



QUAREIA—THE INITIATE
Module VIII—Magical Healing
Lesson 1: Introduction

BY JOSEPHINE MCCARTHY

WELCOME

Welcome to this lesson of the Quareia curriculum.

The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.

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So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Yours,

Josephine McCarthy



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Module VIII—Magical Healing

Lesson 1: Introduction

Profess nothing other than to heal the sick, and that freely.
—The first Rosicrucian rule

Study books

For this module you will need some study books. Some you will be able to download from the internet and others you will need to buy. If you cannot afford, or gain access to, my book on the subject matter, then contact the Quareia team through the website and we will get a copy to you. We are very aware that there are some people accessing this course from places around the world where book access or income may be severely limited. In such cases we utilise donations made to Quareia to ensure that a student has what they need to study. To prevent abuse of this system, if you are not known to us through mentoring or previous correspondence then we will first put you through an assessment to ensure that you are, in fact, at this stage of initiate training.

You will need the following:

- A good *Materia Medica* and homeopathic repertory (there are free versions online). The best one for magicians is the *Lotus Materia Medica* by Robin Murphy but it can be expensive and difficult to find. Used copies at reasonable prices occasionally appear on Ebay.
- A human biology or anatomy book (or website) that outlines the organs, nervous system, and endocrine system (also available for free online)
- *Magical Healing* by Josephine McCarthy. Read this book before starting the module.

In my book *Magical Healing* I outlined different methods that can be used to heal magical impacts and injuries to the magician themselves. In this module we will look at magical healing methods that can be used by magicians to heal others, both human and animal, as an act of service. The lessons build on the information outlined in *Magical Healing*.

Every adept needs a basic skill of healing, as it is one of the realms of magic that crop up quite a bit for a magician. This module outlines the basic methods and approaches that a magician can use when necessary. Some of you may wish to specialise as an adept magical healer: this module, along with the rest of your training, should get you started down that lifelong road of study and service.

The work in this module is not a substitute for allopathic medicine, and nor should it be. Healing should never be a choice between modern medicine and magical medicine; they both have their places and uses, and often in dangerous situations many different approaches to healing can and should be applied. While regular medicine, surgery, herbs, and so forth deal with one layer of healing, magical healing is applied to a person's deeper, underlying layer so that their body can get the most out of the medicines, surgeries, and herbs that will facilitate recovery. The magician heals the person's inner pattern.

In this module we will look at the different situations that may warrant magical healing, and with what techniques a magician should approach them. We will also look at, and practise, the techniques themselves.

In this introduction we will look at some of the issues surrounding the topic of healing. This is very necessary for many cultures, as for many people modern medicine is seen as a 'quick fix,' and this obviates any personal responsibility on the part of whoever is in need of healing. When we get sick or injured we want a simple pill that will put us back

on our feet immediately. People often do not wish to take responsibility for their own healing: true healing requires the combined effort of the healer and the person who needs it.

If you do work as a magical healer, or use the methods as part of your magical service, you will often come up against a series of issues with the sick person that undermine their overall healing. Sometimes this is unavoidable and it is necessary to make hard choices: if the person will not stop the behaviour that has facilitated their illness, then you have to walk away.

In all magic, personal responsibility is a major component. Looking at these issues now will help you make more informed choices, which is really important for your own health. If you pour all your energy into someone who is causing their own illness and is unwilling to change, then you will eventually be weakened and damaged yourself.

So let's look at some of the issues surrounding magical healing to prepare the ground for the rest of this module. Make sure you either have the relevant reference books, or that you have access to them in some form.

Healing process

The main issue that crops up with magical healing is poor understanding of the healing process itself. When a body is sick or injured it has a remarkable capacity for self-healing given the right conditions. The body often knows far better how to heal itself than any healer. However as we get older and surround/fill our bodies with more and more poison, our body's natural healing capacity is undermined and can eventually be shut down.

