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QUAREIA—THE ADEPT  
Module X—The True Adept  
Lesson 9: Initiatory Lesson

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# WELCOME

*Welcome to this lesson of the Quareia curriculum.*

*The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.*

*For more information and all course modules please visit*

[www.quareia.com](http://www.quareia.com)

*So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.*

*Yours,*

*Josephine McCarthy*



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Figure 1: Nekhbet and Wadjet

An adoration of Ra who rises on the horizon, when he makes his ba, the visible form of his soul, rise like a powerful ghost from the underworld. The shining spectre of Ra that is our physical sun, when he raises himself, rejoicing in the power of his ka. An adoration of Ra, his ba, and his ka, when he has the sun-boat's steersman cast off from the east and head out into deep sky while addressed in these words by the Osiris adept:

Hail Ra!

Hail to your ba!

Hail to your ka!

The Osiris adept knows your name, and the names of your ba and your ka in all their aspects.

—Adapted from the *Book of the Dead*

## *Preparation*

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This vision should be done a couple of hours before dawn, so go to bed early and set an alarm. (I had to get up in the middle of the night to write it, so that the power would embed in it, so you have my sympathies!) In preparation for this vision, cleanse yourself with a bath or shower of salt and water. Not ritually, though; and if you use a shower, rub yourself with salt. Also brush your teeth with salt and rinse your mouth with salt water. Anoint your forehead and heart, and the soles of your feet with frankincense oil. Put on clean clothing and work on an empty stomach. Cleanse the room with frankincense and have the room in silence. Do not light any candles, as one will be lit halfway through the working, so have a taper and lighter or matches on the central altar. Have the candles on the altars ready for lighting.

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## *The Fifth*

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And the last shall be first, and the first shall be last.

Sit in silence and darkness. Feel the power of the open gates; commune in silence with the powers in the directions. When you are ready, sit in the centre, facing south, before the central altar, and be still.

When you are still and silent, cast your mind into the Inner Temple. Let the visionary connection with the Inner Temple strengthen and deepen until you are fully there. You will continue where you left off.

Be aware of the deities seated on the other side of the translucent temple walls, and of the beautiful light that shines in the temple. Be aware of the priest of Ptah who stands on the other side of the south wall, and of all the angelic powers and structures that make up the Inner Temple.

The deities start to make sounds, and when they reach a harmony, the gates of the west wall swing open, revealing the Inner Desert beyond. The priest of Ptah bows to you and indicates for you to go into the Desert alone.

Climb down the steps, past the guardians, and onto the Desert floor. Look towards the direction of the Abyss and start walking. An angelic being appears and walks beside you. His long hair trails in the sand behind him, and you recognise the Companion, the Sandalphon. You realise you have not seen him for a while, and the moment you have that thought, he says: "I have been and will be with you always. I take many forms, I have many faces, but I am always here."

The angel changes form, and Wepwawet appears at your leg. When you get to the edge of the Abyss, Wepwawet sits down. He can go no further; you must continue on your own. Look out over the Abyss: see the mists on the other side that veil what lies beyond. Look up: see the clouds and mist obscuring what lies above. Look down into the Abyss: see the darkness hide its deepest reach.

Look across the Abyss again. You hear your name, the name written on the leaf of the tree of knowledge, echo through the mists, calling you. You have been summoned.

Without pausing, as soon as you hear your name, step out. Cross the Abyss, and walk into the mists on the other side for as far as you can, until you feel an invisible barrier. When you get to the barrier—the angelic threshold beyond which none can go—stop and wait in silence. A presence of undefinable power will build. When you feel the presence fully, bow, and commune in silence. Let your heart speak for you.

The communion with the Presence will be beyond words. Just experience it and be with it. Your heart will speak whatever needs saying.

When the communion is over, a light—the brightest and most beautiful light that you have ever seen—emerges from the mist like a flame and drifts towards you. Put out your right hand to receive it. Hold it carefully in the palm of your right hand, bow, and turn. Then go back to the edge of the Abyss. Pay no attention to what you see on the other side of the Abyss; it is of no consequence to you.

Step back out over the Abyss to return to the Desert. As soon as your foot touches the other side, the Desert floor, the Desert is plunged into darkness.

Hold the light up in your right hand. It casts a thin path of light before you. Walk that path of light through the darkness: you will not see anything on either side of you, and you will see no beings, companions, or anything else: you carry the light alone in the darkness.

