer see it.

A voice nearby tells you to walk in a straight line and not step sideways for any reason. As you walk you become aware that the stone walls around you have vanished, and bit by bit you start to see stars all around you. You seem to be walking on a narrow stone platform that runs out into the stars. There is nothing around you but stars, and there is nothing beneath the stone platform but more stars.

There is no sound and no wind; you are the only thing moving. Keep walking until you feel the ground beneath you change: it will widen out into a square platform out in the stars.

Now you can see a bit more. The platform is stone, a perfect square, and seems suspended out in the stars with nothing supporting it. Go and sit at its centre. Sit and listen to the stars around you: hear the harmonies coming from them, and listen to the sound that wells up from your depths. Open your mouth and let the sound out.

As the sound from you flows and joins the sounds of the stars, the sounds become a form of music. As you listen, you notice that the music is changing the quality of the air and the space around you: something is starting to form and gather around the platform. Light and dark threads begin to appear and flow around the platform, making shapes and patterns.

As they form, cast your mind to the Stone Temple in the Inner Library, which will act as your template. Remember what it looks like, what it feels like, and the power there. Think about every detail of that room: its walls, its floor, and the stone altar at its centre. Remember what it feels like when you are there, and think about the angelic powers that make up its walls.

As you focus, the light and dark threads flowing in patterns around you knit themselves closer together, like a weave of cloth all around you. You begin to hear a whirring sound, like a wheel turning at speed. The louder the noise gets, the denser the fabric around you becomes, until it starts to form walls, floor, and a roof. The sound gets very loud, and causes a vibration all around you which makes the weave—now walls, roof, and a floor—move to the vibration's rhythm.

Look at the walls as they continue to form: you begin to see many eyes, fragments of wings, and black and white treads woven together; and at the bottom of each wall is a strange churning, as though great wheels in the floor were turning and adding substance to the building's shape. While all this forms, and once you have seen it, turn your mind back to the Stone Temple in the Inner Library: that template is beginning to form itself out in the stars and becoming a higher octave of the Stone Temple: the Inner Temple.

See the Inner Temple forming around you, its walls filled with angelic power, and the sound of the stars echoing through it. Sit and wait until the room is fully formed, listen to the whirring sound—Ananke's spindle—and the sounds of the stars and planets vibrating around the

room's walls. See the starlight shining through the walls and lighting up the room.

As the room gets lighter, you notice some other people sitting at its centre, and that you are all waiting for something. The room is getting very bright from the starlight shining through the walls. As you look closely at the walls, you see various layers of power: weaves of black and white threads, eyes of angelic beings, weaves of shapes repeating over and over in a complex pattern, through which which shines the starlight.

The sounds begin to withdraw, the vibration slows to a stop, and Ananke's spindle falls silent. Everything is still and silent. It feels like something very powerful is taking a deep breath.

Get up and go to the east wall, to your left. Someone else gets up and walks alongside you to help you. You stand together, side by side, before the east wall. Hold out your left hand, palm up—the other person does the same. In your left hand appears a chisel. In the person next to you's left hand appears a wooden mallet.

Look at the wall, at the complex patterns running through it. See how they repeat and overlap. As you look at them, a Companion appears beside you with a length of rope in his hand: the rope has red measuring marks and a silver weight, in the shape of an ibis, at its bottom to keep it straight. The Companion holds the measuring rope up so that it drops from the top of the wall to the bottom.

He tells you to look at the patterns on the wall. What number is repeating in the patterns? You look closer and see that the patterns which seem so complex are in fact complex versions of the hexagram: a constantly repeating pattern of six. You tell the Companion you see a pattern of six. The Companion nods, counts down six red marks on the measuring rope, then taps a carved stone, level with the sixth red mark. The Companion tells you, "the golden brick which must be moved."

Look closely. You will see that the stone is actually a gold brick that gives off a glamour of being stone. Run your fingers around the brick's to find its edges, then hold the chisel to one edge. The second person holds up his wooden mallet and hits your chisel: between you both, you manage to loosen the stone/gold brick. The tools vanish from your hands and return to their source: the staff.

