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# QUAREIA—THE INITIATE

## Module II—Exorcism I: The Basics

### Lesson 3: Powers

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# WELCOME

*Welcome to this lesson of the Quareia curriculum.*

*The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.*

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*So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.*

*Yours,*

*Josephine McCarthy*



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## Module II—Exorcism I: The Basics

### Lesson 3: Powers

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In Lesson 5 we will look at basic exorcism methods for dealing with problems. Before that you need to know the deeper powers that are often present and active in a destructive situation that would require an exorcist.

In this lesson we will look at the underlying powers and dynamics that can be present in a bad situation, as knowing the root of a problem can be fifty percent of the cure: often the bad situations that an exorcist encounters can be diverse and complex problems.

Each exorcist who works in the field for a long time will discover their own understanding of power, as well as tricks and tools that can work. If as an adept you decide to specialise in this field, over time you will also discover a wide variety of ways to address these issues that are unique to you.

Sadly Hollywood, sensationalised occultism, and the Vatican have reduced the issue of exorcism down to a simple 'us versus them' mentality, and have also developed a belief that it is a struggle of good and evil that only faith can overcome. This has led to ridiculous situations of unnecessary suffering, along with impotent solutions. It is never this simple: creation is a complexity that cannot be understood or interacted with in such simple terms.

When you are presented with a destructive, dangerous, or possession-type situation, the key to unlocking the mess is to understand the deep powers that are the undercurrents to such situations. The presenting situation, beings, deities, and human issues are all symptoms of a much deeper problem that must be addressed if there is to be any real hope of a resolution.

To this end, we will look in depth at these powers and how they can trigger such bad situations.

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## *Powers*

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The first two lessons of this module outlined the classic presentations and beings involved in this field. It was an 'on-the-ground' picture, but behind this a much deeper dynamic is often at work. And if that dynamic is not fully understood and worked with by the magician in their own lives, they will be vulnerable to inadvertently becoming prey themselves in these difficult situations.

Behind the beings, spirits, and deities are much greater forces that are constantly at play and can flow through a bad situation with an immense amount of power, in human terms, triggering all sorts of issues. Before the magician steps in to help others with such problems, they must have found a balanced way to begin walking around and among these powers themselves.

So far in the course you have begun the learning process about these powers and dynamics. You should also have started to implement changes in your life to learn how to live and thrive with these powers around you. In Module III we will take a much closer look at these powers in terms of creation as they flow through all magic.

In Egyptian magic and the Mysteries, there was an old saying:

“Do not offend thy Ka<sup>1</sup> and do not put into your body that which will offend your Ka.”

Modern magicians who read this assume that it has to do with what you eat. It is far more than that. How you interact with the world around

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<sup>1</sup>Spirit.

you, and how you treat your body, mind, and the land around you, directly affect what can happen around you and to you.

This is the root of many (not all) issues that call for an exorcist. This is not only about staying balanced and clear, but also about not attracting destructive power towards you when it is not needed.

When there is a call for an exorcist there is often one of two (or both) dynamics at play: a disturbance in a human's spirit, or a disturbance in the land's spirit. This disturbance creates an imbalance which in turn opens that human or land area up to destructive powers.

Bear in mind that trying to maintain a balance is a constant dance between the powers of destruction and creation: there is no stasis, just a continuous effort to move towards stasis from one power or the other. That constant action of trying to move towards balance is equivalent to exercise that keeps the body strong.

To help this make more sense to you, we will look at two situations that would require an exorcist, so that you can see the chain of events that led to the disasters. This will show you just how hard it can be to help another human in a destructive situation, simply because most people want you to fix something without actually being part of the remedy themselves.

I will look at two situations, one that you are already familiar with, that we have already discussed in past lessons, so that you are familiar with the background picture.

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### *Situation one: a place*

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In a past lesson we talked briefly about the energy at the mortuary temple of Hatshepsut. Staying with an incident you now know about, you can learn more by looking deeper into the issue.

The energy problems in the temple were the result of the Luxor massacre in 1997. Sixty-two people were massacred in the mortuary temple on the west bank of Luxor. The end result was a building with a terrible energy to it, as the power and energy from the massacre became imprinted on the building's stones.

When I went into the temple in 2012, I had to turn around and come straight back out: it "offended my Ka"—which is to say it made me feel

horrible and all my instincts told me to get out as fast as possible. By going into that building unknowingly (I had no idea there had been a massacre there) its energy negatively affected my spirit.

The destructive energy did not start with the massacre. It started when a group of men, who were all unbalanced, came together with a single intention. That coming together of imbalance allowed a flow of destructive power to out itself through them, but in a way that brought imbalance. If the filter is degenerate and the power builds somewhere, it will by its destructive nature out itself through the most imbalanced interface it can find—just as a build-up of creative power will flow through the most balanced vessel or vessels it can find.