At times the path of light will be dimmed by mists: just follow the

light ahead, cast from the light in your hand, and walk carefully, with focus. Your job is to get this light through the darkness to its destination.

You come to a point where you feel a barrier, a threshold, but you can see nothing except the line of light from the light in your hand. Do not stop at the barrier: be still inside yourself and step forward with the intention of passing through the barrier. You are the Light Bearer: none can impede your progress.

Pass through the barrier, which will feel heavy and difficult. But do not falter, do not stop. Aim your mind like an arrow that pushes through anything, and no matter how heavy the light becomes in your hand, continue to walk forward with it.

You emerge through the extensive barrier and find yourself stepping through the east altar of the Inner Temple.

The Inner Temple is filled with adepts. Beyond the adepts, beyond the temple walls, the deities are seated in silence, waiting. The adepts are standing in a large circle around the Inner Temple. Circle them while holding the light, then touch the light to the flame on the central altar. The flame, once touched by the light, grows tall and strong, and fills the temple with brightness.

Now you must light the lights of the gathered adepts. Starting in the east, touch each adept on the forehead, with the light in your right hand. As soon as you touch them, the light awakens them and their faces and hands shine with its light. Touch each adept until they all shine with its brightness.

The circled adepts join hands and the light passes between them, strengthening, and shining until the whole temple is filled with unbelievable brightness.

Once they are all bright, the last one reaches out and touches you on the forehead. The brightness that passes between them all fills you, and your face and hands also begin to shine. The group drop their hands, move about, then seat themselves against the east and west walls. Behind them are the deities; before them is the centre of the temple and the central altar with the bright, tall flame. The Fellowship will now wait and hold the space as you take the light into the physical world.

Stand before the west gates and ask the gate to open to the physical world. The gates slowly swing open and as you step through, you find yourself stepping through the east altar of your work space. Carry the light in your right hand as you pass through the altar.



Your work space is in inner and outer darkness: there is a feeling that only this space exists in the physical world. All else is in darkness and silence. Go to your body and sit.

Open your eyes, still maintaining the vision, and stand up. There is nothing in the physical world: all is dark and silent. Get the taper and light the central candle while saying:

“Let there be light to light the darkness.”

As you light the candle, also allow the light you have been carrying in your right hand to join with the central flame. The inner flame lights brightly with the light of the Divine, and the outer flame burns with the light of fire.

Light the taper from the central light, and allow the light in your right hand to pass into the taper.

Go to the east, hold the taper over the candle on the east altar, and say:

“I bring light to the east, let there be light, let the first day dawn.”

See the inner light dawn in the east. Bow, step back, and go to the south. Hold the taper over the candle on the south altar, and say:

“I bring light to the south, let there be light, let the first day dawn.”

See the inner light dawn in the south. Bow, step back, and go to the west.

Hold the taper over the candle on the west altar, and say:

“I bring light to the west, let there be light, let the first day dawn.”

See the inner light dawn in the west. Bow, step back, and go to the north. Hold the taper over the candle on the north altar, and say:



“I bring light to the north, let there be light, let the first day dawn.”

See the inner light dawn in the north. Bow, step back, and go to the central altar.

Stand before the central altar, hold out your arms, and say:

“I bring light to the four directions, so dawns the first day. May the light of the Divine be a beacon for those in the east, in the south, in the west, and in the north; may it illuminate the path ahead for those who seek it.”

Bow to the central altar and sit again. Close your eyes and emerge in the Inner Temple. Find yourself seated before the central altar, facing south, with the priest of Ptah beyond the south wall.

When you are fully in the Inner Temple, be aware of the deities seated and waiting beyond the walls, and the adepts filled with brightness standing in a circle around the room. They bow to you. As they do, stand and bow back to them.

Circle the central altar once, and turn to face east. Behind the altar of the east, standing between deities, you see a priestess, a white feather in her hair. Go and stand before her, before the altar. This is the priestess of Ma’at, the judge of Ma’at, and the overseer of judges. Bow to her. She bows back to you. She tells you to kneel down before her.

She reaches through the wall, touches you on the forehead, and says: “Your barley is gold, your pollen is gold, your spark grows green stems from your body. You are the creative tide, you are the land, you are life. Rise, adept of the Eternal Place of Truth, beloved of Ma’at.”

She vanishes back from the wall and the deities get up and vanish. Circle the room and look at the adepts as you do. You will notice that some of them hold tools. Some you recognise as magical tools, and others hold pens, paintbrushes, sculpting tools, medicines, herbs, chisels, measuring rods. . . these are all the workers of this Eternal Place of Truth, this Inner Temple that serves the gods, all gods, and all peoples.