You remove the brick. It leaves a hole in the wall that goes out to the stars. As you both peer through the hole, a wind comes through it and fills your lungs and nostrils, and makes you close your eyes.

The wind has a strange sound, and as it touches your skin it feels like a blast of power from a furnace. The Companion moves you both to one side, out of the wind's way, and says: "This is the Divine Breath. Never block its passage into the world." The Companion's touch and the breath's force make you open your eyes and come out of vision.

Just sit quietly for a few moments as you adjust to leaving part of yourself still working in the inner space. You will pick up where you left off as soon as you resume the work.

Note: Do not wait too long between construction sessions, particularly those that break off suddenly. You will still be working at an inner level as you go about your physical life. You can take a break for an hour or so and resume this session, or pick it back up the following day.

The Golden Brick and the Underworld

Note: You may need to nap in the magical space after working. If you do, ensure your candle is safe and secure on a solid surface with nothing around it, so that it can be left going while you sleep. You should not this part of the work explained: if you have done all your training up to this point then you will recognise and understand what you are working with.

Again, work only with the central flame for meditation, and have the room set up as in the first session. Sit quietly, and remember the previous vision and the Inner Temple coming together out in the stars. Close your eyes and remember the room. Remember the golden brick and the gap in the wall, and remember the Companion and the person working with you.

Let that scene build until you are back in the Inner Temple out in the stars. Find yourself standing by the hole in the wall with the golden brick in your hand. See the Companion waiting beside you: he has kept the space open for you. You will also see a couple of other magicians working in the room. Bow to them: they bow back.

The Companion motions for you to follow him. He takes you to the space's northwest corner and tells you to look at it. All you see are the

west and north walls coming together at the corner. The Companion puts a hand over your eyes and tells you to look again. You see the corner is actually an illusion: there, in the line where the two walls meet, is a narrow passageway. The walls' patterns and angelic eyes disguise the passageway so that it appears as a simple corner.

Put your left hand on the west wall at the corner, and your right hand on the north wall at the corner. Let the guardians, *the walls*, read you. Then show them your Mark of Future Knowledge and any other magical mark on you. The walls recognise you and withdraw a bit, widening the passage for you. Look back to see what the other magicians are doing. They may come with you, and if so then they will each have to find the passageway themselves. Or they may stay behind and continue what they are doing.

The passageway is very dark. Hold up your right hand, remembering the lantern within it. It will light the way ahead. Have the golden brick in your left hand.

The passageway immediately turns into a stone staircase running down the temple's outside wall. You have already taken a few steps down when the Companion tells you to hold up your light and look at the wall. It is the north temple wall's exterior side, as it flows down to its foundation. Look down: the wall seems to vanish down in mist. Look up: it flows up and merges with the stars. The only apparently solid part of the wall is the part with the temple room on the other side.

The Companion guides you slowly down more steps until you near the bottom corner, where the north and east walls meet. Remember, you are essentially climbing down the outside of the north wall. Here a thin ledge runs along the bottom of the north wall before vanishing in mist. Get onto the ledge and take a few steps until you come to where the east wall and north wall meet on the bottom outside corner.

The Companion tells you to look at the bottom of the corner that you can see. The wall right on the east/north bottom corner has a brick missing! Slot the golden brick into the hole. Take your time, as this may be difficult: just edge it in until you feel it settle in place. At once the north and east walls begin to glow with a golden light and spring to life: they are breathing, moving, and constantly changing their patterns. The steps running down the wall's side start to turn golden. Climb onto the steps and start climbing down. At first the steps are small, and the Companion is behind you with a hand on your back.

As you climb down the steps widen, and as you step on each one it

lights up with a golden light. You climb down through the mists, down and down, until the wall at your side vanishes and the steps seem to hang in space. The steps get bigger, and it takes effort to climb down.

