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QUAREIA—THE ADEPT  
Module V—Advanced Magic  
Lesson 5: Working the Gates

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# WELCOME

*Welcome to this lesson of the Quareia curriculum.*

*The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.*

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*So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.*

*Yours,*

*Josephine McCarthy*



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# QUAREIA—THE ADEPT

## Module V—Advanced Magic

### Lesson 5: Working the Gates

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Throughout most of this course, you have worked on a ritual pattern where you face south, and the east–west axis is the formation and deconstruction flow of power. This pattern is one of construction: it first builds the magical pattern within the person, then in the work space, and finally it builds the Inner Temple.

This foundation pattern is the anchor and launching board from which all the magic can flow. It creates a solid floor on top of which the magician can layer other patterns, knowing that the floor will hold the power and patterns of subsequent magical acts.

One of the issues with more modern magical training—the last hundred years or so—is that magicians never get past the stage of building the floor. So they become fixed within the foundation pattern and never launch beyond it: they become *fundamentalist* and fixed in their thinking. Or they never have a foundation pattern and instead work unanchored and inherently unbalanced patterns. This unbalances the magician as well as the magic.

Not all training uses the south-orientated foundation; some use an easterly one, which is probably the most common. Nevertheless, in very many cases, the adept never learns beyond the foundation. This creates perpetual ‘elementary students,’ which limits and stifles the development of magic in general.

Now you have come to a phase where the foundation is strong, the Inner Temple is structured and in place, and the time has come to develop work using other patterns that sit on top of the foundation pattern. This work should not be occasional; such shifts need to be worked with repeatedly for a strong new pattern to form that can be switched on efficiently and worked with.

In this lesson we will look at some different patterns that an adept can work within. One will resonate more with you than the others, and that is the one to focus on practically; but you need to learn all them so that the knowledge embeds in you in case you ever need it. You will also learn the various issues with each pattern, and why they exist.

We will start with the east–west axis as you have worked with it a little in the past, and it is the most common one used in magic.

Remember, this work is something different from switching orientation or direction for a single working while staying within the foundation pattern. These patterns, though superficially similar, are very different and need repeated work to form.

For each pattern we will look at its power flows, its base power expression, how it is worked in magic, and where it appears. We will also look at the positive and negative results of working these various patterns, and why an adept would work them repeatedly.

Though you could well deploy one of these as a one-off working—as you have indeed already done—properly locking one of them in through repetition makes for a very different animal.

Remember, each of these patterns are inherently unbalanced in one way or another. When you work with all seven directions, the pattern balances itself out through the fulcrum. East to west, north to south, above, and below all pass through the fulcrum and have equal, opposing powers that balance each other out. It is very hard to make a major mistake with it, which is why the ‘seven’ and ‘four’ crop up so much in historical magic.

As soon as you step away from that pattern you get inherent imbalances in one form or another. Yet if an inherently imbalanced pattern sits on top of the balanced foundation it can be useful *because of* its inherent imbalance—if deployed properly.

If such a pattern is deployed in ignorance then it can magnify imbalance within the magician. This is the cause of many of the other-people’s-messes that adepts have to clean up. But sometimes one imbalance

can be used to counter another, and as we are inherently imbalanced beings, some of our expressions of power can *only* be deployed through imbalance: *like treats like*.

You start to see how difficult this can become, which is why it is adept magic.

We will look at both sides—useful and unnecessarily destructive—of each pattern, so that you fully understand them.

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### *East–west axis*

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This is sort of a balanced pattern, but it has no anchor, no defined flow of time, and no undivided deity power gate. It also has no direct Divine input or anchor, and as it ignores the fulcrum it can become a bit like trying to grab water. However it is a common pattern used in magic and therefore deserves a close look.

Used as a layer atop a foundational seven-pattern, this focuses a specific line of action and power and dispenses it in a very particular way. Used without a foundation pattern, though, it can quickly become a narrow, corrupted pattern that unleashes power: think *hurricane*.