The power itself, creative or destructive, will seek the threshold, vessel, and pattern that is closest to its own nature in order to express itself fully. This is not a power with a human-like consciousness:<sup>2</sup> it is raw power that flows over the inner thresholds and into our world to create or destroy, or both. This dynamic is how we continue to exist.

If you take a step further back from the coming-together of a group of unbalanced men, you get to the individual. Each individual will have taken certain paths to get to the point of communal imbalance. A human who is powerless but who seeks power and is untrue to themselves can make for a total monster, or someone with destructive or, at the least, depressive issues.

And this is where we have to be careful with generalisations. This does not apply to everyone who is out of balance, as we all are in one way or another. Equally, destructive and depressive issues can be caused by all manner of things. Just remember that there is no simple box for all of this: it is as complex as creation itself.

It is also pertinent to understand the meaning of “untrue to oneself.” This can range from kidding yourself that what you are putting into your mouth/body is not harmful when in fact it is, to the situation that brought this massacre to a head: behaving very badly in private and in mind, while projecting a religious purity and sentiment out to the world.

I am sure we have all come across the latter in some way or other in other people. Such a situation is begging for parasites, destructive power, and degeneration.

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<sup>2</sup>Like the idea of Satan in Christianity, which is a human-created idea.

In the occult world we often get a weird reversal of this: someone who behaves badly in public who is in fact a very nice person in the quiet of their own space. We will look deeper at the people aspect in a moment; let us now get back to the building.

The massacre was a coming-together of ingredients at the most destructive time: a group of dispossessed young men who were full of testosterone and driven by the rantings of an uneducated, imbalanced set of leaders who themselves felt powerless except for their daily oppression of those weaker than themselves.

Make no mistake about this: religious fundamentalism is never about religion. It is about the unbalanced state of mind that wants power and seeks a platform for it.

Their only way of expressing power was through destruction and constriction: controlling the people around them to make them conform to an ideal that is the filter, and doing this in a destructive way: this is usually how a fundamentalist of any type operates.

Such a pattern is a perfect vessel for destructive power to flow through. When the destructive power built that year, it did so worldwide and outed itself in various ways, but the Luxor massacre was the most spectacular. That attack would have involved not only the natural destructive power finding its easiest route to manifestation, but would also have involved parasites (with the humans) and wider destructive beings who were seeking expression.

That perfect storm leaves a building impressed with the storm's destruction: it embeds itself right into the building's materials. The more permanent the structure, i.e. stone, the longer the power and energy will stay in the substance.

Any sensitive human who goes into that structure will feel it. If they get back out again they will recover very quickly, particularly if they clean themselves up afterwards. However, if people live or work in such a building, the destructive energy trapped in the space slowly begins to destroy them and any other creatures who spend a lot of time there.

This can manifest as mental or physical illness, or it can continue the resonance of the destruction by flowing through their lives, causing accidents or constant, severe bad luck and/or illness.

It is also common in such situations to have 'playbacks' of the events: the energy release records the event and certain triggers will cause a

replay. This manifests as ‘ghosts’ being seen that do not interact with anything around them. This is usually the point where the exorcist comes in.

If the exorcist does not understand the depths of the problem with the building’s substance, and they perform magical acts, then they may become a focal point for the destructive energy, which can embed itself within the substance of the exorcist.

This in turn weakens them and makes the exorcist vulnerable to parasites or destructive beings still hanging around the building.

This is why it is so very important to ensure that you know exactly what you are walking into—hence the research work that must be done beforehand. And if the destructive power is strong in the building, then any readings that the exorcist may do (regardless of where they do them) will make them visible to any beings accompanying that destructive power.

Many exorcists make the mistake of simply removing the beings and doing a basic clearing of a building. And in low-level problems this will work (and most building problems are low-level issues). But if there is an imprint of destructive power in the building, then removing the beings will only make space for more destructive beings to move in.

In such cases the power itself must be dealt with, and to do that you must understand the destructive force itself. The power has no emotions, no consciousness of its own in human terms, and cannot be communicated with. It is a power, like electricity is a power. It switches on and off, it runs through circuits, and constantly seeks the easiest route to expression.

Some imprints can be removed over time with constant work and upkeep until they normalise. This could take anything from a month to a year or more.

But the problem for virtually all exorcists is that home owners want an instant ‘Hollywood’ fix: they are often not prepared to make the changes necessary to rebalance a space that is mediating destruction.

Such changes include fairly simple but difficult things that most people in the house are not willing to do. On the owner’s side, there must be nothing in the house or brought into it that could be triggered by a destructive pulse: anything connected to disease, death, or destruction.



Most importantly the behaviour patterns of the owners must be very balanced—and this is where the exorcist runs up against a brick wall.

Balanced behaviour that does not trigger any destructive or parasitical patterns means no violent movies or media, no violent music—particularly any with destructive or sexual energy in it, no porn, no aggressive computer games, and no violent behaviour. All these things will trigger a destructive pattern trapped in the house and will keep the dangerous energy going.

