



QUAREIA—THE ADEPT

Module II—Magical Construction

Lesson 3: The Egregore: The Processing
Unit

BY JOSEPHINE MCCARTHY

WELCOME

Welcome to this lesson of the Quareia curriculum.

The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.

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So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Yours,

Josephine McCarthy



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Note: In modern magic, the term egregore is used to mean a collective thoughtform that becomes the group’s energetic identity. We are not using the term in that way, as we are not working with that sort of egregore. We are using the word as it was *meant* to be used. The word derives from the Greek ἐγρηγόρος *egregoros*, which roughly means “watcher” or “guardian.”

The type of egregore we will work with in the temple construction is structured, ancient, and a natural mirror of the creative impulse. Rather than construct an egregore from scratch, or let one form naturally as a thoughtform from our group’s energy and collective consciousness, we will tap into a very ancient pattern that reflects the Divine creative impulse and is rooted deeply in the Mysteries.

We will get straight to work first, then look at the details of what we are doing. You will recognise some of what follows, as you have touched on it before; and if you visit some ancient temples you will probably spot physical manifestations of this ancient temple egregore pattern. Once you have done the work, it will be easier for me to explain it to you.

This lesson’s work is less about construction and more about connecting up various places and powers, and getting very old systems cleaned out

and working again. We will use a visionary pattern with very deep roots in the past—you will recognise the different elements.

Connecting the egregore with the temple

Set up your work room as you have been doing for this module's construction work. Still yourself, then go to the inner temple via the Inner Library. Circle the central altar, around the directions, a few times. As you circle, more magicians will appear and circle with you. The Companion will also appear beside you and put a hand on your shoulder to assist you with the next phase of the work.

Look at the south altar and the walls either side of it. A small door will appear, only a couple of feet high, in the temple room's southeast corner. Look at the door, feeling the Light Bearer and Restriction build behind you. Feel their power flowing through you and spreading beyond you.

When you have a good sense of this, go the small door and kneel before it. Put your hands and forehead on the door and let it read you. The Companion also puts a hand on the door to talk to it, and to tell the guardian of the door who you are and what you are doing.

As you kneel there, you will begin to feel the door feeling into you and looking at who you are and what you are doing. At some point the door will vanish, leaving a small cave tunnel for you to crawl through. Go into the tunnel and follow it along.

The tunnel will weave and bend like a snake. As you crawl, you will get a strong sense of being watched—and judged. Keep your mind still as you crawl through this place—which may go on for quite a distance.

The further you go, the more you start smelling nature scents: earth, roots, plants, and water. But you will not see anything: the further you go, the darker it becomes, until eventually you can see nothing and must go by instinct and touch. This is a very ancient tunnel, and no human has been here for a very long time, so it has become wild and is starting to close from disuse.

Make sounds with your voice and listen to the echoes: gauge your surroundings like a bat. When you come to a dead end and hear the echoes change as your voice hits a wall before you, reach up to the tunnel's ceiling and feel about for a hole you can climb into.

When you find it, stand up in it and reach up. You will feel tree roots—strong, thick ones. Grab them and climb up. The further you climb, the more light appears, until you break out of the cave. The light is so strong it blinds you.

Stand up and let your eyes adjust. As you look back you will see the overgrown cave entrance covered in plants. It opens at the base of the biggest tree you have ever seen. Her trunk is so wide you have to walk around her to see behind her.

Turn and look at where you are. In front of the tree is a large, natural granite rock that looks like an altar. The tree stands on a small, round island surrounded by water. In the water swim many large golden fish. Around three-quarters of the land beyond the island is forest, which grows in a crescent moon shape around the lake.

Walk around the tree to see what is beyond the island, on the side with no forest. As you stand with your back to the great tree and look out beyond the water, you see a great, dark nothing. The water tumbles, as if off a cliff, into the nothing. Look up: you will see many bright stars, constellations, and beautiful colours in the sky above.