As you descend, walls appear on either side. They are not constructed walls like the temple; they look like rough cave walls, and you find yourself climbing down very large steps, deep down in the Underworld.

The climbing seems to go on forever, and the steps get so big that you have to climb and drop yourself down onto each one. You can now see, quite clearly before you, huge stone steps going down into the Underworld. Behind you golden steps rise up into the mist. Each step still turns golden as soon as your foot hits it. Eventually you reach the bottom and find yourself in a stone passageway. It feels familiar.

Walk down the passageway until it opens out into a vast cavern with a beautiful white stone in the centre. Now you recognise where you are—the Cave of the Four Winds in the Underworld, with the Stone at the centre of all things. Go to the Stone. Commune with it and tell it that you are constructing an inner temple. Then place your hands on it. Feel it pulsate beneath your touch like a heartbeat.

The Companion comes up behind you, puts his hands on your shoulders, and utters a strange call. The sound echoes around the chamber. From the tunnels that vanish in the four directions—the ones that house the beings at the back of the Four Winds—emerge four women, once from each wind tunnel. They come and stand with you around the stone and start to sing. Their song is in low, deep tones, and you feel the white stone vibrate from it. Deep within you, you recognise the song: it stirs some ancient memory.

The Stone starts to change and become fluid-like. The women plunge their hands into it, and tell you to do the same. Your hands vanish into the Stone—it feels like you are reaching into flesh. You can feel the women's fingers searching: eventually each of them grabs something and puts it in your hands: four threads, like thick umbilical cords.

Draw out the cords and look at them. They are fleshy, two dark and two light, and pulse with the stone's heartbeat.

Put all four in your left hand and step back. As you do, the cords lengthen out of the stone. Holding the cords, bow to the women and thank them, then turn around and go back down the passageway that brought you here, gently pulling the cords with you—they will unravel out of the stone as you walk.

Go back to the golden staircase and start to climb back up. Take your time so that you do not pull too tightly on the cords, and notice how they trail behind you. They react to the gold on the stairs and seem to strengthen and solidify as you climb. Climb up out of the Underworld into the mists, and climb until you reach the temple's exterior wall again. Look for the golden brick, and get back onto the nearby ledge.

Then apply the cords to the brick. One by one, press a cord to the brick: the brick will absorb it. Once all four cords are plugged in and hanging, the Stone at the centre of all things, the Four Winds, and the golden brick will be properly connected together.

Climb back along the ledge to the stairs. As you step back onto the stairs, the ledge will crumble and fall away, disappearing in the mist below. Now there is no way to reach the golden brick and the four cords. Watch as the brick's golden shine dims and the mists swirl around it, obscuring the cords. They get dimmer until they merge with the wall, and you can no longer see the brick or the cords. Climb back up the steps, through the narrow passage, and back into the temple room. As you enter, the passageway closes up, leaving only the corner where the two walls come together.

You notice some magicians standing by the air hole in the wall where you removed the brick. They are waiting for you. Go and stand with them, and turn your back to the hole. Look at the west wall opposite. The Companion comes and stands to your left. Hold up your right hand with its lantern light: your scales appear in your hand, their two bowls balanced evenly. In one bowl you spot your white feather. The other magicians are also holding up their scales, each lit from the lantern power in their right hand.

Still yourself. Be silent and still. Wait. You feel a pressure building behind you. When it feels like it has reached a peak, take a deep breath. A wind suddenly blows through the hole in the east wall, a wind that is also a sound, a deep, powerful sound far lower than normal human hearing. With it comes a very high sound, above normal hearing, but you can hear both. The two tones combine and blow with the wind. Feel their power build up behind your neck.

The Companion suddenly slaps your cheek, making you exhale suddenly. Your breath blows to the west wall, and the wind behind you flows through you along with the two tones. All you can see or feel is the wind, your breath, and the two tones vibrating through you to the west wall. You also realise that the other magicians are doing the same.

