

---

# Contents

---

<b>I</b>	<b>Core Skills</b>	<b>23</b>
<b>1</b>	<b>Meditation Techniques</b>	<b>25</b>
1.1	Practical Considerations . . . . .	25
1.2	First meditation exercise . . . . .	25
1.3	Second meditation exercise . . . . .	26
1.4	Third meditation exercise . . . . .	26
1.5	Magic and Meditation . . . . .	27
1.6	<i>Task:</i> Daily meditation . . . . .	27
1.7	<i>Task:</i> Keeping notes . . . . .	27
<b>2</b>	<b>Tarot Basics</b>	<b>29</b>
2.1	The Rider Waite deck . . . . .	29
2.2	Major Arcana . . . . .	29
2.3	Minor Arcana . . . . .	30
2.4	Working with the cards . . . . .	30
2.5	Four-directional layout using six positions . . . . .	31
2.6	<i>Task:</i> Reading about the energy in your home. . . . .	31
2.7	<i>Task:</i> Balancing a difficult space . . . . .	32
2.8	Summary . . . . .	33
2.9	<i>Task:</i> Keep a tarot journal . . . . .	33
2.10	<i>Task:</i> Further readings . . . . .	33
2.11	<i>Task:</i> Keeping notes and following up . . . . .	34
2.12	Addendum: Cleaning and care of cards and yourself after reading . . . . .	34
<b>3</b>	<b>Visionary Magic Basics</b>	<b>35</b>
3.1	<i>Exercise 1:</i> Memory . . . . .	35
3.2	<i>Exercise 2:</i> Navigating a space . . . . .	36
3.3	<i>Exercise 3:</i> Going for a walk . . . . .	36
3.4	Summary . . . . .	37
3.5	<i>Task:</i> Work with this method of visualisation for ten sessions. . . . .	37
<b>4</b>	<b>Ritual Techniques</b>	<b>38</b>
4.1	How does a ritual work? . . . . .	38
4.2	Ritual micro-actions . . . . .	39
4.3	<i>Task:</i> Body stretching . . . . .	40
4.4	Energy . . . . .	41
4.5	Example of a directional ritual . . . . .	41
4.6	Analysis of the ritual . . . . .	42
4.7	Directional ritual . . . . .	44
4.8	Practical directional work . . . . .	45
4.9	Working the directions . . . . .	46
4.10	<i>Task:</i> Practising the directional ritual . . . . .	48
4.11	<i>Task:</i> Keeping notes . . . . .	49
<b>5</b>	<b>Inner Senses</b>	<b>50</b>

5.1	Inner Hearing . . . . .	51
5.2	Inner sight . . . . .	53
5.3	Inner touch and smell . . . . .	54
5.4	Dreams . . . . .	54
5.5	Precognition . . . . .	54
5.6	<i>Task:</i> Inner touch . . . . .	55
5.7	<i>Task:</i> Inner sense—feeling power patterns . . . . .	55
5.8	<i>Task:</i> Inner and outer boundaries . . . . .	56
<b>6</b>	<b>Sacred Language &amp; Magical Scripts</b>	<b>59</b>
6.1	Magical Scripts and the 16th Century . . . . .	59
6.2	Creating Patterns . . . . .	60
6.3	Magical Symbols . . . . .	61
6.4	Sigils . . . . .	61
6.5	Sacred language and utterance . . . . .	61
6.6	Translations of sacred languages . . . . .	62
6.7	Sound and symbol in magical action . . . . .	63
6.8	Practical work . . . . .	64
6.9	Working with magical symbols: Pentagram, Hexagram, Cruciform . . . . .	64
6.10	Working the pentagram . . . . .	64
6.11	<i>Task:</i> An experiment . . . . .	65
<b>7</b>	<b>Magical Protection</b>	<b>66</b>
7.1	Threats and Saviours . . . . .	66
7.2	Getting clean and staying clean . . . . .	67
7.3	The ritual cleansing of a person . . . . .	68
7.4	The ritual cleansing of a space, room, or house . . . . .	69
7.5	Other cleaning methods . . . . .	70
7.6	Smells that clear . . . . .	71
7.7	Sounds . . . . .	72
7.8	Getting and staying balanced . . . . .	74
7.9	<i>Task:</i> Pentagram research . . . . .	76
7.10	Breastplates . . . . .	77
7.11	Talismans . . . . .	78
7.12	<i>Task:</i> Making a Talisman . . . . .	78
7.13	<i>Task:</i> The experiment's results . . . . .	80
7.14	Working these talismans for protection: points to remember . . . . .	80
7.15	Maintenance . . . . .	80
<b>8</b>	<b>Astrology</b>	<b>81</b>
8.1	The Basics . . . . .	81
8.2	Transits . . . . .	82
8.3	Astrological signs . . . . .	82
8.4	Houses . . . . .	82
8.5	The Planets . . . . .	83
8.6	<i>Task:</i> Investigating your own chart . . . . .	85
8.7	<i>Task:</i> Ritual exercise—the pentagram and the natal chart . . . . .	86
8.8	<i>Task:</i> Your personal pentagram . . . . .	87
8.9	Module One Summary . . . . .	87
8.10	Basic Astrology—Extension Lesson by Toni Paris . . . . .	88
8.11	Basic Orientation . . . . .	88
8.12	Chart shapes . . . . .	89