Dive into the water and swim under the surface. As you swim you will feel the water's consciousness feeling into you, searching you and getting to know you. The spirits of this sacred lake check you out. When they are satisfied with what they find, you will feel them swim alongside you, even though you cannot see them. These water spirits upkeep the water and the fish guardians. In turn, the fish guardians uphold everything within the water. The water holds all the knowledge ever connected to by humans in search of the deepest Mysteries. Do you recognise this yet?

As you swim down you come across the feet and legs of many beings standing in a line like a horizon before you. A fish swims up to you and motions for you to follow the legs up, to see who is standing in the water. You emerge right at the threshold between the water and the nothing: where the water falls out into the stars and the Void beyond. Standing on that threshold is a row of angels, human in form but much bigger than a normal human: they have long hair that flows out in the stars and vanishes in the Void. This is the deepest aspect of the angels of the Utterance that you can observe safely. These are the angels of the egregore: the Gregorios.

One of the large beings sees you and lowers a hand for you to climb onto. He lifts you up in his hand and holds you there.

These beings are all singing: strange tones and sounds flow from them. They draw the stars' sounds and tones with their hair, and mediate them through their voices to the landscape beyond: the water, the great tree, and the forest. As you watch, the sounds turn into fishes, trees, water, birds, and colours. The sounds have visible shapes, and the shapes merge with the sounds flowing down from the stars. The sounds of the stars and the sounds from the angels mingle together to make a harmony, constantly creating this beautiful space.

The angel holding you breaks from the line and walks through the water to put you back on the island, by the great tree. The angel sings to the tree and motions for you to sing to it too. The more you sing, the more she blossoms and shines. Place your hands on the great tree: by now you should know who she is.

Tell the tree who you are and what you are doing. Commune with her and let your heart speak to her. Once you have finished, the angel turns to the tree and listens. He then turns back to you and tells you what the tree has said. He also tells you that She is the most sacred thing on Earth, and that she dwells in the Garden as well as on the land; she bridges both places. She is the gateway that mediates the sacred water, which in turn holds the sounds of the stars.

The flow from her to the inner temples has died back and is starting to close: our job is to retrigger that flow and ensure that the water flows to the inner temple, bringing with it the wisdom of the stars and the power of the utterance within the water in the temple.

Other magicians are appearing around you. The Companion tells you all to look in your left hands. In your left hand appears a small golden hand shovel. As you look at the other magicians, you see that they too are now all holding small golden shovels. The Companion tells you to dig a channel from the lake to the great tree's roots. Together, you and the other magicians begin to dig a channel out of the rich soil. Once it is completed, the water from the lake starts to trickle down the channel and into the hole at the roots of the tree you climbed out of.

The Companion tells you all to dig a second channel, running from the tree roots to the lake. Starting at the tree roots on the opposite side to the channel you have just dug, you begin to dig a channel from the tree to the lake. When you get to the lake, you find one of the lake spirits waiting for you. They act as a gateway, stopping the lake water running into the channel. They will stay there and ensure that water runs from the tree to the lake, but not from the lake to the tree in this particular channel.

The Companion gathers the assembled company of magicians by the cavern that falls from the tree roots, the channel that the lake water is now flowing into. One by one you dive into the water and are pulled along by its current. You find yourself being carried along down the dark passage, and as you flow with the water you can feel it widening the tunnel, waking up the passageway, and putting it back in use.

Flow with the water until you get to the small door that leads to the temple. The door guardian is stopping the water flowing into the temple until it has been prepared to receive it.

You are allowed to pass through the door into the temple, and you feel the water pressure backing up against the small door. You and the other magicians step into the temple space and together dig a small channel in the temple's floor that runs alongside the walls and ends back at the small door.

Once the channel is dug, look at it. It starts turning to stone, so that it can carry the water around the temple where the floor meets the walls. Now you have to fashion an 'in' door and an 'out' door for the water to flow through. Sit on the floor by the small door. At put your left hand at the door's bottom left. Feel the Light Bearer build up in your left arm and flow into the door. As the power flows through your arm into the door, say to the door:

"Water, may your path into the temple be forged. Bring your wisdom into this space, and may your presence bring renewal to the temple."

Take your left hand off the door and put your right hand on the door's bottom right. Feel the powers of the Scales and Restriction build in your right arm. Release the powers into the door and, as it flows, say:

"Water, may your path home be forged. May you take whatever is necessary from this space and deposit it back in the sacred lake."