Look at the west wall. It changes through with the wind, your breath, and the tones: the patterns swirl around, then form with many eyes. You start to see wings. Two vast angelic beings emerge from the wall. They face each other and interlock their wings, arms, and feet, weaving themselves together while still being apart. Then they touch foreheads, creating beautiful tones that add to the two already carried by the wind.

They move around each other and around the patterns in the wall until they settle in a position facing each other. They vanish into the wall. Then part of the west wall itself vanishes, and two heavy, large bronze doors appear: the temple threshold's angelic guardians. Look at the doors. They pulse with life, and you can see eyes faintly appear and vanish as they look about. And Quareia's quarry mark emerges across the two doors.

The Companion puts a hand on your shoulder to support you. You realise you feel tired. Look at the other magicians: they too are tired. You bow to each other, and one by one they vanish. You must vanish, too, and have some rest, while leaving part of yourself in this place.

Simply open your eyes and sit in silence for a little while to adjust. When you are ready, blow out the candle and go have a sleep, or leave the candle burning, lie down, and nap under the candle's protection. Just be safe if you leave it burning as you rest. Either have a tea light on a safe surface, or a candle positioned in a bowl of water.

The Inner Library

The next step is connecting the temple to the Inner Library. All Library-connected temples hold a pattern of learning and evolution. This lets magicians visiting them and working in them learn from the inner contacts, and it lets them deposit their learning in the temple when they die. This keeps the temple healthy, and future magicians will find it easier to find the temple once they get to a certain stage of development.

Start as with the last vision, and with the same preparations, and get back to the Inner Temple. As you emerge there, you will see other magicians working there, and also the Companion. Spend some time circling the room starting in the east and working clockwise around the directions to establish the circling aspect of the temple's pattern. In future, whenever you come in this place for construction work, or later for your own magical work that needs connection with this place, always

circle the directions a few times before doing anything else. This circling has deep, old roots in upkeeping a sacred place, and in many places happened daily—for example at the ancient shrine now called Mecca. The Muslim pilgrims still circle, not knowing that they have adopted a ritual behaviour from its ancient Pagan past.

Once you have finished circling, turn and look at the southwest corner. Just as in the last vision, when you examine it closely you will notice a hidden passage: it will come more into being as you find it and access it. The more magicians walk down that passageway, the more it will open until eventually an angelic guardian door will appear there.

Approach the corner as you did in the previous vision, and find your way down the passage, which will appear as a roughly-hewn rock passageway. As you walk, watch the floor. At first it will also appear to be of rough rock, but the further you walk the smoother it becomes, until it opens out into a passageway with a black and white tiled floor. Book shelves appear on both its sides filled with books, scrolls, boxes, and stone tablets. As you look at the shelves you become aware of other magicians walking with you silently. Some will be aware of you; others will not.

The passageway starts to become familiar: you use it to access the Inner Library from your magical work space. Go to the main part of the Library where all the directions meet, and see the inner librarian, who will be waiting for you. You and the other magicians stand before her, and all the contacts in the Library gather around you and the magicians. The librarian reaches down into a large wooden rectangular box and pulls out a very large and dusty book, bound in thick leather and covered with gilded letters and shapes.

She hands it to the inner contact next to her, who lays his hand on the book for a moment before passing it on to the next inner contact who blows over its surface. The book is passed from contact to contact who either touch the book, blow across it, or speak instructions to it. The last one gives it back to the librarian, who calls your name in a very formal way. Step up to her and bow. She will ask you three questions. Answer them truthfully. When she is happy with your answers, she will hold out the book to you.

Reach out and take it. It is a lot heavier than it appears, and you have problems holding it. Some of the other magicians come to help: two will help you carry it. The book seems to grow as you hold it. The other magicians place hands on you to give you strength, and the Companion, who cannot touch the book, tells you to take it back to the temple space.

With great effort you and the other magicians carefully carry the still-growing book back to the temple space, back down the passageway. As you pass the books on the bookshelves, they glow with a golden light: the large temple book brings them to life.