Such behaviour in a building with a destructive pattern embedded within it will attract all manner of beings to the building whose job is to destroy and break things down. This is when you get aggressive ‘paranormal’ behaviour in a house.

It is for this reason that many tribal communities will reject an area or place where massacre, violent murder, or torture occurred. Successive generations learned through direct experience that trying to clear such a space was futile: it was just easier to move.

To clear such a space would first require cleansing and tuning the space magically. Then a daily upkeep of a tuned, peaceful, and spiritually clean space will, along with some adept work to peel off the deeper and more powerful beings, and the diversion of destructive pulses of power, will slowly restore a semblance of balance.

All this will eventually normalise the space to the point where it can be lived in...if one is careful. It is worth bearing in mind that it would never be easy to live there: such an impact leaves energetic scars and weaknesses.

In the case of the mortuary temple, the real catalyst for change within the building substance would come from Karnak, the temple complex that sits directly opposite and across the river from the mortuary temple.

Karnak is a powerful and still heavily active space with all the inner priesthoods, deities, and creative powers still flowing through it. With the mortuary temple on one side, Karnak on the other, and the river as the fulcrum, there is a wonderful dynamic of scales that can be worked with to trigger rebalance. The work would be done at the creative temple to absorb and transform the destructive power. Once this is done, the mortuary temple could then be cleansed, cleared, and retuned.

Knowing this potential key dynamic can greatly assist an exorcist when presented with a terrible situation: if there are temples or sacred

places nearby that are connected to the problem building in some way, they can be utilised to trigger rebalance. But such a process can be long-winded, as the actions have to be done in slow steps to enable natural regeneration to trigger. If the exorcist does it all quickly, it can be an unstable fix.

And if it is the land itself rather than the building that is causing the problems, then forget it. Only nature can clean herself to that extent in her own time. And that time is a long time. You cannot push back these natural destructive powers with magic; it is like trying to stop a high-speed train with a stick.

To stay in a building or patch of land that has a pulse of destructive power stuck or embedded within it is real folly. The force of destruction will be imprinted within the substance of the land or building, and anything that would be even slightly unbalanced, degenerate, or destructive will activate the current.

This in turn would amplify the destructive imbalance flowing from the behaviour or object, which in turn would attract all manner of beings. This would result not only in strange occurrences in the house, but in illnesses, both physical and mental, in every living thing in the space. The power of destruction itself must be dealt with.

There are also natural spaces on the land that have what I call whirlpools of destruction upon them. This is where the destructive power has not become trapped from a major occurrence, nor is there as a result of a temporary tide, but is in fact natural to that small area. From an inner point of view this appears as a whirlpool of earth, as if the earth is constantly churning. Or sometimes it can appear as a blank space, where there seems to be nothing at all.

These areas were known about, again, by tribal people, and they would stay away from them. But civilisations tend to be clueless about such things, and would dump buildings on top of that space and then wonder why they had problems.

Jerusalem is one of these types of places: it is a space of destruction. Having humans living on it creates a situation where the humans constantly mediate that destruction. To live in such a place will not have as dramatic a presentation as an embedded building, simply because the destruction is natural to that area. But in the long term it will cause a flow of death and destruction to constantly pass through and around the people

and creatures living there. It is no wonder that the three religions that are focussed on that place all have destruction and death as their main practical expression.

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### *Situation two: a person*

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When a very imbalanced person meets with a pulse of destructive force, the result can be pretty spectacular and also very sad. It can happen to varying degrees, and often in subtle ways that go more or less unnoticed other than someone becoming more imbalanced or having a total psychotic breakdown and acting out deadly or violent behaviour. But when you get that rare perfect storm, not only is the destruction spectacular, but it can sometimes change history.

The perfect storm scenario in a person is a complex pattern that often looks something like this:

The person is imbalanced not only mentally and physically, but also in their choices and behaviour. They are often either in positions of real power out in the world (leaders, generals, etc.) or they work within magic effectively but in a very destructive way. They live upon a land area with a destructive pulse, or they become caught up in a tide of destruction.

I have observed this from a distance in some world leaders in history, and also in conflicts and military scenarios. But for a true understanding of how this destructive power dynamic works, you need a close-up, personal observation. This story is about one of those close-up encounters that I observed.

We will call this person Adam to protect his identity, as he is still living. Adam was a magician with a deep interest in everything destructive, Underworld, involving demonic beings, and so forth. He was also heavily imbalanced in that he took a lot of drugs and was very socio-pathic. He used and abused people badly, was quite sadistic at times, and all this was a picture that was consistent through childhood.

If he had not met up with magic, he would have not become a filter for destruction; rather he would have just had a life of mental imbalance and medical care.