So let's look at this in detail.

When it sits on a balanced foundational seven-pattern it focuses the power of the east purely through utterance and the Limiter, and dispenses it to the world in the west. Being pure output and receiving, it forms the basis of the deeper practice of Tantra.

A passive, already-established presence of the foundation pattern, with its other powers and dynamics in its directions, will temper the mediation of power from the east/magician to the receiving vessel (the human or humans). But if the east–west pattern atop the foundation becomes overused and too strong, it can eventually drown out the other directional powers and instead becomes a flow of narrow, focused power that forces itself on the vessel—a sort of magical rape.

The longer, more powerfully, and more intensely the outputting power is built in the east, the more twisted it can become as it passes through the magician. To understand why, you have to look at how power affects a magician's mental and spiritual health. Unfiltered and unbalanced east power turns the Limiter dynamic into the *oppressor*,

while also filling the magician with an overwhelming sense of power and righteousness: they become the *sword that slays*, and the words that utter the death sentence.

The Catholic church, which has excised much of its foundation's 'below' aspect as well as its sense of north as the past, natural storage, and death, has become an east-west axis fuelled by the south, and not anchored or tempered by the past, the Underworld, or the female power. One result of this was the Inquisition: a limiter power that was over-focused and out of control.

In purely magical and non-religious terms, the east manifests strongly through the mind and intellect and the west through sexuality and reproduction. When these come together in an unbalanced way, with a strong magical power that is unbalanced and ungrounded, things can get pretty nasty and messy.

Some magical groups use this pattern without realising its origins, which are Abrahamic; and though its magic works, it also introduces power dynamics that trigger 'alpha' and 'beta,' leader and flock, active and passive, and so forth.

We can see this problematic dynamic playing out daily in magical and pagan groups. Such groups sometimes attempt to remedy their symptoms with psychology or hierarchy, whereas in fact their problems stem simply from this pattern being overused or not set on a stable foundation.

But when this pattern does sit on a strong, well-tuned foundation, it can be powerful and effective, particularly when the target of the magic is a large group of people or a population. It can also be used to work directly on an ocean.

The focused power of the east can be used to raise and dispense the *whirlwind*, the pure angelic force of air that fuels the utterance in a way that dispenses outwards in the physical world to 'those who can hear.'

It can be worked with in the Inner Temple ritual by facing west in front of the air gap, with the west doors open. You have already started to do this, but such use has to be within the nature of Divine rebalance, otherwise the 'fuse box' of the Inner Temple will trigger and you will get locked out.

In a magical ritual space setting, or outside in nature, working from the east and dispensing to the west with no other directional connections will focus the power like a bullet until it crosses the western threshold.

There it pans out across the intended recipients/water environment.

This pattern basically works with east and air. Can you not work with the dawn of the sun in the east with this pattern? You can, but it is not very effective. Some magical groups do focus on the dawn, seeing it poetically as the power that dawns a new cycle or age. However, as the sun's cycle is twenty-four hours, if the pattern is pure east-west then there is no space in it for a longer flow of time, so it falls back on the day cycle. Such use is poetic and psychological rather than magical, and often a misinterpretation of solar working, which does indeed work powerfully in the seven-pattern, but weakly in the two-pattern.

When thinking of using the east-west pattern, particularly with utterance, you should now realise how badly it can go wrong. What you utter, and why, is important; and you must get it just right. Choose your words carefully, if you are working with words. What passes your lips can create or destroy in adept magic.

This east-west axis can also be used to cast the power of a sword into the world. You have worked with this in vision. It can also be used to utter a sword in action and awakening in the world: first it is cast into the world, then called on to defend something. If the power within the actual sword is conducive with the powers that flow from the east, then it can be triggered to powerful effect. If not, it will be only partially triggered and will act weakly; or it may be triggered, unknowingly, into unbalanced action.

Always remember, "if you break it you own it!" Your energy can be sucked on so the natural balancing dynamic can do its thing.

