
Contents

I Core Initiate Skills	21
1 Initiate Level Tarot	23
1.1 Abridged Inner Landscape Layout	23
1.2 The mystical keys and deeper patterns	26
1.3 <i>Task:</i> Learning the layout	28
1.4 <i>Task:</i> Tarot investigation	28
1.5 <i>Task:</i> Supplemental readings	30
2 Initiate level meditation skills	31
2.1 <i>Task:</i> Walking meditation	32
2.2 <i>Task:</i> Talking meditation	33
2.3 <i>Task:</i> Organ meditation	34
3 Astrology	36
3.1 Practical Work	37
3.2 <i>Task:</i> Natal chart	40
3.3 <i>Task:</i> Event chart	40
3.4 <i>Task:</i> Combining the charts	40
3.5 <i>Task:</i> Pentagram chart	40
3.6 <i>Task:</i> Tarot	41
3.7 <i>Task:</i> Vision	41
3.8 <i>Task:</i> Your transits	42
4 Using Mythic Constructs	43
4.1 Background	43
4.2 About the practical work	44
4.3 Branwen, Daughter of Llŷr	45
4.4 How to work the myths	56
4.5 The keys of Bran and Branwynn	56
4.6 Extracting from the myth	57
4.7 Don't graft myths	59
4.8 <i>Task:</i> Researching your local area	59
4.9 <i>Task:</i> Myth and your bloodline	60
4.10 <i>Task:</i> Analysing a myth	60
5 Identifying Ritual Patterns	61
5.1 Directions	61
5.2 The circle	61
5.3 Southeast	62
5.4 Southwest	62
5.5 Northwest	63
5.6 Northeast	63
5.7 Uses	63
5.8 <i>Task:</i> Analysing patterns	65
5.9 <i>Task:</i> Looking at magical seals	68

6 Geography, Geology, and Culture	69
6.1 Looking at the land and the people in the exploration of magical roots	69
6.2 Peeling the onion	70
6.3 <i>Task:</i> Investigating the magic of two cultures	71
6.4 <i>Task:</i> Observing one of the cultures in vision	73
7 Energy Management	75
7.1 Inner energies	75
7.2 Hard work	76
7.3 Time-drag	76
7.4 Sleep working	77
7.5 Vampires	78
7.6 Managing your resources	79
7.7 Refuelling	81
7.8 <i>Task:</i> Tarot	82
7.9 Position meanings	83
7.10 <i>Task:</i> Public figure readings	84
7.11 Protection	84
7.12 Vision for regeneration	85
7.13 Acupressure points and tapping	86
7.14 Acupuncture points to use	87
7.15 Points for Qi deficiency	87
7.16 Summary	87
8 Vessels and Windows	89
8.1 Non-magical objects	89
8.2 Museum copies	91
8.3 Deity statues and images	92
8.4 Windows in nature	94
8.5 Pictures and power	94
8.6 Books and influence	95
8.7 <i>Task:</i> Creating a vessel	97
8.8 <i>Task:</i> Creating a window	98
8.9 <i>Task:</i> Filling a vessel and pinning	99
8.10 <i>Task:</i> Tarot work	100
8.11 Summary	101

II Exorcism I: The Basics	103
1 Assessing	105
1.1 Introduction	105
1.2 Assessments	105
1.3 Mental illness	105
1.4 Presentation I	106
1.5 Presentation II	107
1.6 Presentation III	108
1.7 Natural psychic	109
1.8 A minor hostile being	110
1.9 Ghost clinger	112
1.10 Bound or cursed	113
1.11 Inner contact invasion	116
1.12 Summary	118