Leave the temple through the east wall and pass into the Hall the Deities, the open temple in the Desert where the deities gather. The deities are seated once more. Go take your place sitting on the floor among them.

At times you may be called to this place in dreams and visions to serve. You may need to witness the judgement of a soul or the process of a new adept; or you may need to be here to be present and witness a power about to flow into the world. You will know when you have to come here.

Leaving part of yourself in this place, under the protection of the deities, open your eyes and look at the central candle flame. You have brought light from the depths and have awakened the directions: the first day.

Get up, stretch, and leave the candles going until dawn. When dawn breaks, go outside briefly to greet the sun. If you live in an apartment and it is not possible or safe to go outside at dawn, then go to an east window, open it wide, and greet the sun. Thank the sun for dawning on the first day, and for bringing life to everything on the planet. Then you can put out the lights in the workroom.

If you can, go and sleep.

**Note:** with the Hall of Deities, do not be tempted to go and sit there out of curiosity, and do not go there too much. It can have an impact on your energies. Go when called; do not go there in need. When you need help, you go to the Gathering, not to the gods. If you truly need their help, they will come to you. You only go to the Hall of Deities to serve, witness, or be present.

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### *About the last vision*

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As you know, the whole course works in layers, and you should have realised by now that the last module also works in layers. The final process of Justification was laid down in layers with different powers adding to it and sealing it.

The final act of training takes you right back to the very beginning of life and of creation, where you bridge the first brightness, the first light in the Inner Temple, and then into the outer directions which lights up the physical world.

We often make the mistake of thinking that the first act of creation was a one-off event. In fact it is a continuous act—so is destruction—that

flows across the Abyss and into the world. By partaking magically in that act of creation, as a Justified living human, it opens the flow for Divinity to pass through humanity in an active and conscious way.

This is something mirrored in virtually all religious, mystical, and magical systems around the world, and is the very deepest part of the Mysteries. It tunes you, it tunes humanity as a service, and it acts a beacon for those who truly seek the Mysteries. Just as the king serves as the 'leading human' for his people, enacting the Mysteries and keeping balance, so the Justified adept serves as the leading human for everything within their orbit in life and death.

We are at a time when there is more destruction than creation flowing into the world. By doing this act, you counterbalance the imbalance: your first act of service. It is only ever done once in a lifetime, and the more adepts do it, the more the scales of the world can find their balance.

This first adept act of bringing brightness to the world also triggers your life path as an adept into active form. Until now it has been being constructed, polished, prepared, tested, and practised. Now it is fully formed, fully active, and cannot be destroyed by anyone except you.

How you choose to walk this path is up to you: you make of it what you will. The Inner Temple, the Eternal Place of Truth, is the place where the adept workers are connected to each other, where the skills flow from, and where the adepts work in the deepest service. Being a servant of the Eternal Place of Truth means putting your skills into action in whatever way is right for you and your path.

The outer Egyptian Place of Truth was a mirror of this inner place: it was a community of skilled, magically adept craftsmen and women who lived and worked in service. As an inner dynamic, it often expresses in various outer ways through time, the Place of Truth in Egypt being one of them. The beginning of Freemasonry was another, as were the Rosicrucians in their early days before they lifted the veil of secrecy in 1614.

You may find, as a worker of the Eternal Place of Truth, that you develop an outer craft, if you do not already have one, a craft that can serve a magical purpose. Many Justified adepts are artists, writers, composers, sculptors, actors, carpenters, stonemasons, doctors, priests, and so forth: creative skills that serve the mundane world, but more importantly the deities, powers, and inner worlds.

Some adepts do not develop a craft. They work in their own unique

way, and forge their own special relationship with the Inner Temple. You will find that your expression develops over time, and many things will be placed in your path for you to take up should you wish. Just always be true to yourself. By doing that, your magical life will form naturally in the way best for you.

Now the whole pattern is complete. You are a full adept, and your path has been triggered by this last vision. Do not think you have superpowers or that life will be forever rosy. This is like coming out of university: now you have to get to work. You will spend the rest of your life working as an adept in some form or other, and you will face many challenges simply because being alive is tough. But you have all that you need to walk your road in health, strength, and prosperity. Congratulations!

It is done. I am the Alpha and the Omega, the Beginning and the End. To the thirsty I will give water without cost from the spring of the water of life.