A longer-term use of the east-west axis is to mediate and externalise knowledge in the form of writing, words, teaching, and oration. Again, when working in such a tight alignment, you can quickly become fundamentalist. Your mind can become so focused that your thinking patterns start to become narrow and limited, which is the expression of the power of limitation that goes with the east.

The way to avoid that is to spot it the moment it starts. Any indication whatsoever in your everyday life of obsessive or compulsive behaviour—even the slightest tendency towards it—or people mentioning that you are becoming narrow-minded, is an indication that the power is leaving a residue within you.

This is why it is good, if you are a working adept, to have brother and sister adepts who can work as mirrors for you, and are willing to say

when they see you step out of balance. This does not need to be a working group, as modern technology lets adepts keep in regular touch with each other from opposite ends of the planet. This is one of the reasons for having an extended magical family such as the Quareia Fellows: we can keep an eye on each other and be there in time of need.

You can remedy such imbalance, if you need to continue the work, by taking days off to work the full seven-pattern, the adept power pattern, and so forth. But if you include those dynamics in the east–west axis every day while working that axis power for a reason, you will lose that focused stream of specific power: it becomes a juggling act.

For obvious reasons I cannot outline the step-by-step actions of such work, but by now you should be able to figure them out. Just remember to have nothing else but these two directions in your work and mind: blank out all other powers and directions. If you are moving into a length of time of writing or teaching, or service work that requires the release of a powerful Limiter, or a message needs spreading far and wide, then this axis dynamic is one that can be powerfully deployed long-term through repeated ritual and utterance.

If you are working this pattern and you think you have a good reason to do so, but in fact it is dangerous and counter productive, then the inner contacts around you, and your own trained inner senses, will set all the alarm bells ringing. So remember the apprentice advice—pay attention!

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### *West–north axis*

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Working exclusively with the west–north axis is about composting, restriction, and death. The same rules apply regarding imbalance, and so forth, as with the east–west axis, only you are working with a different power.

The west gathers something and breaks it down, then the north restricts it and finally puts it to sleep. In previous rituals when working with these directions for composting and restriction, you were taught to use the centre as a fulcrum and dispenser. This automatically brought the power of the scales into action to keep the two powers balanced.

When you work with the west and north exclusively, without the fulcrum or any other balancing direction, you get a straight highway to the Abyss. This can be a very useful pattern if you are developing into a



magical exorcist or are working the death and restriction thresholds in a long-term round of work.

Triggering the west by facing the direction and working that way brings to the threshold the powers of the scales, the gates, the storm and weather patterns that form in the oceans, and the pure power of west as the vessel/container. If you work with your back to the west, standing on the western threshold, then you become the bridge for those powers which subsequently flow through you and into whatever you are working on.

The west *threshes*; it destroys the presentation of something and extracts what is precious from within something. The rest is then cast to the north to be permanently locked down. If you think carefully about this process, you will see why the Rosicrucian and alchemical magical root patterns worked a lot with east–west. The west power is the more powerful of those two when triggered in those magical patterns. It is the direction of death in life, and the transformation of base things into gold. However, sensibly, the Rosicrucian pattern worked with all seven directions.

The north is total restriction, the sealing of something in the Abyss, or the sending of something to its ancestors for safekeeping.

Look back to your last lesson, when we looked at the work of Dürer and his magical engraving. If you look at the building and the directions, then you will see east, south, and west all magically depicted; but the north was totally unseen. However, Dürer’s solid is a pretty good depiction, with its distorted cube and shadow of a skull, of the power of the Abyss: everything finished gets crushed out of shape, and bones are trapped in stone—remember the Underworld Library? If you need an image for the pure power of the north, then Dürer’s solid is a good one.