After much struggling, you and the magicians get the large book into the temple space, and circle the directions once with it. As you circle, with much difficulty, you notice more magicians there who did not accompany you to the Library. They have been working with hammer and chisel to fashion five stone altars: one in each direction, and one in the centre.

Place the book on the east altar. As it touches the stone, the stone seems to cup itself around the book, fully supporting it at a slight tilt so that it can easily be opened—the altar provides a bookrest for it.

Circle the directions a few times, then leave by the passage to the Inner Library. In future when you come back here to continue the construction work, always come via the Inner Library to strengthen that path, and always circle a few times around the central altar before you get to work.

For now withdraw, go back to your work space, and sit quietly in meditation for a few minutes before you blow out the light.

About the Book

The document placed in inner temples takes the form of a book; but in very ancient times, and particularly in Egypt, it appeared as wall-writings and images. But it served the same purpose. This book cannot be studied; nor should it be physically manifested—the mistake the Abrahamic religions made.

The book is the sum total of the knowledge of the inner contacts connected to your magical stream. It also holds the deeper Mysteries that transcend religions, ones that reach deep into creation and destruction. These Mysteries cannot be read about, they have to be experienced, and the book is a bridge to them. The book is also a being, a collective consciousness of the Inner Library, and its presence resonates in the temple space, letting deep knowledge be absorbed by being in its presence. It is a form of the inner librarian, a condensed form of the Inner Library, and a container for the utterance that flows from the Divine impulse: a sacred vessel. You do not read it; you connect to it by touch, meditating in its presence, and briefly merging with it.

Its presence in the temple changes the space's frequency. It is a wellspring that can be drawn on, a well often bridged to humans via deities specifically concerned with knowledge. This knowledge is not just magical; it also includes sacred architecture, medicine, nature, and the whole array of subjects that connects with a magician. A mature adept, on death, leaves part of themselves as a page within the book, and the words on that page are the mystical utterances of the winds.

When an adept needs to learn, one of the things they do is to go to the inner temple and sit before the book in meditation: just being in its presence with intention, while holding stillness and silence, will unfold its Mysteries deep within you. They will emerge when needed over time, flowing into your mind and your memory.

The last piece of initial construction to be done before moving on to the more complex bits is some work with the stone altars.

The altars

The shell of the altars is put into a temple by humans magically working that pattern over a period of time, but they need to be brought fully to life. This is done by working the central altar, which will then trigger to life the other four, as they are all aspects of the main, central altar.

The directional altars are thresholds, but the one in the centre is the 'real altar' which acts as a fulcrum to everything that flows in and out of the temple: the Divine within substance. Cast your mind back to your past work on two cubes being brought into one in the altar. You observed, in vision, one way that this process can occur; we will now do something vaguely similar.

Set up your room as before, and meditate for a few minutes to still yourself. Then go in vision to the temple room via the Inner Library. Circle the directions a few times: other magicians will appear and circle as you walk. The Companion also appears. When you stop circling, go to the west end, with the great doors behind you and the central altar before you, stand facing east.

The Companion stands behind you and puts his hands on your shoulders. The wind blows through the air gap in the east wall, and you feel the breeze on your face. As you bathe in it, you hear the snatches of sounds, words, tones, and whispers that come with the wind: the

utterance. You must reply, and your focus in your reply is the intent to construct the central altar. Connect with the sound that comes from deep within you, let that tone out on your breath, and aim the tone so that it meets the air in the room's centre. Divine utterance from the east, and the magician's sound in the west, meet and join together over the central altar.

Keep letting the tone out as you hold the intention of creating the central altar. As you make the sound, the room grows very dark until you can see nothing. The darkness engulfs everything: you could not see your hand before your face if you held it up. As you release each breath, the tone and the wind flowing from the east makes deeper and stronger noises. The Companion presses deeply into your shoulders with each tone that comes from you, until suddenly the Companion lifts his hands off. As he does that, utter:

“Let there be light within the darkness.”