2 Building Examination	119
2.1 Land issues	121
2.2 Fault lines and earthquakes	121
2.3 Caves, springs, and mining	123
2.4 Burials and ritual centres	124
2.5 Areas of massacre	125
2.6 Objects	128
2.7 True hauntings of a building	130
2.8 About the practical work	131
2.9 <i>Task:</i> Research	132
2.10 <i>Task:</i> Research II	132
2.11 <i>Task:</i> Readings	133
2.12 <i>Optional task:</i> Remote Viewing	134
3 Powers	135
3.1 Powers	135
3.2 Situation one: a place	136
3.3 Situation two: a person	138
3.4 The destructive pulse	140
3.5 The symptoms and warnings of an active destructive power	142
3.6 Personal warnings	142
3.7 The larger picture of destruction	144
3.8 About the practical work	145
3.9 <i>Task:</i> Reading	145
3.10 <i>Task:</i> Research	146
4 Tools and Elemental Magic	147
4.1 Buildings	147
4.2 Trapping and catching	147
4.3 Absorbing and tuning	149
4.4 Reflecting and discouraging	150
4.5 Tuning and protecting	151
4.6 Gifting and cohabitation	152
4.7 Building summary	153
4.8 People	154
4.9 Initial action tools	154
4.10 Stole	154
4.11 Magical cloth shield	155
4.12 Talismans	155
4.13 Use of the magician's cord	155
4.14 <i>Task:</i> Making an exorcist's cloth shield	156
4.15 <i>Task:</i> Making a stole	157
4.16 <i>Task:</i> Prep for making talismans	157
4.17 <i>Task:</i> Making spirit traps	158
4.18 <i>Task:</i> Making empowered icons, statues, and texts	159
4.19 <i>Task:</i> Making watchers and guards	159
4.20 Things to have in your kit	160
5 Basic Exorcism	161
5.1 The steps of the exorcist	161
5.2 Initial assessment	162
5.3 Placing the layers	163

5.4	Bridging	164
5.5	Land/Faery beings	165
5.6	Female water spirits	165
5.7	Ghosts	166
5.8	Diagnosis reading	166
5.9	<i>Task:</i> Practice	167
5.10	Summary	167
6	Parasites and Clingers: Removals I	168
6.1	Removal Techniques	169
6.2	Herbs	170
6.3	Clingers	171
6.4	<i>Task:</i> Rewriting the anchor ritual to use on another person	172
7	Specific Issues with Children	173
7.1	Young children around magic and beings	173
7.2	Active imaginations	174
7.3	High energy	175
7.4	Past life memories	176
7.5	Teens	177
7.6	Electronic worlds/imagination/brain rewiring	177
7.7	<i>Task:</i> The stages of a child's development	179
7.8	<i>Task:</i> Pornography, violence, and brain changes	179
8	Specific Issues with the Elderly	180
8.1	Lowered immune system	180
8.2	Problem parasites	181
8.3	Dementia	182
8.4	Fixed mentality or negative emotions	183
8.5	<i>Task:</i> Clean up your brain	184
8.6	<i>Task:</i> Research	185
8.7	Module Summary	185
III	Power Dynamics of Creation Part II	187
1	The Deeper Power of Restriction	189
1.1	Introduction to Module III	189
1.2	The Power of Restriction	189
1.3	Binding	191
1.4	Triggering overgrowth and limiting growth	191
1.5	Strength	192
1.6	Vessels and Restriction	193
1.7	About the practical work	193
1.8	<i>Task:</i> The ritual expression of human balance	194
1.9	What happened?	196
2	The Light Bearer	197
2.1	The Light Bearer	197
2.2	The Inner Temples and Library	198
2.3	Magical application	198
2.4	The need for limitation	199
2.5	Magical construction	199

2.6	On the practical work	200
2.7	<i>Task:</i> Vision of Temple Construction	201
2.8	<i>Task:</i> Research	202
2.9	<i>Task:</i> More research	202
3	Perfect Balance	203
3.1	The thresholds	203
3.2	Finding magical balance	205
3.3	Balance in working magical practice	206
3.4	<i>Task:</i> Revisit the vision of balance	207
3.5	<i>Task:</i> Associated Research	208
3.6	<i>Task:</i> Threshold practice	208
3.7	<i>Task:</i> Physical balance exercise	209
3.8	<i>Task:</i> Researching Ardhanarishvara	211
3.9	<i>Task:</i> Researching Hexagram use in India	211
4	The Weave	212
4.1	Weaving in ritual	214
4.2	Weaving in vision	214
4.3	Some of the Goddess of fate/weaving	216
4.4	<i>Task:</i> Research	219
4.5	<i>Task:</i> Think about the Metatron Cube	220
5	The Breath	221
5.1	The Breath of Life	221
5.2	Breath and creative power	223
5.3	The breath and Utterance as a catalyst	224
5.4	The magical use of breath	224
5.5	Blowing	225
5.6	The magical use of Utterance	226
5.7	Creating patterns through voice	226
5.8	Instructing through words	227
5.9	Reading ancient texts out loud	229
5.10	Use of voice to instruct the elements	230
5.11	<i>Task:</i> Uttering	231
5.12	<i>Task:</i> Mediating the breath	232
5.13	<i>Task:</i> Documenting your work	233
5.14	The Cosmology of Neith	233
6	Observing the Inner Desert	237
6.1	The Inner Desert	237
6.2	Learning from observing	238
6.3	<i>Task:</i> The vision of observance—the Inner Desert	239
7	Ritual Dynamics	242
7.1	<i>Task:</i> Weaving	242
7.2	<i>Task:</i> Containing	244
7.3	<i>Task:</i> The Child of Light	246
8	The Ritual of the Fulcrum	249
8.1	<i>Task:</i> The Ritual of the Fulcrum	249
8.2	<i>Task:</i> Learning to feel out your pattern	252
8.3	<i>Task:</i> Bedding in the Fulcrum ritual	253