So working the west/north as a straight pathway with nothing else gathers something, threshes it, then encases it: this is a powerful tool indeed, and one with to be handled wisely. As always with adept magic, if you overstep a boundary in the rules of balance then the inner powers and contacts will back off. But as an adept you can still keep the power flowing, and if you do so without heeding the warning of the inner contacts and your inner senses then that threshing and constriction power will start to manifest itself through your body and mind.

This can appear as feeling bound up: your body slows down, your gut blocks up, you cannot think, and every magical act becomes a major struggle. If you are working this axis over a period of time for some

reason, and you get unusually constipated and brain-dead, then you have overstepped and need to back off.

In terms of service work, this pattern can be used when something is very out of balance and has overgrown to the point of destroying everything around it, and the scales don't seem to be engaging to deal with it. A terribly corrupt, vicious government who through its actions is destroying everything around it would be a good example of a job-in-waiting. But be very careful to ensure that your perceptions of what is happening are accurate: many an adept has become unstuck through enacting powerful magic against a government they perceived as overdue for a threshing simply because they did not like their policies.

This is why the usual approach to such work is balancing and focusing the scales. You have already done this in various ways to help rebalance official corruption. But if a dangerously out-of-balance group of leaders arises who start culling their populations or tearing the land apart to the point of absolute destruction, then after much looking, checking, and consideration, the west-north axis would be a mechanism that an adept might deploy.

First, when such work triggers the threshing process by action of the west, the imbalanced group starts getting caught out in their corruptions and lies. Then things are stripped away from them, which further exposes them and disempowers them, and then they are finally 'locked up.'

The same pattern can be used for much smaller jobs, and can work simply to 'weed the garden.' Straightaway you can see the ethical and energetic implications of such a power pattern, but your training and inner contact should serve as a guide and a limiter.

If you overstep a boundary or dive into such work out of mental imbalance, ignorance, stupidity, or hostility, then you will be the first thing to be threshed and locked down. This is why you spent so much time as an apprentice and an initiate working with the scales, learning to prune and thresh within your own life, and working with and passing through the gates of the Underworld and stars etc. Those processes strip you and reform you, and if you approached them diligently then there will be little, if anything, within you that needs threshing.

That makes you a clear doorway for this power to flow through, as it has little, if any, work to do on you. And this is one of the secrets of magical training: you are cleaned, cleared, and polished through your training to make you a stable vessel, a clear threshold—essentially you

have got your shit together.

As long as you live in as balanced a way as possible in your lifestyle and how you act, then your clearness will keep its integrity, and this allows you to operate with these potentially dangerous dynamics. This is why so much of the older magical training has repeated and often nagging lectures about how you live, how you act and so forth: the preparation for working these tight line ups of power.

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### *East–south–west axis*

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The east–south–west axis should be very familiar by now. It is one of the triangular patterns deployed so often in magic. It is growth, future, and composting; or growth, future, and ‘the people,’ depending on how you use it. The Catholic church works with this pattern, with the west as the vessel, i.e. the flock of Christ.

As we discussed earlier, this pattern has no anchor, restriction, or death, it being a pattern of rebirth and ascent, the core principle of the Christian system. This, as we saw, can lead to imbalance, and the solar aspect in the south can overfuel the east–west stream if you are not careful.

However, magically, this pattern can be engaged and worked with over a period of time when a great deal of destruction has severely restricted or wiped out an area, its population, and so forth. This pattern triggers the Phoenix out of the ashes of destruction, and places all the power into birth, peak, and the distribution of its creative energy. Used repeatedly in such circumstances, it triggers renewal and regeneration.

Used when there is no real need for such a pattern, it triggers overgrowth, overpopulation, and *too much heat*. In the magician, unnecessary long-term work with such a pattern can trigger diseases of overgrowth such as cancer, or diseases of ‘too much heat’ like inflammation. Sometimes even necessary long-term work with this pattern can still cause overgrowth in the magician if they themselves were fairly balanced, even if their surroundings need regeneration and accelerated growth.