8.13	Signs, planets, and houses . . . . .	89
8.14	Elements . . . . .	89
8.15	The signs in the natural horoscope . . . . .	89
8.16	The twelve houses . . . . .	91
8.17	The planets . . . . .	92
8.18	Putting it all together . . . . .	92
8.19	The aspects . . . . .	93
8.20	Analysing your natal chart . . . . .	93
8.21	Lunar aspects: following the moon through your natal chart . . . . .	93
8.22	References: . . . . .	94
<b>II</b>	<b>Patterns and Maps in Magic</b>	<b>95</b>
<b>1</b>	<b>Directions</b>	<b>98</b>
1.1	Directional dynamics of power . . . . .	98
1.2	<i>Task:</i> The visionary ritual of the directions . . . . .	100
1.3	<i>Task:</i> Ritual of confirmation . . . . .	100
1.4	<i>Task:</i> Directional ritual of power, Part I . . . . .	102
1.5	<i>Task:</i> Directional ritual II (the full ritual) . . . . .	103
1.6	<i>Task:</i> Journal . . . . .	104
1.7	<i>Task:</i> An experiment . . . . .	104
<b>2</b>	<b>The Tree of Life Tarot</b>	<b>106</b>
2.1	The Tree of Life tarot layout . . . . .	106
2.2	Working with the Tree layout . . . . .	108
2.3	Interpreting the reading . . . . .	108
2.4	Example reading . . . . .	109
2.5	<i>Task:</i> Practising this spread . . . . .	111
<b>3</b>	<b>The Full Pentagram Ritual</b>	<b>112</b>
3.1	<i>Task:</i> Working with the Dynamics . . . . .	112
3.2	The Full Pentagram Ritual . . . . .	117
3.3	<i>Experiment:</i> Adjusting the ritual . . . . .	120
3.4	A note on letting go . . . . .	120
3.5	<i>Task:</i> Researching the Grindstone and the Threshing Floor . . . . .	121
3.6	When to use this ritual . . . . .	121
<b>4</b>	<b>The Full Hexagram Ritual</b>	<b>122</b>
4.1	Hexagram ritual, part one . . . . .	123
4.2	So what was happening? . . . . .	125
4.3	Hexagram ritual, part two . . . . .	127
4.4	<i>Task:</i> Learning and practising the ritual . . . . .	129
4.5	<i>Task:</i> Mapping the sigil of the ritual . . . . .	130
4.6	<i>Task:</i> Research . . . . .	130
<b>5</b>	<b>The Elemental Patterns and Maps</b>	<b>131</b>
5.1	The magical elements in nature . . . . .	131
5.2	Regional elemental expression . . . . .	132
5.3	Analysis of the findings . . . . .	133
5.4	Practical work . . . . .	135
5.5	<i>Task:</i> Identifying elemental manifestations . . . . .	135
5.6	<i>Task:</i> Mapping . . . . .	136

5.7	<i>Working: The ritual communication with the land</i>	138
<b>6</b>	<b>The Metatron Cube and the Quarry Mark</b>	<b>141</b>
6.1	<i>Task: Drawing and working with the Metatron Cube</i>	142
6.2	<i>Experiment: Energies</i>	143
6.3	<i>Task: Research</i>	144
6.4	<i>Experiment: Modelling the Cube</i>	145
<b>7</b>	<b>Combinations</b>	<b>146</b>
7.1	The Cruciform and the Cup	147
7.2	The Sword and the Stone	149
7.3	<i>Task: Practical Work</i>	150
7.4	<i>Task: Research</i>	154
<b>8</b>	<b>Natural Patterns of the Land</b>	<b>155</b>
8.1	<i>Task: Visiting the site in vision</i>	156
8.2	<i>Task: Visiting the site physically</i>	158
8.3	Module Two Summary	160
<b>III</b>	<b>The Power Dynamics of Creation</b>	<b>161</b>
<b>1</b>	<b>Introduction</b>	<b>163</b>
1.1	Creation and magic	163
1.2	The use of visionary technique	164
1.3	The garden	166
1.4	The inner threshold	167
1.5	The polarities of creative power	167
1.6	The Inner Beings	169
1.7	<i>Task: Researching Ma'at</i>	169
1.8	<i>Task: Researching the Scales</i>	170
1.9	Summary	170
<b>2</b>	<b>The Inner Garden and Outer Vessels</b>	<b>171</b>
2.1	Talking to vessels	172
2.2	Random inhabitation	172
2.3	Magical inhabitation	173
2.4	The Inner Landscape	174
2.5	<i>Task: Connecting with the inner landscape</i>	175
2.6	<i>Task: Visionary ritual of mediation</i>	177
2.7	What just happened?	178
2.8	Readings	180
2.9	The tools and symbols	180
<b>3</b>	<b>The Grindstone</b>	<b>181</b>
3.1	The angelic power	181
3.2	The Role of the Grindstone in creation	182
3.3	The Grindstone in life	183
3.4	Examples of the Grindstone in action	184
3.5	<i>Task: Grindstone tarot readings</i>	186
3.6	<i>Task: The Grindstone in your chart</i>	187
3.7	<i>Task: Grindstone ritual</i>	187
<b>4</b>	<b>The Unraveller</b>	<b>188</b>