A brilliant white light appears over the central altar where the wind and your sound meet. Stand before the altar, facing east, and place your hands on it. Remember the Light Bearer's power to your left and Restriction to your right. Feel those two powers building behind you, and as they do, notice how the bright light in the room is to your left and the room's darkness to your right. They do not mix: the light does not lighten the darkness, and the darkness does not darken the light.

Take a deep breath and breathe into the altar stone as if you were breathing life into something. As you breathe, feel the Light Bearer's power pass through your left side and in the stone, and feel the power of Restriction pass through the right side of you and in the stone. Take a step back. As you step back you realise lots of magicians around you with been doing the same thing.

Watch the stone altar. For a moment nothing happens, then slowly you start to see changes: the light moves around and starts forming into a cube, and the dark forms another. And yet as you look closely, in each cube you can see eyes, wings, and lots of power swirling around. The two cubes seem to be building up pressure against each other, like two magnets repelling each other. Watch how the power builds until you can feel the tension throughout the whole temple room. Step back up to the altar.

Place your left hand on the light cube and your right on the dark one. Stand in silence, acting as a fulcrum between the two. Look at the air gap

in the east wall, keeping your hands on the cubes. You hear the words: “In the beginning was the Word. The Word was of God, and the Word was God.” Still yourself. Again the Companion puts his hands on your shoulders; this time he also presses his forehead against the back of your head.

The wind blows strongly in your face. You take a deep breath, taking in that air and letting its power flow throughout you. As you breathe out you feel a great deal of power release on that breath—power from beyond you, power that comes up through your feet from the Underworld, power that flows into you from the stars, and power that flows through you from the angel behind you. The angel grabs your hair, pulls your head back, and shouts “Recite!” You breathe out the word “truth,” and as you say that word, you bring your two hands together, pulling the two cubes together and merging them together as one.

The altar changes shape and becomes a large stone cube. Take your hands off the altar as you look at it: it just looks like a stone cube. Put your hands back on: as soon as both of your hands touch it, you see interlocking swirls of darkness and light within the cube. Keeping your hands there, look up at the temple’s walls: you see many patterns, eyes, wings, and spinning wheels of fire in them. Look behind you, over your shoulder, still keeping your hands on the altar: you see the two vast angelic beings that make up the temple’s two main bronze doors. Now take your hands off: it now looks like a stone-walled room with a stone cube for an altar, and four stone cubic altars, one in each direction.

The last bit of initial construction is now done. Turn to the other magicians in the room. You may or may not make out their features, clothing, etc. It doesn’t matter. Just bow to them, then hold out your left hand in greeting. Shake hands with your fellow magicians, left hand to left hand. As you touch each one, you get a sense of them and may recognise some of them. Together you all turn to the air gap in the east wall and bow: you are bowing to acknowledge the Divine Utterance that flows through that gap, and bowing to the temple space to honour it.

Turn to the passageway leading to the Inner Library, and leave the temple space together. Go down the passage to the Inner Library. When you reach the Inner Library, you will see that all the inner contacts of this place, and all the people of the Gathering Place, have come together in the central part of the Library to greet the construction magicians.

The collected company within the Library bow to you all as you enter, then hold out their arms for embrace, to congratulate you and the other magicians for completing the first section of the new inner temple. You

will then be given food to eat and drink to replenish you. Spend some time here communing with the contacts until you feel that you must leave. Then go back to your work space. When you are ready, open your eyes and look at the central flame. Remember what you have seen and done, and when you are ready, blow out the candle.

Documenting your work

Write out everything you can remember from the different visions in this lesson. Draw any signs or beings that you met, and keep your notes in a computer file for future reference, and so that you can discuss them with your mentor if you are being mentored.

Give yourself some time out from magic for a week or two before moving on to the next session. Though these construction visions seem pretty straightforward, they can take a great deal of energy—they're very hard work. You may be tired the day after you finish this lesson. Give yourself time to regenerate, and during that time do not read about magic, do not do magic, and do not discuss magic. Have a total break and be mundane until you feel refreshed and ready to move on to the next stage of this work.

QUAREIA

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