He was also naturally very psychic, a natural magician, and a strong visionary. He began to dabble with visionary magic, which is how

his unbalanced filter became visible to the flows of destructive force. Normally, even with ritual magic, the person usually (but not always) stays under the radar and the magic may destabilise them more, but it will not attract the destructive pulse.

Adam began to experiment with deep access visionary work, going down the Abyss, falling into the Abyss, making pacts with destructive beings he perceived as demons, and so forth. This quickly attracted parasites which fed off that behaviour, and which also encouraged destructive and violent behaviour in order to feed more. This began to attract larger beings—which created a tipping point.

Adam also lived in an area with a natural whirlpool of destruction. So far, all this could have been dealt with by making changes to his behaviour and moving house. But the last ingredient came slamming in to create the perfect storm: a pulse of destructive energy swept through the area and while everything around Adam was more or less balanced, he was the big vessel waiting to be filled.

The pulse swept across the land area and did its usual thing: accidents, storms, people dying... the usual destructive cleaning pulse. But Adam, as a destructive vessel, became filled with destruction.

He went from being a problematic character to being a potential killer. He became obsessed with blades, with killing and carving, and started to go on the rampage. Luckily for him and everyone else, he was quickly arrested and sent to a secure mental ward before he could do a great deal of harm. Sometimes that intervention does not come quickly enough, and a mass killing is the result. And that is the mild version.

When such a person also wields real power, we begin to see regular massacres done in the name of a religion or state. Once one person tells a group of humans that bloodlust is okay (often it is perversely justified to others by political or religious rants), then the lowest base element of humanity rises to the surface. Humans let go of their own self-restraint and begin destroying. Some can resist that; many do not.

The recipe for this is a person who is a vessel for destructive power, and a pulse of destructive power flowing over the land. If there is also a whirlpool of destructive force on the land, and the three ingredients come together, then we see events that change history.

This is the reason so many ancient cultures had codes of behaviour which regulated both interpersonal and private, individual behaviour.

Such a code eventually becomes a moral code used in religion, and was/is misused for control. But at its root, the necessity of attempted balance and limitation is the key to stopping such events. The Ancient Egyptians expressed it as living under Ma'at.

To understand this concept better, as it is a major key for exorcists, there is a reading task in the practical section of this lesson. It is a book that clearly outlines the expression of Ma'at in the individual and society. It is not a large tome, and it is not a difficult read, but it is a mandatory one for this course. Do not take everything in the book as being gospel, as it is not written by a magician; rather it is better to ponder the overall tone and expression of the book.

The basics are this: if a person, regardless of mental illness or not, cannot or will not self-limit and attempt self-balance, they become vulnerable. If they do real magic or are in a position of power, then they become high risk. If they live on a destructive area, they are a bomb waiting to go off. If they are caught in the tide of a destructive pulse, they become the bomb that destroys.

This sort of situation can present a very difficult picture for an exorcist to read. Traditional Catholic exorcists would interpret such a person as being possessed by demons, which they are not. No amount of exorcism on such a person will help: in fact, it is far more likely to add to the problem.

There are three basic rules for the exorcist to follow when presented with such a picture, three things to look at and take into account which will tell the exorcist whether or not they are dealing with a perfect storm scenario, a potential destruction vessel, or just something else far more benign like a parasite infection. Here are the rules.

### **Rule one: look at the person**

Check their physical and mental health and then look at their behaviour. Are they lacking in self-control? Do they take a lot of drugs? (Legal or illegal: remember medication can be just as lethal for imbalance.) Do they do a lot of violent things with their minds? (Video games, heavy porn, violent movies.) How are they with others? Do they do magic or not? (This is a major key, as magical use of the imagination is a big flashing light.)

What you are looking to determine is how close they are to physical, mental, emotional, social, and energetic balance. This will give you one

third of the picture. To find this out, you may need to talk to the people around the ‘victim.’

### **Rule two: look at the land/building**

Once the person is checked, then check the building they live in and the land around them. Look for histories of murder, massacre, or violent happenings in the building, odd histories of many weird accidents, or a history of a fast turnover of occupants. Also check the surrounding land area for similar things.

### **Rule three: look at the current world energy weather**

When there is a major crisis with someone like this, look at the world news for the previous four weeks. Also watch the world and local news constantly and daily while you work on the case. You are looking for clusters of destructive events both in humanity and nature. They often peak at full moons, and as I write this (May 2015) we have had two successive full moon pulses of destruction which have brought many earthquakes, volcanic eruptions, mass murders, accidents, and so forth.

Look in the country where the problem is, and also look wider, particularly at vulnerable places like the Ring of Fire. If it is all nice and quiet, it is unlikely that there is a destructive pulse happening. That is when you turn your attention back to the building and person, and look very closely.

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### *The destructive pulse*

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As I said earlier, this is part of the natural world, in which creation and destruction are a constant presence. And the destructive energy finds the weakest vessels and flows through them. An exorcist is called in when that vessel directly affects humans, or the human is the vessel for it.