4.1	The Unraveller in creation . . . . .	189
4.2	The Unraveller and magic . . . . .	189
4.3	Unravelling magic: effects . . . . .	190
4.4	The Unraveller in action . . . . .	190
4.5	The personal Unraveller . . . . .	191
4.6	<i>Task:</i> Looking in the mirror . . . . .	191
4.7	<i>Task:</i> Readings . . . . .	192
4.8	<i>Task:</i> The Unraveller and your astrology chart . . . . .	192
4.9	<i>Task:</i> Unraveller ritual . . . . .	193
4.10	Study . . . . .	193
<b>5</b>	<b>The Inner Guardians</b>	<b>194</b>
5.1	The realm of the Desert . . . . .	194
5.2	The Weaver . . . . .	195
5.3	The Three Fates . . . . .	196
5.4	The Keeper of Justice . . . . .	197
5.5	The Keeper of the Threshold . . . . .	198
5.6	The Utterer and the Wheel . . . . .	198
5.7	The Noble Companions/the Noble Ones . . . . .	199
5.8	<i>Task:</i> The Vision of the Sandalphon . . . . .	200
5.9	<i>Task:</i> Visiting with the Sandalphon . . . . .	201
5.10	<i>Task:</i> Stravinsky's <i>Rites of Spring</i> . . . . .	201
5.11	<i>Task:</i> Research . . . . .	201
5.12	<i>Task:</i> Working with an image . . . . .	201
<b>6</b>	<b>The Laws of Fate</b>	<b>203</b>
6.1	Self . . . . .	204
6.2	Fate web of the family . . . . .	208
6.3	Fate and the wider world . . . . .	208
6.4	<i>Task:</i> Fate recognition . . . . .	209
6.5	<i>Task:</i> Looking at historical fate patterns using tarot . . . . .	210
6.6	<i>Task:</i> Looking at your personal fate pattern with tarot . . . . .	210
<b>7</b>	<b>Working with your Past</b>	<b>212</b>
7.1	Crafting notes . . . . .	212
7.2	On the rest of the module . . . . .	212
7.3	Passing into the past . . . . .	213
7.4	Practical Work . . . . .	213
7.5	<i>Task:</i> The Egyptian Book of the Dead . . . . .	216
7.6	Search terms and link: . . . . .	217
<b>8</b>	<b>Working with your Future Fate Pattern</b>	<b>218</b>
8.1	Hitting the blocks in the road . . . . .	219
8.2	<i>Task:</i> Viewing the web ritual . . . . .	221
8.3	<i>Task:</i> Painting the spider . . . . .	223
8.4	<i>Task:</i> Research . . . . .	223
<b>IV</b>	<b>Death, Birth, and the Underworld</b>	<b>225</b>
<b>1</b>	<b>Overview</b>	<b>227</b>
1.1	Death in general . . . . .	228
1.2	Death and the Mysteries . . . . .	229

1.3	Working magically in death while alive . . . . .	231
1.4	The dead in the living world . . . . .	231
1.5	The Underworld and the Abyss . . . . .	231
1.6	Inner contacts and inner adepts . . . . .	232
1.7	The Bound Ones . . . . .	232
1.8	Summary . . . . .	232
<b>2</b>	<b>Regular Death</b> . . . . .	<b>233</b>
2.1	Slow Death . . . . .	233
2.2	Upon the threshold of death . . . . .	236
2.3	Religious aspects of death . . . . .	237
2.4	Energetic clinging . . . . .	238
2.5	Death Parasites . . . . .	239
2.6	Quick deaths . . . . .	239
2.7	Comas . . . . .	239
2.8	<i>Task: Astrology</i> . . . . .	241
2.9	<i>Task: Death chart practice</i> . . . . .	241
2.10	<i>Task: Tarot and death</i> . . . . .	242
<b>3</b>	<b>The Magical Mysteries of Death</b> . . . . .	<b>244</b>
3.1	Religion versus the Mysteries . . . . .	244
3.2	The Death Mysteries . . . . .	245
3.3	The steps of the process: a brief overview . . . . .	245
3.4	The Descent into the Underworld . . . . .	246
3.5	The River and Judgement . . . . .	247
3.6	The Key of the Scales . . . . .	248
3.7	The Second Death . . . . .	249
3.8	Fooling the Scales . . . . .	250
3.9	The walk of the knives . . . . .	250
3.10	The face of the angel . . . . .	251
3.11	The Vista . . . . .	251
3.12	Reincarnation . . . . .	252
3.13	Summary . . . . .	253
3.14	<i>Task: Observing</i> . . . . .	253
3.15	<i>Task: Finding</i> . . . . .	253
3.16	<i>Task: Reading</i> . . . . .	254
<b>4</b>	<b>The Underworld and the Abyss</b> . . . . .	<b>255</b>
4.1	Threshold of the Underworld . . . . .	255
4.2	The first layer of the Underworld . . . . .	258
4.3	The Goddess in the Cave . . . . .	258
4.4	The Deeper Underworld . . . . .	259
4.5	The Abyss . . . . .	259
4.6	The Highway of the Abyss . . . . .	260
4.7	About the practical work . . . . .	261
4.8	<i>Task: First Vision—The access to death through the Underworld</i> . . . . .	262
4.9	<i>Task: Second Vision—Accessing the root ancient temples</i> . . . . .	264
4.10	The vision . . . . .	264
4.11	<i>Task: Working with the symbols</i> . . . . .	266
4.12	<i>Task: Readings on the symbols</i> . . . . .	267
4.13	Summary . . . . .	267
4.14	<i>Task: Practice</i> . . . . .	267