Take your hand off the door and stand up. A small entrance for the water appears in the door: watch as the water starts to flow into the space and through the channel which carries it around the temple. Watch as a small exit appears in the door. The water flows out of the temple, through the exit.

Go through the small door once more and let the water's outflow carry you through the tunnel until you emerge from the bottom of the tree and float into the lake. Take some time to stand and watch as the water flows from the lake to the tree, vanishes down the hole, reemerges on the tree's other side, and flows into the lake.

Watch the angelic beings with the long hair as they make sounds that resonate in the water. All the knowledge, power, and wisdom in the sounds flows into the water, and thus into the temple space. The water collects anything in the temple space that needs to go back in the lake. This two-way flow ensures the temple's constant regeneration.

You may find that sometimes some fish also end up in the temple, flow around the space, then leave again, returning back to the lake. These are guardians of the egregore, and they will help preserve the temple's health. Should the egregore ever need maintenance work, the fish will tell you and show you what needs doing.

The tree is also an important factor in the egregore: she is both a sponsor deity for the temple and a guardian. Spend some time communing with her, and every time you come here, for any reason, spend a bit of time with her.

Now it is time to go back to the temple space. Leave with the other magicians by jumping down into the water flowing towards the temple. Let it carry you down the passage, which is still constantly enlarging itself. The door will simply let you pass through it with the other magicians.

Before you leave the temple space, you notice a group of magicians building the guardian doors that give access to the Inner Library from the temple space. Work with them—and work instinctively. Once the doors are finished, spend some time standing with your hands on them so that their guardians can get a good sense of you. You will feel when they have finished reading you: they will seem to vanish, letting you pass back to the Inner Library. When you return to the temple space in future from the Inner Library, you may or may not see the doors: once they get fully used to you, they will not present themselves; they will just let you pass by. Anyone unconnected to this temple or who is not in harmony with the power of the temple will not get through from the Library: this is the final barrier—and an aggressive one.

Go back to your work space via the Inner Library, and spend a little time in the Library before you finish the vision.

About the egregore

A formed egregore serves a few different purposes, including energy storage, the flow of skills and knowledge, stabilisation and rebalancing, cleaning and regeneration, and maintaining a deep, Divine connection. Using a formed egregore as opposed to letting one form naturally, which tends to happen more with modern magical groups, ensures there is little if any chance of the egregore being infected with parasites, or abused by any other magical group.

In this lesson's work we tapped into a very ancient and very natural structure; a template for a powerful egregore that, switched on, takes on a life of its own. It self-cleans, constantly mediates utterance at the Void's edge, and its storage capacity is great indeed. All this lets it exist for thousands of years, in our terms.

The water stores energy and utterance, and carries that energy and utterance into the temple. It gathers new knowledge developed by the temple and takes it back out to the egregore to be 'filed.' The water acts as a short-term storage facility: the utterance of creation flows across the angelic threshold, is held in the water, and dispensed to the temple. When it returns, the trees surrounding the lake eventually take it up, and they hold that utterance in long-term storage. If you wish to access something ancient from the egregore, you go and commune with the trees—or *eat of their fruit*. Have you spotted the dynamic that appears in Genesis?

The utterance flowing from the stars and the Void is the constant sounds of Divine creation. Mediated by angelic beings with their feet in the water, the sounds are converted to powers of creation and *the knowledge of that power*. As that knowledge flows through the temple it acts as a catalyst, as inspiration, and it triggers a resonance with the temple's book. The book acts as a translator for the knowledge, which knowledge can then be picked up by the magicians working there.

Essentially what flows through the angelic beings are magic's root formulas, root dynamics, and deep dynamics: the Divine utterance, filtered and channelled through the temple, is converted to power and knowledge for magicians to tap into. It is a much higher octave of the Inner Library, which works closely with the angelic beings of creation instead of inner contacts. Whereas the Inner Library is an angelic and deity structure, the egregore is a Divine structure operated and upheld

by angelic beings.