When it flows through nature, it seeks out weak points that are ready for transformation, destruction, or movement and it flows through them. The weak points in nature are not strictly physical, e.g. fault line, volcano, and so forth; rather they are usually energetic and they in turn express themselves through the physical filter.

For example if there is a build-up of destructive energy around a volatile land feature, it will out itself through that land feature if it cannot find another way to express itself. Sometimes it simply puts energy behind a land feature to trigger it. This becomes a complex dance of the natural land feature doing its thing: plate shifts, volcanoes, and storms are all part of the natural immune system of the planet.

But when a destructive force is building up around one of these features, rather than the feature itself simply 'breathing,' the outing can be quite spectacular in its destruction. Many things come into play in this scenario: planetary influences, lunar and solar influences, deities, and spirits. And these are things the magician can work with.

If the land is simply doing its own thing and a magician nearby works with the powers, they will not be warned to take action to disperse the energy, but simply to get out of its way. But if it is a destructive force building up, and it can be dispersed to some extent by the magician, the deities and spirits will warn the magician and also suggest what to do in order to disperse the destructive energy.

Often the best action is a tiny catalyst rather than heavy magic. It can be as simple as placating a deity, talking to a land feature, or making a particular type of offering; or it can be as complex as starting a sacred shrine or space and keeping it working. The interactions between a creature (in this case a human) and the land; and the stellar, solar, lunar, and destructive/creative forces that flow through the land can be complex indeed, far more so than we realise or are capable of understanding.

In my younger days, when I read about how various cultures tried to placate such powers with offerings and building shrines, I felt they were rather naïve.

But as I have gotten older and travelled more, and been in the path of these powers, I have learned that I was an ignorant fool back then. The subtle inner connections between the powers and the living beings on the planet, us included, are all part of the action, and what we do has an effect one way or another.

And there is no 'one size fits all' approach that works. Having been in earthquakes and in the paths of tornadoes, hurricanes, floods, and droughts; and having also been protected from major accidents and shootings (those were a bit too close for comfort), this is what I have found:

Some disasters you cannot alter, but beings will warn you to get out of the way if you work with them.

Some disasters you can alter, and in such cases you will have warnings and be guided as to what to do by the beings that work with you.

Some disasters are not your business and if you are balanced they will bypass you. If you live in a balanced way and tend the land and energies around you, you will also create a mini oasis in your neighbourhood that the destructive pulse will go round. This is the root of sacred king/queenship, and is also part of the work of the adept.

Some disasters can be positive for you: if so, beings will stick close to you and make sure you survive and learn, and that you understand the power of the destructive energy around you.

Understanding this, and also having some experience of it directly, teaches the magician how these destructive powers feel, how they work, how they build, and how they out in various ways. This in turn gives the magician the knowledge they need before they walk into a serious situation requiring an exorcist. If you have been around destruction and have magically come to recognise its feel, you will immediately spot it when called to a building or person with extreme problems.

There is nothing worse than a 'magician' who has spent their time studying grimoires and reading lots of books getting called out to a dangerous or serious situation. They will have no understanding of the powers at work, no clue how to communicate with them, and no understanding of whether it is a true destructive situation or one that just needs a clean and tidy. This in turn leaves the magician wide open to attack from the destructive beings that flow with these powers...or the magician becomes the vessel itself.

Look on the role of an exorcist as similar to that of a heart surgeon. You do not start operating after a year or two of theory. You really need to understand everything that is going on, why it is going on, and how to handle it without killing anyone. That takes deep understanding, time, and experience.

I hope by now you are beginning to understand that exorcism work, which is part and parcel of being a magician, is complex, wonderful, and potentially dangerous.



Having said that, the majority of people who call for an exorcist do not need one; rather they need a good slap. I have had to really hold back my temper in some situations, and you must also learn that if the situation does not need an exorcist then it is not your job, whatever the problem is.

I was once dragged out of bed in the middle of the night by a frantic phone call. Apparently a teenager was possessed and it was a serious situation. When I got there in the dead of night, it was a simple matter of an uptight parent and a disgruntled teenager letting their tempers fly. That is not an exorcist's business. You cannot change such a situation: it is a matter for family counselling and common sense, something which seemed to be sadly lacking in that situation.

Do not fall into the trap of feeling you have to fix everything. If it needs a magician, get to work. If not, walk away. Those situations are about people wanting to divest themselves of responsibility, and nothing much more than that.

I told those two to grow the fuck up, and left. I had to be at work two hours later.

Before we move on, let's look at the warning signs for the various destructive pulses that a magician would expect to experience in a build-up to destruction. That way, you will learn to recognise the way your own warning system works.

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### *The symptoms and warnings of an active destructive power*

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There are two sets of very prominent signals that present to a magician to warn them that something destructive is coming. They either affect the magician themselves, or the signals come from nature, or both. The first step is to learn the *warning signals*, and the second is to learn the *working signals*.