4.15	Goddess . . . . .	267
<b>5</b>	<b>The Living Dead</b>	<b>269</b>
5.1	Ghosts . . . . .	269
5.2	Recordings . . . . .	270
5.3	Faery or land spirit haunting . . . . .	271
5.4	Parasites and demonic beings . . . . .	272
5.5	Real long-term hauntings: dead people and composites . . . . .	273
5.6	Composites . . . . .	275
5.7	Warning—Please take note . . . . .	276
5.8	The dead that cling . . . . .	277
5.9	Staying in the land . . . . .	277
5.10	About the practical Work . . . . .	278
5.11	<i>Task:</i> Investigating sleeping warriors . . . . .	278
5.12	<i>Task:</i> Investigating the Treasurer’s House in York . . . . .	281
5.13	<i>Optional task:</i> Your own investigation . . . . .	282
5.14	<i>Task:</i> Clean up . . . . .	282
<b>6</b>	<b>The Thinning of the Veils</b>	<b>283</b>
6.1	Working the death cycle . . . . .	285
6.2	Summary . . . . .	286
6.3	The Lyke Wake Dirge . . . . .	286
<b>7</b>	<b>Inner Contacts and Inner Adepts</b>	<b>287</b>
7.1	The process of becoming an inner adept . . . . .	287
7.2	The Inner Library . . . . .	288
7.3	Making contact with the Inner Adepts . . . . .	291
7.4	<i>Task:</i> Meeting the Inner Adept—the vision . . . . .	291
7.5	<i>Task:</i> Routine . . . . .	293
7.6	<i>Task:</i> Pondering . . . . .	293
<b>8</b>	<b>The Bound Ones</b>	<b>295</b>
8.1	A hell of your own making . . . . .	295
8.2	Trapped in the sands . . . . .	295
8.3	Sinking into the Abyss . . . . .	298
8.4	Ritually Bound Ones . . . . .	298
8.5	Practical Work . . . . .	300
8.6	<i>Reading tasks:</i> clips from classical and older religious texts . . . . .	300
8.7	Task . . . . .	302
8.8	Task . . . . .	302
8.9	Module Summary . . . . .	302
<b>V</b>	<b>The Magical Tools</b>	<b>305</b>
<b>1</b>	<b>Introduction and Preparation</b>	<b>307</b>
1.1	The tools as vessels . . . . .	307
1.2	The lesser tools . . . . .	308
1.3	The sword . . . . .	308
1.4	The cup or vessel . . . . .	309
1.5	The shield . . . . .	310
1.6	No wand? . . . . .	310
1.7	Tools that come to you . . . . .	311

1.8	Odd tools . . . . .	312
1.9	Practical Work . . . . .	313
<b>2</b>	<b>The Sword and the Vessel</b>	<b>314</b>
2.1	<i>Task:</i> Empowering the sword and vessel . . . . .	315
2.2	Care of the tools . . . . .	317
2.3	<i>Task:</i> Research . . . . .	318
<b>3</b>	<b>The Shield</b>	<b>319</b>
3.1	<i>Task:</i> The magical stone . . . . .	320
3.2	<i>Task:</i> The cloth shield . . . . .	323
3.3	About the cloth shield . . . . .	324
3.4	The cloth and the sword . . . . .	325
3.5	<i>Task:</i> Researching the stone and female Divinity . . . . .	325
<b>4</b>	<b>Working with the Sword and Cup</b>	<b>327</b>
4.1	About the practical work . . . . .	328
4.2	<i>Task:</i> Ritual: The Anchor . . . . .	329
4.3	About the ritual of the Anchor . . . . .	331
4.4	<i>Task:</i> Doing a job . . . . .	331
4.5	The ritual vision of Unknown Service . . . . .	332
4.6	Summary of the job . . . . .	333
<b>5</b>	<b>Working with the Shield and the Cord</b>	<b>336</b>
5.1	The cord . . . . .	336
5.2	Remaking the cord . . . . .	337
5.3	The cloth . . . . .	338
5.4	The stone . . . . .	338
5.5	About the practical work . . . . .	339
5.6	<i>Task:</i> The ritual of balancing the water . . . . .	339
5.7	<i>Task:</i> Observing the results . . . . .	341
5.8	Summary of action . . . . .	341
<b>6</b>	<b>Lesser-known Tools</b>	<b>343</b>
6.1	Patterns . . . . .	343
6.2	Watchers . . . . .	344
6.3	Bottles and dilution . . . . .	345
6.4	Short cords . . . . .	346
6.5	About the practical work . . . . .	346
6.6	<i>Task:</i> Working with patterns . . . . .	346
6.7	<i>Task:</i> Working with watchers . . . . .	349
6.8	<i>Task:</i> Working with bottles—dilution and succussion . . . . .	353
6.9	<i>Task:</i> Working with strings—measuring a term of service . . . . .	355
6.10	Summary . . . . .	355
<b>7</b>	<b>Myths as Tools</b>	<b>356</b>
7.1	Two examples of myths as tools in action . . . . .	357
7.2	The story of Ulster and Loughareema . . . . .	358
7.3	The story of the monster in the lake and Beowulf . . . . .	361
7.4	Beowulf: some keys . . . . .	362
7.5	Dissection of events at the lake . . . . .	363
7.6	How the magician can use this method . . . . .	363
7.7	About the practical work . . . . .	364