—*Revelations*, 21:6

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### *The survival of the course*

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When I die, the course as a whole work will be released into the public domain. People will be free to publish it, print it, or host it on their websites once I am gone.

However, it is a whole magical pattern, a complete unit, and as such is magically protected. You should not add to it or take away from it: it is itself, a consciousness in its own right. To cut parts of it away would be to cause the ‘cutting down of the plantings,’ the worst possible magical crime. That will cause the offender to become cast out forever. To add to it would take away what the student needs to find for themselves, and the trials they need to go through: again, cutting down the plantings. Such actions would also trigger the guardians of the course.

If in the future an adept who has done the course realises that something could be done better or in a different way to open it up better—say for example if the adept was in the southern hemisphere and realises that some powers work differently—then they should write their work as an accompanying reference text. Do not place it within the course

itself. And this should only be done once the magician has finished the whole course: on completion of the adept process, a magician may have a different perspective. Such additional reference-writing should be done only from a place of adept gnosis. Tread carefully: the course guardians can be fierce indeed.

As magic evolves and magicians evolve, they will find new and better ways to do the work, but this work itself must remain as it is. New work can sit upon this work. It is an anchor for future developments, a doorway for future magical evolution, and a step on the road of the development of the Mysteries. One day it will become outdated and irrelevant, and then it will have done its job. Then a new person will appear and write the next step on the journey of a million years.

Thus closes the Path of Hercules as the adept stands on the Peak.

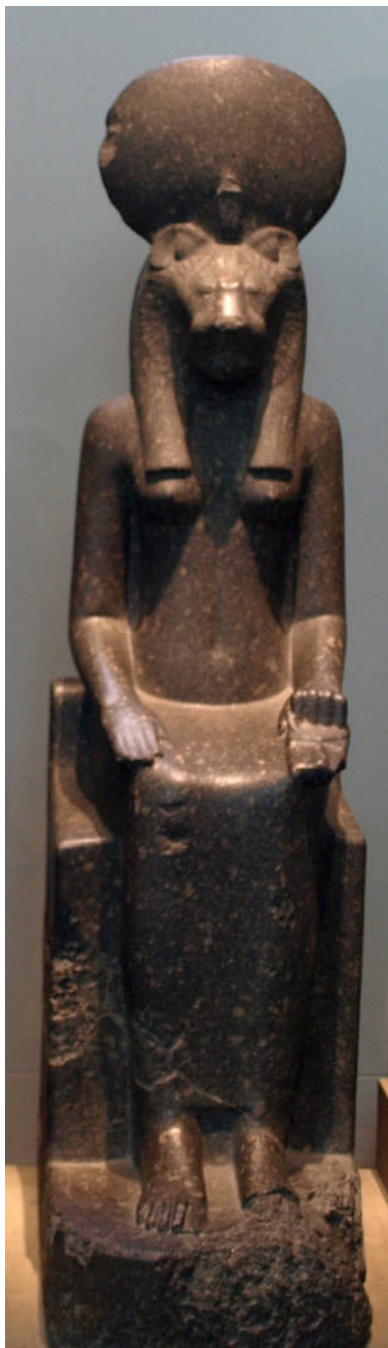
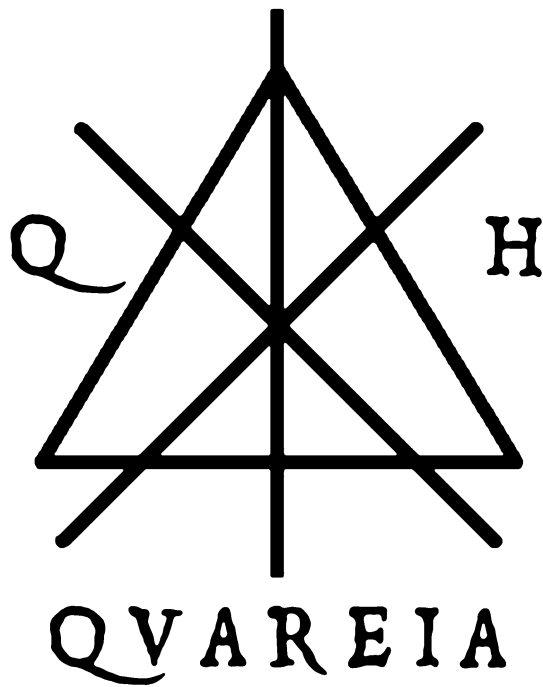


Figure 2: Sekhmet





QUAREIA

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