Once you know them and have some direct experience of them, you will recognise them in any situation that you may be called to as an exorcist. Learning to recognise these signals prepares the exorcist either to protect themselves and their surroundings, or gives them some prior understanding of a job they are being called to.

There is also a deep element to this dynamic where the magician is pulled in sleep or triggered to do a magical act or vision that assists a destructive pulse far away from them. This is a case of the magician being pulled into inner service. As an adept you are very likely to experience all these different dynamics during your working life as a magician.

We will start with the warnings that happen directly to the magician, and work out from there.

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### *Personal warnings*

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Personal warnings can come for a variety of reasons and in a variety of ways. They are too numerous to list them all here, so we will look at the ones that are most obvious and easiest to spot.

The first warning is a drag on one's energy. Of course many things could cause this, but an energy drag that is magically related to destruction has a very specific feel to it.

We have talked about personal energy tides before. When a magical act is triggered into motion, the magician's energy often goes out like a tide as the action's inner structure is created before the actual physical event: it happens first energetically before it manifests physically. The same is true of a destructive pulse or wave. If it is something that will directly affect the magician, the magician suffers a sudden loss of energy and a re-emergence of old injuries. Magical contacts suddenly get very busy or loud in their communications, and there is a general feeling of something lurking over the horizon.

When this set of symptoms appears, the magician is likely to have their energy wrapped up in the destruction itself and so must take action. Often the necessary action is only making small changes: if you are balanced in how you live and work, you will be fine, but you will still feel the impact of the pulse.

Sometimes it is simply a matter of knowing what is coming and taking the appropriate actions such as having particular deity candles lit, giving alcohol to destroying goddesses to settle them,<sup>3</sup> and using constant chant in the house to keep its frequency at the right, safe level of *high* or *low*.<sup>4</sup>

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<sup>3</sup>Read the story of Hathor/Sekhmet.

<sup>4</sup>Remember to your apprentice training.

You will know pretty quickly if you have the right level of chant or not, as the symptoms will either get worse (wrong level) or better (right level).

If there is anything connected to death or destruction in the house<sup>5</sup> then you need to get it as far away from the house as you can. I was once drying turkey feet outside the house (don't ask...) and hanging twenty-two pairs of dead turkey feet was a bullseye target for a destructive pulse. I was warned immediately to remove them and bury them. The pulse came in six hours later and went around the house (pew).

When such a pulse is flowing across the land, any magical work should be put on hold<sup>6</sup> until the flow has passed. Otherwise you may well put a very bright light over you that will act as an excellent target.

Sometimes in such circumstances the magician will feel an overwhelming need to sleep. This can come on even if you have only been up for a couple of hours in the morning: you will not be able to keep your eyes open. When this happens, go to sleep, even if you have to call in sick at work.

What is happening is that your deeper spirit is working somewhere around the world to facilitate something. Often you will either have very strange, disturbed dreams, or you will remember nothing at all. When a major disaster pulse spreads across the world, magicians who work in service in vision are pulled in to work. You will be helping someone in the path of the destruction who needs to survive, or you will be ferrying the dead, protecting an area, and so forth.

This happens to me a lot, and I cannot stop the urge to sleep: I just switch off. It does not happen at every major disaster or destructive pulse: you are pulled in only when you are needed and you are not always needed.

For example there was a tsunami in Thailand with a terrible death toll that did not affect me at all. I was not called. But the earthquakes that devastated Nepal<sup>7</sup> put me on my back for days. It started the day before the first big earthquake: I just could not stay awake. When I did wake up, I felt like I had been carrying boulders uphill for days. I have no idea what I was doing, only that I was doing something magical.

You can also be affected in exactly the opposite way. You will suddenly feel young, full of energy, and have strong urges to light the lights and open the gates. The contacts will immediately appear and

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<sup>5</sup>Apart from a destroying deity that you work with in a balanced way.

<sup>6</sup>Unless the contacts specifically want you to work more.

<sup>7</sup>In 2015.

put you to work. When this happens, and it is very strong, it is because you will be working to facilitate the destruction as a magician in service. Sometimes great destruction is needed, and working with it is part and parcel of service. Again, you will have little idea about what you are doing: you will be given a job by the contacts and left to get on with it. You are unlikely to see what exactly you are doing, but in retrospect you will understand it.

This adrenal energy response can also happen if you are standing directly in destruction's path and you need to nudge it round you and the surrounding people and land. Again, you will be filled with energy, but you will also feel a sense of great danger without knowing what that danger is.

Once more, you must open all the gates, keep a low chant sound around the house, and sit in stillness. The protective beings around you will guide you as to what to do, if anything. Usually it is maintaining stillness and balance in meditation as something goes around you.

I have had to do this when I was directly in the path of a crop of tornadoes. I did not know it at the time; the adrenal feeling came quickly upon me and I was told to use low frequency chant in the house, to light the lights, open the gates, and sit in stillness.