Some problems just need time, nutrition, fresh air, sunlight, and sleep. Most people are not willing to give the body time to heal, or they have a job that will not allow for this. That is when they reach out to healers, herbalists, and so forth. But keep in mind the body's natural capacity for healing, as it will help you make better judgements about what to do.

The body is very finely tuned and amazingly constructed around the power of the fulcrum: the body has 'set points' of balance in its chemical processes and rarely strays beyond them if it has everything it needs, even if it is sick. The major issue for healers used to be malnutrition, but now

more often than not it is a matter of *too much* substance and the wrong sort.

This is where the patient's choices become majorly important: if they refuse to stop drinking ten cans of sugary soda a day along with heavily sugared food and snacks, then their body will not heal no matter what you do. It becomes a dance of the medicines to counteract the sugar, then also to treat whatever condition they are suffering from. In such situations, as a magical healer, you have to walk away: there is nothing you can do. We will look at this issue as it comes up in the module. You always need to know when to walk away from a job that you cannot be of any real help with.

As far as magical healing goes, the process starts with the weave. If the weave itself is damaged then it must be repaired before anything else can be done. After the weave comes the person's inner landscape, then the flows of energy in the body, the organ spirits, and the balance of the inner reflection of the endocrine system, then the removal of any clingers or parasites, and finally the repair and reset of the system. The inner weave is like the inner echo of the DNA, and one affects the other energetically.

The other thing to think about is what is normal for a body. Some people have inherited diseases or conditions that cause problems; then it is less a matter of healing and repair than teaching the person how to live with their condition as their norm in an energetic and psychological sense.

For the most part, though, the *role* of magical healer tends to crop up under fairly specific situations for a magician; ongoing healing and care is more the remit of a healer than a magician. Emergencies, magical impacts, and invasions/violations tend to be the areas of work for magical healers, both in humans and animals. For chronic conditions it is better that the sufferer goes to a skilled healer; these are not really in the orbit of a magician's job.

So let us quickly look at the issues pertinent to a magician faced with a person who needs magical healing.

Religious beliefs

Not many magicians think about this when they offer help, but it can have bearing on how the person responds. If the person is not partic-

ularly religious, then there should be no problem. If they are strongly religious yet still willing to accept help from a magician, then you will have to work around, and to an extent *with*, that religion. This is why it is helpful to have a good understanding of the different Mysteries behind the various world religions and not hold any animosity towards any of them.

You may need to work magically in vision with contacts pertinent to the person's religion or with religious texts. At the least you should be aware of the structure of their religion so that your methods do not cause friction with that religious pattern. For each problem a magician faces, there are usually a series of different approaches that can be taken: the skill is knowing which approach to apply and under what conditions.

For example if you need inner help with someone who is in a coma, and you reach into the inner worlds for that help, then dress any imagery *in your own mind* in a way that would make the contact appear compatible with the victim's religion. Sometimes contacts will do this anyway, but the cue for such presentations can be given by the magician. Just remember this should the issue arise, and tread carefully and respectfully.

Poverty

Poverty can be an issue when you are helping someone. If they need a lot of rest but they are living pay check to pay check, then total rest is out of the question. You will have to think of another approach. If the victim is also a magician and they work in a contacted way, then once you start helping, the inner contacts often deal with the poverty issue themselves to give the person breathing room. But this does not always happen.

When you are deciding what approach to take with the problem, keep in mind that the person will have to keep functioning in the outside world as best they can. Often mild malnutrition goes along with Western poverty (as opposed to absolute poverty); this too can have a bearing on their recovery, and also on your approach. You may need to help them make the best of what they can afford, or even buy food or vitamins for them while they recover. Most people in general do not understand what they really need and what they do not need in terms of nutrition for health.

If they need particular objects in the house then they will likely not be able to buy them and you will have to make them for the person or gift

them. Magically, once you commit to helping someone, you are expected from an inner perspective to do a proper job unless the victim themselves refuses to help themselves where they clearly can. “Doing a proper job” involves not only working on them, but also ensuring that they have what they need in order to heal.