7.8	How to recognise and work within mythic patterns . . . . .	364
7.9	<i>Task: Research</i> . . . . .	364
<b>8</b>	<b>Travelling Tools</b> . . . . .	<b>366</b>
8.1	The travel tools . . . . .	366
8.2	The travel sword . . . . .	366
8.3	The thread of the fate cloth . . . . .	367
8.4	The pattern of the Scales/Threshing Floor . . . . .	367
8.5	The shield of ancestors . . . . .	367
8.6	Issues when you travel . . . . .	368
8.7	<i>Task: Creating a magical sword pendant</i> . . . . .	369
8.8	<i>Task: Creating the pattern of the Scales</i> . . . . .	370
8.9	<i>Task: Creating the Shield of Ancestors</i> . . . . .	371
8.10	How to use the travel tools . . . . .	372
8.11	Summary . . . . .	372
8.12	<i>Task: Documenting the process</i> . . . . .	373
<b>VI</b>	<b>Different Types of Beings</b> . . . . .	<b>375</b>
<b>1</b>	<b>Deities</b> . . . . .	<b>377</b>
1.1	Overview of Module VI . . . . .	377
1.2	Deities . . . . .	378
1.3	What is a deity? . . . . .	378
1.4	What is <i>not</i> a deity? . . . . .	380
1.5	How and why we work with deities . . . . .	380
1.6	Meeting the deities . . . . .	381
1.7	<i>Task: Meeting the Deity of the East</i> . . . . .	382
1.8	<i>Task: Building the connection</i> . . . . .	383
1.9	<i>Task: Meeting the Deity of the South</i> . . . . .	384
1.10	<i>Task: Meeting the Deity of the West</i> . . . . .	385
1.11	<i>Task: Meeting the Deity of the North</i> . . . . .	385
1.12	Summary . . . . .	385
<b>2</b>	<b>Angels</b> . . . . .	<b>387</b>
2.1	What are angels? . . . . .	387
2.2	Historical context . . . . .	388
2.3	Angels close to humans . . . . .	389
2.4	Threshold angels . . . . .	391
2.5	Angels and the Inner Desert . . . . .	392
2.6	Bound angels . . . . .	392
2.7	Developing a working method . . . . .	393
2.8	<i>Task: Vision work</i> . . . . .	393
2.9	<i>Task: Tarot readings</i> . . . . .	394
2.10	<i>Task: Research and pondering</i> . . . . .	394
<b>3</b>	<b>Demons</b> . . . . .	<b>395</b>
3.1	Biblical demons . . . . .	395
3.2	Demons, destroying angels and parasites—what is what? . . . . .	397
3.3	Ones that act on individuals . . . . .	398
3.4	The Destroying Ones of Nature . . . . .	399
3.5	Lilith—an example of a destroying power . . . . .	399
3.6	Talking to the Wind—The magical power of Lilith . . . . .	401

3.7	The Destroying Ones of Humanity . . . . .	403
3.8	Composters . . . . .	405
3.9	Choppers . . . . .	406
3.10	Guardians of sacred places and temples . . . . .	407
3.11	Exterminators . . . . .	409
3.12	Bullet dodging . . . . .	411
3.13	Having Pazuzu round for tea . . . . .	412
3.14	Other 'Demonic' presentations . . . . .	413
3.15	The Abyss . . . . .	413
3.16	<i>Task: Researching Set</i> . . . . .	413
3.17	<i>Task: Researching a 'demon' of your choice</i> . . . . .	413
3.18	Links: . . . . .	414
<b>4</b>	<b>Parasites</b> . . . . .	<b>415</b>
4.1	Parasites and brains . . . . .	416
4.2	Physical doorways . . . . .	417
4.3	Example . . . . .	418
4.4	Breakdown of the picture . . . . .	419
4.5	Identifying the triggers of infestation . . . . .	420
4.6	Parasites and buildings . . . . .	421
4.7	Egregores . . . . .	422
4.8	Symbiotic relationships . . . . .	423
4.9	<i>Task: Vision work</i> . . . . .	423
4.10	<i>Task: Preparing a report</i> . . . . .	425
4.11	<i>Task: Parasite research</i> . . . . .	425
<b>5</b>	<b>Titans/Primordial Deities and Vast Land Beings</b> . . . . .	<b>427</b>
5.1	Titans . . . . .	427
5.2	Air . . . . .	428
5.3	Land beings . . . . .	430
5.4	Mountains . . . . .	431
5.5	Peeling the layers off the mountain . . . . .	431
5.6	Oceans . . . . .	434
5.7	Other land features . . . . .	435
5.8	The land beneath you . . . . .	435
5.9	About the practical work . . . . .	436
5.10	<i>Task: Vision of the Pivot of the Mountains</i> . . . . .	436
5.11	<i>Task: Researching the Ogdoad</i> . . . . .	439
5.12	<i>Task: Faeries research</i> . . . . .	439
5.13	<i>Task: Research on connecting with faeries</i> . . . . .	439
5.14	<i>Optional task: Researching the bright light</i> . . . . .	439
<b>6</b>	<b>Spirits of the Body</b> . . . . .	<b>441</b>
6.1	Spirits of the organs . . . . .	441
6.2	Who are the organ spirits? . . . . .	442
6.3	Heart . . . . .	442
6.4	Intestines . . . . .	442
6.5	Brain . . . . .	443
6.6	Why we work with the organ spirits . . . . .	443
6.7	Our bodies and the land . . . . .	445
6.8	The power networks . . . . .	446
6.9	<i>Task: Meeting the heart spirit</i> . . . . .	447