The tornadoes that were heading directly for our street veered off and hit the neighbouring streets. It was not that I chose to move them—I did not know I was in their line of fire; rather the land beings and deities took control and worked with me.

Less dramatic pulses can come along and act opportunistically, seeking the weakest vessels to flow into—a bit like the combination of bad weather and a leaky roof. These less dramatic tides<sup>8</sup> often change how nature reacts around things.

These signs are very well known to tribal people around the world and they observe them and react accordingly. This is a skill we have more or less lost in the West, though when I was growing up in Yorkshire, England there was a local man who had retained this skill that had been passed down the generations. He was called Mr Foggitt, and he was spot on every time.

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<sup>8</sup>Though this can also happen with major tides.

He worked with the land to predict the weather and was so remarkably accurate—often a year ahead at a time—that he became a local hero on television. He would watch and listen to the trees, the birds, the plants, and the creatures, and he could tell when severe weather was coming. He would warn the local farmers who would act accordingly. He was not a magician and he had nothing to do with magic; yet he was a natural magician and a guardian of the land.

He famously called the local weather station news to tell them a hurricane was coming. We do not get hurricanes in the UK, but the day after his call a terrible wind came and devastated the country. Many communities were badly damaged and people died. Interestingly, many old, sick, and very young people were also taken out—not by the storm, but by the power of destruction it brought in its wake. It was a tide of death and destruction that swept across the land.

When I lived in Montana I noticed that the nature signals were particularly strong there, simply because the place had been inhabited by humans for less than two centuries and so was still feral. When I came back to Britain, though it is tamer here, I saw that those same signs, give or take little changes, were more or less identical.

When a destruction or death pulse is building up, crows and rooks start to gather in the village. Owls are also attracted to this power. In March of this year,<sup>9</sup> a time of a massive destructive build-up, crows, rooks, and a couple of ravens took up residence in my garden. These birds will focus where they know there is a magical stream of energy. An unusual mass appearance of them essentially foretells a death pulse building up. This was the signal for me to up the frequency of my house. The power flowed around us and we were left untouched.

Corvids seem attracted to destruction and/or death; owls seem to be attracted to change and/or death. When owls gather and sing a lot, night after night, there is a major change coming. The key is to watch for changes in their behaviour. These changes tell the exorcist what sort of power is gathering around a space or community.

Learning this first hand in your own life teaches you the voice of the land, which you can then fold into your observations if you are called to a major disturbance in a person or place.

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<sup>9</sup>In 2015.

Watch the local birds: note where they gather, what type of birds they are, what they are doing, and how they are acting. These are also questions to ask the victims you have been called out to, though for the most part people are blind to what is happening in nature around them.

Nature itself reacts to these pulses of power, and the exorcist can learn a great deal simply by learning to watch. But because we have lost so much knowledge of nature's voice, you will have to learn to watch your own area very carefully. Note down any strange changes in animal or bird behaviour, keep track of those changes, and compare them with what happens in your area over the next couple of weeks.

An experienced exorcist looks at everything around a difficult situation. If it is a problem with a building, what grows around it and what doesn't? What do the birds do? How do the animals act?

The other nature sign that can give us a heads up of potential issues is a solar flare. This is a nature sign of modern proportions, as we can simply look up the solar weather on the internet. Not all solar storms and flares trigger a pulse, but some do, and they are often timed in with other signs.

What I have found so far is if a solar coronal mass ejection is going to affect a tide of destruction, it will knock me out energetically and I will feel like a slug.<sup>10</sup>

During the crazy March we have just had, the sun was also very busy spitting out massive pulses of plasma in perfect timing with all the other stuff that was happening.

There is nothing you can do about solar flares other than to take note of them if you are currently working on a major project or you are called out to a major meltdown.

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### *The larger picture of destruction*

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One of the hardest things for a magician working as an exorcist is to get over the idea of 'God's wrath.' These pulses are normal and part of the natural order of things. However if we build rickety houses in an earthquake or tornado area, or we get overpopulated in a dense area

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<sup>10</sup>Caused by the vital force stretching out in response to something.

with poor healthcare, many people are going to die. Not because “God is angry,” but because humans are stupid.

Of course there is a level of spiritual understanding that gets lost in the fervour of imbalanced religion: it will be said that God is angry and therefore he brings destruction. But the deeper understanding behind this is one that is vital for an exorcist to understand, intelligently, and without dogma.

Let us use Nepal as an example. It sits on unstable land and is a relatively youthful mountain range which is also connected to the Ring of Fire which created it. It is also a very active magical landscape, teeming with beings and land spirits.

To live there, people developed a spiritual practice that connected with the spirits and deities to commune with them, listen to them, and placate them when necessary. They lived with a spiritual code similar to Ma’at, and kept up a constant dance of trying to overcome the basic stupidity and greed of humanity and instead move towards balance.