With that flow of creation comes energy. As it crosses the angelic threshold, the egregore template's nature turns that energy into a type that magicians can draw on when necessary. The magician, or group of magicians, do not come to the egregore for energy; rather it flows into the temple with the water. That flow is governed by the great tree: she controls the flow and stops this place's energy being abused or overused.

We humans do have a habit of enjoying more and more energy when we have the chance or get access to it. In magic this can be a very strong temptation that can often go badly wrong. The tree's power filters and governs the flow, so that *whatever is necessary* flows into the temple, and no more.

Energy generated by work in the temple, the leftovers from magical work done there, is taken back out and put in storage in the lake for future use, and to upkeep the egregore. It also takes up the knowledge developed and expressed in the temple by the magicians and deposits it in the lake. The tree roots eventually take up that knowledge so that future generations of magicians can access the learning process and knowledge of that work.

The great tree herself is a wonderful Mystery of her own. She is a deity, and she is also a temple, in a natural sort of way. She mediates between the deepest parts of the inner worlds and the temple, and because she has a tree's form rather than a human's, her power is removed from humanity's emotive aspects. She is the very ancient mediator between the sky and the earth, and she holds knowledge and wisdom deep in her roots. I suspect this is the mystery behind the House of the Forest of Lebanon in Solomon's Temple.

Should you wish to explore her power in more detail, or if you are drawn to connect deeply with her, then you can go to her in vision in the egregore and climb up inside her, via her roots, to connect with her at a very deep level. The presentation of this power as a tree can also appear in a magician's inner landscape, and even within the inner cavern of the endocrine glands in the brain. Connecting with her power that is mirrored within you can take you to a much deeper understanding of it, and lead you to deeper communion with her.

She is not concerned with individual lives or a magician's individual concerns; she is more concerned with the long-term survival of races, of lines of people, the forests, and creatures, and with the long-term survival of something like the inner temple. This motif of a tree being

at the centre of some of the Deep Mysteries occurs frequently in ancient cultures, and the goddess as a tree is a very ancient expression that repeats around the world. You can learn a great deal about the long-term patterns of magic, humanity, and nature by communing with her and letting her resonance flow deeply into you.

This is not the sort of learning that settles in your brain and pops up, which is a more surface form of magical learning. This is a knowledge that plants itself deep within you and unfolds over lives—she speaks to your soul.

So you begin to see that we are working with something pretty far removed from the common modern magical concept of an egregore—essentially a group thoughtform built from the magical group’s psychology to steer their ideals and aspirations. Such an idea is pretty modern in magical terms, and only really appears in the last hundred years or so.

Essentially you are working with an inner pattern based on nature and the Divine creative impulse, a pattern that will act as our temple’s intestines: it processes energy, creates nutrients, develops neurotransmitters for the nervous system’s health and functions, cleans up waste products, and upholds temple’s memory and mental health.

It isn’t a new concept or one I have invented—I cannot take credit for that. As I said earlier, you will find hints, externalisations, and references to this aspect when you look at ancient temples around the world. You will also come across them if you explore very ancient inner temples—which is how I found them. They nearly always present in the same way: a lake, fishes, a threshold with the stars, a forest of trees, and a flow of water from a central Divine tree. This motif can be seen in various wall paintings and architectural constructions, and is also hidden within myths and writings including the Bible.

By working with it, you will come to understand it; and then you will start to spot this aspect of temples in your explorations. And you will also come to realise that any temple construction always has some vital aspect rooted in, and reflective of, nature. We do not need to start from scratch; we can simply copy and paste from nature. The pattern is already there; we just bring it to life.

Before moving on to the next part of construction, which involves the deity bridges and connections, do some more work with the egregore if you are drawn to do so. You may be prompted or inspired to go and work in the landscape by tidying up, digging deeper channels for the water, swimming with the fish, standing with the angelic beings on the

thresholds, or sitting with the trees and soaking up their presence.

It can be a very inspiring and beautiful place to go and work in service—or even just to be there and let its presence resonate deeply in you. It is a balanced place and will resonate that balance in you; and of course it is an octave of the Garden.

When you are ready to move on to the next lesson, do so.

QUAREIA

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