6.10	About the previous exercise . . . . .	448
6.11	<i>Task:</i> Going into the inner landscape of the body . . . . .	449
6.12	<i>Task:</i> Mingling inner landscapes . . . . .	450
6.13	<i>Task:</i> Affecting your body by communing with the weather . . . . .	451
6.14	<i>Task:</i> Discover the other organ spirits using vision . . . . .	451
6.15	<i>Task:</i> Read up on the five spirits . . . . .	452
<b>7</b>	<b>Sacred Monarchs, Saints, and Priesthoods</b>	<b>453</b>
7.1	Inner priesthoods . . . . .	453
7.2	Sacred/magical monarchs . . . . .	454
7.3	The priesthoods . . . . .	457
7.4	Saints . . . . .	458
7.5	Deities as saints . . . . .	459
7.6	Land powers/beings as saints . . . . .	461
7.7	Human saints . . . . .	462
7.8	About the practical work . . . . .	463
7.9	<i>Task:</i> Meeting a saint . . . . .	463
7.10	<i>Task:</i> Documenting your work with the saint . . . . .	464
7.11	Advice . . . . .	464
<b>8</b>	<b>Apprentice Midterm Summary</b>	<b>466</b>
8.1	Core skills: divination, inner senses, visionary skills, ritual skills . . . . .	466
8.2	Understanding of magic . . . . .	468
8.3	Operational methods . . . . .	468
8.4	What to do if you reach difficulties in your studies . . . . .	470
8.5	The inner contacts and keys . . . . .	470
8.6	General . . . . .	471
8.7	<i>Task:</i> Review . . . . .	471
<b>VII</b>	<b>Elements as Tools</b>	<b>473</b>
<b>1</b>	<b>Time and the Elements</b>	<b>475</b>
1.1	Introduction to Module VII . . . . .	475
1.2	Time as an element . . . . .	475
1.3	East/Air . . . . .	476
1.4	South/Fire . . . . .	476
1.5	West/Water . . . . .	477
1.6	North/Earth . . . . .	477
1.7	Centre/The Still Point . . . . .	477
1.8	The Future . . . . .	478
1.9	Conditional versus unconditional magic . . . . .	480
1.10	The Past . . . . .	481
<b>2</b>	<b>Air</b>	<b>484</b>
2.1	Progressions of air magic . . . . .	484
2.2	Music as an air tool . . . . .	485
2.3	On the practical work . . . . .	485
2.4	Voice . . . . .	485
2.5	<i>Task:</i> Using the voice as the Limiter . . . . .	485
2.6	<i>Task:</i> Working with doorways . . . . .	487
2.7	<i>Task:</i> Working with contacted text . . . . .	488
2.8	Music . . . . .	489

2.9	<i>Task: Four experiments with music</i>	490
2.10	<i>Task: Extra experiment</i>	491
2.11	<i>Task: Documenting your work</i>	491
<b>3</b>	<b>Fire</b>	<b>492</b>
3.1	Physical fire and magic	492
3.2	Inner fire and magic	493
3.3	About the practical work	493
3.4	<i>Task: Using fire as a transporter</i>	493
3.5	<i>Task: Using fire as a doorway</i>	494
3.6	<i>Task: Using fire as a boundary keeper</i>	495
3.7	<i>Task: Sending something through time</i>	497
3.8	<i>Task: Using fire to clean hands</i>	497
3.9	<i>Task: Using fire to dispose of a vessel</i>	498
3.10	<i>Task: Documenting your work</i>	498
<b>4</b>	<b>Water</b>	<b>499</b>
4.1	<i>Task: A ritual which uses water as a container and recorder</i>	499
4.2	<i>Task: Looking at the dispensing's natal chart</i>	502
4.3	<i>Task: Tarot readings on the effects of the dispensing</i>	502
4.4	<i>Task: Using water as a doorway</i>	502
4.5	<i>Task: Using water as a boundary</i>	504
4.6	<i>Task-in-waiting: The alchemy of emotion</i>	505
<b>5</b>	<b>Earth</b>	<b>507</b>
5.1	<i>Task: Using earth as a boundary keeper</i>	507
5.2	A note on filters and layers	509
5.3	<i>Task-in-waiting: Using earth as a container</i>	509
5.4	<i>Task: Using earth as a tuning fork</i>	510
5.5	<i>Task: Sleeping in the rock</i>	512
5.6	<i>Task: Recording your results</i>	513
5.7	Using stone as a life anchor	513
<b>6</b>	<b>Ritual combining and directional work</b>	<b>515</b>
6.1	<i>Task: Working the powers</i>	516
6.2	Analysis of the ritual	518
6.3	The use of combined elements	519
6.4	<i>Task: Placing unconditional magic in a stone</i>	520
6.5	<i>Task: Documenting and checking astrological weather</i>	520
<b>7</b>	<b>Metals</b>	<b>521</b>
7.1	Gold	521
7.2	<i>Task: Researching gold</i>	523
7.3	Silver	523
7.4	<i>Task: Working with silver</i>	523
7.5	Copper	525
7.6	<i>Task: Researching copper</i>	526
7.7	Iron	526
7.8	Lead	526
7.9	<i>Task: Starting a lead collection</i>	527
7.10	Summary	527
<b>8</b>	<b>Working with the Raw Elements</b>	<b>529</b>

8.1	Air	530
8.2	<i>Task: Flying</i>	530
8.3	<i>Task-in-waiting: Joining with the storm</i>	532
8.4	<i>Task-in-waiting: Catching the wind in a cloth</i>	533
8.5	Fire	533
8.6	<i>Task: Making friends with fire</i>	534
8.7	<i>Task: Fire in the four directions</i>	535
8.8	<i>Task-in-waiting: Repeating the previous task with water and earth.</i>	536
8.9	<i>Task: Passing through fires</i>	536
8.10	Water	537
8.11	<i>Task: Merging with fresh water</i>	537
8.12	<i>Task: Merging with seawater</i>	537
8.13	<i>Task: Merging with magical water</i>	537
8.14	<i>Task: Merging with the water of the Underworld</i>	538
8.15	Earth	538
8.16	<i>Task: Merging with the earth and various types of rock</i>	538
8.17	<i>Task: Merging with your boundary stones and other stones</i>	538
8.18	<i>Task: Passing into your stone shield and the Stone in the Cave</i>	539
8.19	<i>Task: Researching metal in rock</i>	539
8.20	<i>Task: Tarot work</i>	539
8.21	<i>Task: Writing a summary of this module.</i>	540
8.22	Summary	540