In modern times money has poured into this area. Houses are thrown up haphazardly and people are swiftly moving away from constant communion with the land in favour of YouTube, the internet, and the ability to make money off of hapless tourists. Many have also fallen away from the ritual practices or enact them for fun only.

This makes for a combination of angry local spirits, deities disinterested in helping the population, and lots of bad buildings where the local traditions in building practice—both practical and spiritual—have been ignored. This is usually down to poverty, which has been caused by imbalance: some people wanting to get rich on the back of the poor, which is a worldwide problem these days. It is a disaster waiting to happen.

If the area was balanced, the deities would have warned the people and helped disperse the power locally, and the buildings would have been built to withstand it.

The day before the first major earthquake, in what became a series of hits, a major ritual was being enacted for the gods. Nepal has a tradition of living Kumaris, or goddesses. They act in a way similar to the Egyptian kings in that they become the fulcrum for power and balance in an area. The chosen young girl stays in a state of ritual balance until she begins her first menstruation, after which she is considered a normal human.

One of the ruling Kumaris witnessed the ritual and was appalled at how badly it had been done and how signs had been ignored. (A snake crossed in front of the ritual chariot: it should have been appeased, and was not. The snake was offering a ritual warning, which was ignored.) She said:

“People have to stop being foolish and start concentrating on what matters most. We have to remember.”

Remarkably, during the initial earthquake, the famous eighteenth century Kumari Chen, residence of Kathmandu’s living goddess in the capital’s Durbar Square, lost not so much as a roof tile, though several giant temples crashed to the ground just yards from its front door. It is also interesting to note that the houses of the Kumaris were left untouched by the earthquake. They are ritually constructed houses in which the deities are constantly attended to.<sup>11</sup>

The moral of the story is to work with the local beings, listen to them, respect them, and live in as balanced a way as you can. When the power of destruction flows through the land, the spirits and deities will warn those who listen and work with them, and the larger deities will help divert some of the power around the people.

This is the basis for living and working on sacred land: essentially land that holds a greater amount of inner power and which therefore can attract or repel creative and destructive power much more effectively than other areas. Such areas can become an oasis—or a black spot—for death and destruction.

This dynamic is something that exorcists must fully understand, not only for themselves but also for the people who live on those areas of land. A large percentage of truly difficult situations often boil down to a lack of balance upon such a place.

Today many anthropologists view this sort of behaviour as quaint, and as a way for primitive people to explain destruction. After having directly experienced these phenomena more than once, I can say that this is not true: there is real wisdom in learning to work with the constant, living, breathing land and all the spirits who inhabit it. When the deities and land powers become angry or ignored, humanity suffers.

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<sup>11</sup>This story was reported by Isabella Tree of *National Geographic*, and can be read in full at the National Geographic website.



It is also important at this point to note that the deities, though they present to us in humanised forms, are not human-centric; rather they are the powers of the land itself. When you work with a deity you are working with a power of the land and the planet. The deity/human interaction is there as an *interface* to let us talk directly to the powers that work all around us. This is really important for any exorcist to understand, as major disruptions in buildings, the land, or people never happen in isolation: there is always a bigger picture behind the presenting disaster/haunting/possession.

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### *About the practical work*

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The practical work for this lesson consists of reading and research. Again it is necessary for you to gain a full understanding of how destruction both presents itself and how different cultures deal with it before you plunge into a practical situation that could potentially destroy you, or at least affect you.

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### *Task: Reading*

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Get and read *Maat Revealed: Philosophy of Justice in Ancient Egypt* by Anna Mancini (Buenos Books America).

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### *Task: Research*

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Look up and read about the tradition of Kumaris in Nepal. It can seem terribly unfair to the little girls involved, but research carefully without judgement, and find wherever you can the communications of these Kumaris.

Then compare the dynamic you discover with that of the king in Ancient Egypt. Whereas the king was mystically responsible for the whole country over his lifetime, the Kumaris tend to a small area, often a village or town, and only until they begin to menstruate. Look up the goddess they are connected with and her role. Find out as much as you

can, and read what you find from a magician's angle: know what you are looking at.

Often reports of the Kumaris come from anthropologists or publications like *National Geographic*, who approach it either from the aspect of the perceived mistreatment of a child or as a medieval holdover. It is far more than that. And remember, our job is to learn, not to judge another culture from our own standpoint.

Also look into the nature of the dominant religion in Nepal, and how its adherents approach things like sickness, possession, and disaster: you will find it very interesting, but you will have to really look hard to find sensible reports or articles. Stay clear of New Age publications and websites, and try to find articles or writings that simply express observations. When there is an agenda at work, as in the case in some New Age publications, facts are often distorted to make them fit. So use your common sense.

If you find this research very interesting, then look further into other cultures, particularly ones with shamanic or tribal elements, and see how this dynamic is approached in different countries.

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