Such a situation can result in the magician sacrificing their life or health for the good of the many. Usually such a sacrifice is uncalled for, as there are other ways of triggering regeneration, but there have been rare times in history when an adept or magical mystic has had to step in to trigger the regeneration, knowing that it will eventually kill them.

However, if the magician has worked with and been immersed for decades in destruction, Underworld, and harvesting, then switching to the accelerated regeneration pattern should not harm them in the same way: as they are already in deficit, triggering fast regeneration will also regenerate their body.

In the wider pattern of fate, sometimes a magical adept is kept in a holding pattern of destruction for a long time, sometimes decades, putting them badly in deficit. No matter what they do to remedy this immersion, it still continues in their magical work, their life, and their bodies. Then suddenly things switch around and they are catapulted into a powerful, fast-moving stream of regenerative patterns. This is where fate has lined them up to work on the devastation in the future, and the need is far greater than the individual. I have seen this more than once in the lives of working adepts.

And this should remind you of past discussions we have had regarding fate patterns and magical interference. Sometimes destruction is there for a very good reason, no matter how prolonged, and the adept is told by the inner contacts to suck it up and stop whining, as fate is doing a job and the magician must not interfere unless asked to.

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### *North–cross-quarters–south*

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This pattern works like a runway, and is one of several triangular ones that Renaissance magicians worked with. Unlike the tight axis of two powers, this pattern has one main power and two ‘arms’ of a subdivided power that act as a runway or gate.

The north is the point of the triangle and a beacon for something to *rise from the depths*: the direction where all the work is done. It calls and draws something from deep slumber, bringing it to the threshold of the south. The opposite line, the base of the triangle, is the threshold of the south, and gives access to the renewal *and future of something* if the threshold is open. Closed, this becomes a barrier, holding something in waiting for future release into the south.

Whereas the Phoenix power brings an overall regeneration, this triangle pattern brings life and future to something specific that has *risen out of the Underworld*. Now you should see why the Renaissance magicians liked it so much. It is one of the keys to Osiris work, and it can also bring back up to the surface knowledge and wisdom that has slept in the depths.

As a pattern it is a bit more stable than a lot of other ones, as the base of the triangle acts as a balance: the one becomes two, the past becomes future, the dead are risen...the two opposing conditions balance each other out.

The problems with this pattern stem not so much from the lack of fulcrum etc., but from what a magician might bring to the surface. Usually the problems happen with unwise magicians who want to bring back something unhealthy and release it in the future, or who are too inexperienced to have the inner capacity to fully trigger the pattern.

A well-trained magician, like a Quareia magician, has inner patterns, contacts, and so forth to act as guides, limiters, etc. and the strong foundations of their work supply the necessary power. Without all this, this pattern devolves down to an external ritual not plugged in, and therefore with little, if any, effect.

The Rosicrucians used this pattern a lot—and again if you look back to Dürer's engraving then you will spot the pattern. They worked to bring ancient knowledge and wisdom back to the surface to release it into the future. Remember the vault of CR and his body resting with the books and tools? That is a hidden description of working with this pattern to bridge hidden and old knowledge to the future in a clean, uncontaminated way. And, as a deeper layer, it is about bringing the old consciousness, in the form of CR/Osiris back to the surface in resurrection.

You can experiment with this pattern without fear of going too far wrong: it is a clear pattern that has not been overly corrupted, and it does not have tight, intense flows of raw power. The pattern is used a lot in long-term magical service where an adept is continuously bridging the best harvest of the old, the gold of the ancients, out of the depths and into the future so that it survives, evolves again, and informs future generations.

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### *Working out some power dynamics*

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Now that you have looked at a few different patterns, I want you to draw on what you know and have learned, and work out what power dynamics, problems, and benefits would come from using the following ritual combinations:

**South–cross-quarters in the north** note that these triangle patterns can work both ways: think about that.

**East–south**

**North–east**

**Centre only**

**South–north**

Think in terms of deity powers, elemental powers, angelic powers, time flows, no anchoring, no ‘above’, how and why they would be applied, issues, and what would be the potential symptoms of unbalance in the magician from unnecessary use or overuse. Write up your findings and theories and keep them in a file, either handwritten or on computer, for submission if you are working with a mentor.