Magician issues

Some of the issues that can come up and interfere with magical healing comes from the magician themselves. Knowing your own limitations is of paramount importance: if you do not know your own physical and inner limitations then you can inadvertently overstretch yourself to the point of inner injury.

Usually when a job is sent your way, you are capable of dealing with it. The key is to find the right approach not only for the person, but for yourself at that time. If, for example, you are approached urgently for help and you happen to be ill yourself at that time, then doing heavy inner work will magnify your illness all out of proportion and you could get very sick indeed. If there is no one else who can help them, then fall back on more externalised methods, and consider giving them visionary methods they can do for themselves.

I have worked with hypnotists before when I have not been able to work in vision but someone needs help. I outlined the inner work that needed doing (organ spirit work), and the hypnotist led the session and guided the sick person in the inner work. A good side product of that is that the patient then knows how to do it themselves.

And this brings up another issue. If you can teach someone to help themselves, do so rather than doing the work for them. Whenever you can empower someone to take control of their own healing, do so. This also stops any possible parasitical clinging behaviour on the part of the patient, and ego or messiah trips on the part of the magician.

Don't look for work, and don't be guilt-tripped into work. If your gut says no, go with that. A lot of people seek help not because they actually need it but because they love drama and want attention, or they want looking after. Those cases need a psychologist, not a magician.

If you are called to a hospital to work on someone, be discreet, don't discuss what you are doing, and use methods with no visible outer

actions. Always have permission from the patient or their next of kin, and never—ever—march into a hospital to work on someone without it: you can end up setting yourself up for all sorts of problems, not only legal, but magical.

Once you have read *Magical Healing* you will have a much better idea of what is entailed in this work, what some of the issues are, and how to approach them.¹ Get it, read it, then move on to Lesson 2.

Task: Researching the endocrine system

Look in a reference book at the endocrine system. Make sure you have a clear idea of where everything is. Then look in *Magical Knowledge* at the endocrine system reading layout: it shows the glands most pertinent to magical work and teaches you how to look at their functions and condition.

The endocrine system is complex in how it operates, but it does have a direct bearing on a lot of magical work, as it often filters and processes inner power from magic.

Using this layout do a reading for your own endocrine system—and learn when doing health readings not to panic when you see something not quite right: the body goes through many ups and downs in a regular day, most of which goes unnoticed by you, but they will show in a reading. Just note down the reading in your journal. The question you should ask is:

“Show me the health of my endocrine system in general now and over the next month.”

This will give you an overview.

The one thing you should react to, if it appears in this exercise, is if the pancreas is showing problems. Such problems which are not showing outer symptoms are most likely driven by diet. If your pancreas is unhappy, cut the sugar and be nice to your digestive system.

Do a few readings on different people (just pick random names of people you do not know, like media figures) so that you can get an overall

¹And I do not have to retype a whole book out for your again.

idea of how everyday systems look in readings. Use whatever deck you are comfortable with—and if you use the Quareia deck, convert the magical expressions to bodily ones. For example Magical Attack would become Infection (an attack), Male Warrior would become inflammation, and so forth. Look at the pictures and also the background information on the cards to make health assignments for them.

Task: Other body research

Make sure you know where all the organs are. I am amazed at the number of people who do not know where their organs are, or even what they are called or what they do. Learn about your own body! It is a bit silly to know about inner temples and not know where your spleen is or what it does. *Know yourself* in the physical sense. Also look at the brain and spinal cord, and the cranial nerves. These are often what gets hit by a magical impact, and this can manifest as physical issues such as inflammation or malfunction.

There are tons of pictures on the net and in books that show you where everything is. You do not need to know any in-depth medical knowledge, but knowing an organ's basic function will be very useful to you as a magician for all sorts of reasons.

Once you have the references you need so that you can dip in and out of them, and you have read *Magical Healing*, get started on the lessons. For a lot of the practical work you will work on yourself, or on pets or family members, to give you a chance to learn the techniques practically. Theory is helpful, but practical application is the key to learning.

QUAREIA

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