## VIII Inner Temples 541

<b>1</b>	<b>What is an Inner Temple?</b>	<b>543</b>
1.1	The formation of an inner temple	544
1.2	Magical cooperation technique	545
1.3	Magically controlled construction	546
1.4	Natural formations	546
1.5	The Power Roots	547
1.6	Temple egregores	549
1.7	<i>Task: Sacred lake research</i>	550
<b>2</b>	<b>The Inner Library</b>	<b>553</b>
2.1	My early discoveries	554
2.2	Technical aspects of inner temple exploration	556
2.3	How to track your work	558
2.4	The Inner Landscape/Inner Desert layout	558
2.5	Using Divination to understand a temple	560
2.6	The astrological house layout	560
2.7	Summary	560
<b>3</b>	<b>East</b>	<b>562</b>
3.1	Temples of the East	562
3.2	<i>Task: Visiting the temples</i>	563
3.3	<i>Task: Tarot readings</i>	564
3.4	<i>Task: Reproducing an image from the temple</i>	564
3.5	<i>Task: Tarot reading on the image</i>	564
3.6	<i>Task: Musing</i>	564
3.7	Summary	565
3.8	<i>Task: Researching ancient temples</i>	565

<b>4</b>	<b>South</b>	<b>566</b>
4.1	<i>Task: Visiting three root south temples</i>	567
4.2	<i>Task: Reproducing an image from a temple</i>	567
4.3	<i>Task: Tarot reading about your image</i>	568
4.4	<i>Task: Researching ancient temples</i>	568
4.5	<i>Task: Tuning a flame to a temple</i>	568
<b>5</b>	<b>West</b>	<b>569</b>
5.1	<i>Task: Visiting three root west temples</i>	570
5.2	<i>Task: Communing with a body of water</i>	570
5.3	<i>Task: Researching ancient natural water temples</i>	570
<b>6</b>	<b>North</b>	<b>571</b>
6.1	<i>Task: Visiting three root north temples</i>	572
6.2	<i>Task: Researching Stone Age and Bronze Age mother goddesses</i>	572
6.3	<i>Task: Accessing information stored in coal</i>	572
6.4	<i>Task: Musing on death and letting go</i>	573
<b>7</b>	<b>The Four Temples, Part I</b>	<b>575</b>
7.1	<i>Task: East: Temple of the Word</i>	576
7.2	<i>Insight</i>	578
7.3	<i>Task: Tarot readings about the temple</i>	579
7.4	<i>Task: Copying a temple mural</i>	579
7.5	<i>Task: South: Temple of the Fates</i>	579
7.6	<i>Insight</i>	581
7.7	<i>Task: Tarot readings</i>	582
7.8	<i>Task: Copying a mural</i>	582
<b>8</b>	<b>The Four Temples, Part II</b>	<b>583</b>
8.1	<i>Task: West: Temple of Alchemy</i>	583
8.2	<i>Task: North: The Temple of the North, The Ancestral Temple</i>	587
8.3	<i>Insight</i>	589
8.4	<i>Task: Reflecting and logging</i>	590
8.5	<i>Task: Tarot reading</i>	590
8.6	<i>Task: Musing on your murals</i>	590
8.7	<i>How to work with the temples in your studies</i>	590
8.8	<i>Summary</i>	592
<b>IX</b>	<b>Working With Planetary Powers</b>	<b>593</b>
<b>1</b>	<b>Background</b>	<b>595</b>
1.1	Charts, filters, and planetary dances	597
1.2	Planetary deities	600
1.3	The layers of Planetary Powers	600
<b>2</b>	<b>Saturn and Pluto</b>	<b>602</b>
2.1	<i>Task: Analysing your Pluto and Saturn natal positions</i>	603
2.2	<i>Task: Analysing your Pluto and Saturn transits</i>	604
2.3	<i>Task: Analysing your transits when you started Quareia</i>	604
2.4	<i>Task: Analysing transits from key moments in your life</i>	605
2.5	Working with the planetary spirits	605
2.6	<i>Task: Visiting the Hall of the Planetary Spirits</i>	606
2.7	<i>Insight</i>	607