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### *Experimenting with a pattern*

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Experimentation is the only way to learn. Choose a pattern and use it for a length of time, a couple weeks or longer if needed. Build the pattern ritually, then use it regularly instead of your usual ritual power pattern, while doing any tuning work or any regular magical work.

You can either stay with just using it for tuning, focus, and general magic, or you can undertake to use it for a specific reason which you work on repeatedly. In that case, choose a combination that fits as closely as possible with whatever you are trying to achieve. Pay attention, and back off as soon as you begin to feel the imbalance feeding into your pattern.

The reasons for doing such a task are to give you direct experience of how power changes when you change the pattern, and to teach you how these different alignments function, what sort of shifts they cause, and most importantly how to recognise them, particularly when they are becoming unhealthy.

As an adept, most of your true learning will come from direct experience. This means practical work, making mistakes, and learning what things feel like is how you develop. Once you have had a direct experience of an unbalanced pattern starting to affect you, then you will recognise the feeling in any other magical work. It will teach your body and mind what different frequencies of focused power feel like.

Once you have a sense of that feeling—which is pretty much individual to each magician—then you will recognise it when you walk into a bad situation as an exorcist, as a healer, in construction, and so forth, and your first impression of a power situation will give you guidance. But first you need to know what these problems feel like.

For some magicians the warning manifests bodily, for some it affects their mind, and for others it affects their life, home, or surroundings. Usually each person has their own unique warning system—you need to learn yours.

Once you have learned it, look again at these different flows of power by working specific combinations of thresholds and gates. Learn about them, then apply your findings as needed in your magical working life. Your warning system, along with your inner contacts and divination, will be your guides; and you will slowly develop your own way of working in different combinations for different reasons.

If you have a particularly bad reaction to working a set axis after a few sessions then break up the pattern by reengaging the seven-pattern, then the adept power pattern. Anchor yourself properly by working in vision with the Stone in the Cave; then when you meditate, be in the Inner Temple. In between, go into the Inner Temple and circle, and keep part of yourself there for a few days. A week or so of this will let the old pattern break up and die back.

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## *Seals*

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Look again at your conclusions from your work experimenting with power dynamics, and think about how you would work with an axis combination ritually. Then make a seal to lock in the ritual and keep it going. Each combination expresses in very different ways with different powers. What powers would you draw in the making of a particular seal, and why? How would you express those powers in an image that could become the seal?

Think about what planetary powers you would engage with, when working with an axis combination, and how and where you would place them on the seal. Think about what shape you would deploy to contain the seal's power: a circle to enclose it? A triangle? A square? Lines?

Draw out the seal and write up your reasoning as to what you have put on it and why. Scan or photograph it for the mentor or your own records, then destroy the original by burning it.

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### *An optional task*

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In your training you have been exposed to different types of magic and magical expressions. Do an image search to look at seals, paintings, codes, and so forth. See whether you can spot any odd combinations that the magician was working with. If you do spot one of these unbalanced combinations then look at their work. Was it deliberate, because they were trying to achieve something particular, or did they do it unknowingly? If it was the latter then it will show through their subsequent work or life story.

Looking at the root of people's successes and failures is a good way to learn. Do not judge, as we all screw up; and sometimes what can appear on the surface to be a screw up is in fact intentional, and done for some good reason. But rather than looking at the results of the imbalance when you are trying to identify what is causing a problem, see if you can spot the primary source of the imbalance. That usually shows up in their magical seals or working methodology.

Doing this will put you in good stead for future work when you have to identify the reason for a magical mess and clean it up. You can't sort out an issue for someone if you don't know its root cause.

If you choose to do this task, as always take notes, and save images and so forth, as they will be handy future references.



QUAREIA

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