2.8	<i>Task: Figuring out how to engage Saturn in your life</i>	608
2.9	<i>Task: Meeting Pluto in the Hall of Planetary Spirits</i>	608
2.10	<i>Task: Figuring out how to engage Pluto in your life</i>	608
2.11	Summary	608
<b>3</b>	<b>Jupiter</b>	<b>609</b>
3.1	<i>Task: Meeting Jupiter in the Hall of Planetary Spirits</i>	610
3.2	<i>Task: Astrological analysis</i>	610
3.3	The balance of three	610
3.4	<i>Task: Self-reflection</i>	610
3.5	<i>Task: Experimenting with the sigils</i>	610
<b>4</b>	<b>Mars and Venus</b>	<b>612</b>
4.1	Mars	612
4.2	Venus	613
4.3	<i>Task: Meeting Mars and Venus in the Hall of Planetary Spirits</i>	614
4.4	<i>Task: Astrological Analysis</i>	614
4.5	<i>Task: Ritual experiment</i>	614
4.6	On the Noble One's hand signals	615
4.7	<i>Task: Documenting, observing, and pondering</i>	616
<b>5</b>	<b>Houses and Cards</b>	<b>617</b>
5.1	The Astrological Houses layout	618
5.2	<i>Task: Using the layout</i>	618
5.3	Dealing with disaster on the horizon	619
5.4	<i>Task: Designing a ritual</i>	619
<b>6</b>	<b>Neptune</b>	<b>621</b>
6.1	<i>Task: Meeting Neptune in the Hall of Planetary Spirits</i>	621
6.2	<i>Task: Astrology</i>	622
6.3	<i>Task: Visionary work</i>	622
6.4	<i>Task: Making the Bowl of Neptune</i>	622
6.5	<i>Task: Using the sigil of Neptune before readings</i>	623
6.6	<i>Task: Using the sigil of Neptune to strengthen your inner sight</i>	623
<b>7</b>	<b>Uranus and Mercury</b>	<b>624</b>
7.1	Uranus	624
7.2	Mercury	625
7.3	<i>Task: Meeting Uranus in the Hall of Planetary Spirits</i>	625
7.4	<i>Task: Meeting Mercury in the Hall of Planetary Spirits</i>	625
7.5	<i>Ongoing task: Continued work with the Hall</i>	626
<b>8</b>	<b>Planetary work</b>	<b>627</b>
8.1	<i>Task: Working with the sigils in ritual</i>	627
8.2	<i>Task: Experimenting with a ritual for learning and balance</i>	629
8.3	<i>Task: Tarot readings on the experiment</i>	630
8.4	<i>Task: Visiting the Planetarium</i>	630
<b>X</b>	<b>Understanding Destruction</b>	<b>633</b>
<b>1</b>	<b>Overview</b>	<b>635</b>
1.1	Why we fear destruction	635
1.2	The natural flow of destruction	636

1.3	Raging deities . . . . .	637
1.4	Back to apprentice level . . . . .	638
1.5	<i>Task: Research and reading</i> . . . . .	639
1.6	Links to read . . . . .	642
<b>2</b>	<b>Destructive Deities and Underworld Beings</b>	<b>644</b>
2.1	Daily destruction . . . . .	644
2.2	<i>Ongoing task: Keeping your own house in order</i> . . . . .	645
2.3	<i>Task: Identifying deities of Destruction</i> . . . . .	646
2.4	<i>Task: Independent research on destruction deities</i> . . . . .	647
2.5	The dangers of interpretation and cultural bias . . . . .	648
2.6	Destroying deities and magic . . . . .	650
2.7	Protection . . . . .	650
2.8	Destroying beings . . . . .	652
2.9	Summary . . . . .	653
<b>3</b>	<b>Angelic Forces of Destruction</b>	<b>654</b>
3.1	Angels in the manifest world . . . . .	654
3.2	Angels and land tides . . . . .	654
3.3	Angels bound and waiting . . . . .	656
3.4	Angels of the thresholds . . . . .	656
3.5	Patterns of destruction that repeat . . . . .	657
3.6	An analysis of <i>The Revelation of St. John the Divine</i> (King James Version) . . . . .	659
3.7	<i>Task: Research a section of Revelations</i> . . . . .	681
<b>4</b>	<b>Dealing with Destruction I</b>	<b>682</b>
4.1	The Beginning . . . . .	682
4.2	The Personal . . . . .	682
4.3	Feet . . . . .	683
4.4	Destruction in the everyday life of a magician and how to handle it . . . . .	683
4.5	Minor destruction as a pressure valve . . . . .	690
4.6	Deciding what to ride and what to avoid . . . . .	691
4.7	When you cannot dodge the bullet . . . . .	692
4.8	How it translates to magical skills . . . . .	693
4.9	Fear . . . . .	694
4.10	Get what you give . . . . .	695
4.11	Magical flak . . . . .	695
4.12	Bees . . . . .	696
4.13	<i>Task: Bee research</i> . . . . .	696
<b>5</b>	<b>Parasites Preventing Destruction</b>	<b>698</b>
5.1	Identifying when parasites are blocking destruction . . . . .	698
5.2	What are you doing? . . . . .	699
5.3	Why are you doing it? . . . . .	700
5.4	<i>Task: Identifying a parasited government and the infestation's focal point</i> . . . . .	701
<b>6</b>	<b>Dealing with Destruction II</b>	<b>702</b>
6.1	Preparation for the work . . . . .	702
6.2	<i>Task: The Mirror</i> . . . . .	702
6.3	<i>Task: Ritual for preparation</i> . . . . .	703
6.4	Cleansing and resting . . . . .	705
<b>7</b>	<b><i>Task: Practical Work I</i></b>	<b>706</b>



7.1	Preparation . . . . .	706
7.2	Afterwards . . . . .	709
7.3	Summary . . . . .	709
<b>8</b>	<b>Task: Practical Work II</b>	<b>711</b>
8.1	Instructions . . . . .	711
8.2	Summary . . . . .	713
<b>9</b>	<b>Apprentice Initiation Lesson</b>	<b>714</b>
9.1	<i>Task:</i> The Visionary Ritual of Crossing from Apprentice to Initiate . . . . .	715
9.2	<i>Task:</i> Documenting your initiation . . . . .	717
9.3	The consequences of your initiation . . . . .	717