IV	Birth, Death, and the Underworld Part II	255
1	The Vision of Death	257
1.1	The Death Vision in detail	258
1.2	The Death Vision	261
1.3	<i>Task:</i> Research	262
2	Breaking the Web	263
2.1	The pattern within the pattern within the pattern	263
2.2	Layers of the pattern	264
2.3	Recognising the pattern	264
2.4	The angel and the orb	265
2.5	<i>Task:</i> Vision to tidy up your pattern	266
2.6	<i>Task:</i> Vision to observe an orb's removal	267
2.7	<i>Task:</i> Exteriorising the learning	268
2.8	<i>Task:</i> Observing patterns in nature	268
2.9	<i>Task:</i> Construct a ritual pattern	268
2.10	Summary	269
3	Dynamics of Death and Destruction	270
3.1	Ritual and visionary dynamics	270
3.2	Destructive renewal	272
3.3	The deeper inner dynamics	273
3.4	Magic from the past still working	274
3.5	Withheld destruction	274
3.6	About the practical work	275
3.7	<i>Task:</i> Visionary observation	276
3.8	<i>Task:</i> Ritual	276
3.9	<i>Task:</i> Divination reading	278
3.10	<i>Task:</i> Documenting and observing	282
4	Deeper into the Underworld	283
4.1	Magical significance of the two layers	284
4.2	About the practical work	285
4.3	<i>Task:</i> Vision of the Ancestral Temple	285
4.4	<i>Task:</i> Researching Apes and Jörmungandr	287
4.5	<i>Task:</i> Researching Yama	287
4.6	<i>Task:</i> Pondering the Stone, the Sisters, and the octaves of creation	287
5	The Steps of the Ladder	288
5.1	The Ladder of the inner worlds	288
5.2	The Ladder in life	289
5.3	An ascent to what?	290
5.4	About the practical work	290
5.5	<i>Task:</i> Research	292
6	Magical Application	293
6.1	Short-term popular magic	293
6.2	Example One: Frank	294
6.3	Example Two: Shirley	294
6.4	Divine names and letters	296
6.5	Simply asking	296
6.6	<i>Task:</i> Meditation and ritual on your flow of creation and destruction	298

6.7	Readings	299
7	Birth and Rebirth	301
7.1	The pull from the Abyss	301
7.2	The stars	302
7.3	Timing is everything	302
7.4	Crossing the threshold: life and death	303
7.5	The beings that work with birth	303
7.6	Dangers and magical amulets	305
7.7	Paying the Ferryman	306
7.8	On the practical work	307
7.9	<i>Task:</i> Attending a birth in vision	308
7.10	<i>Task:</i> Working with the Death Vision	308
7.11	<i>Task:</i> Tarot/Quareia Deck readings	308
8	Ritual Patterns	310
8.1	Extract from <i>Liber O</i>	311
8.2	The dynamics in action	313
8.3	Prayer, declare, or ritual?	314
8.4	Emotion versus impersonal	314
8.5	Purpose: banish and invoke?	316
8.6	Elements of power	318
8.7	<i>Task:</i> Analysing some rituals	320
8.8	Thinking	320
V	Deities and the Magician	323
1	Introduction	325
1.1	Which deities should we work with?	325
1.2	Which power?	326
1.3	Knowing what is what	327
1.4	Nature or temple?	327
1.5	Your own power	328
1.6	<i>Task:</i> Self-reflection	329
1.7	<i>Task:</i> Research	329
1.8	A note from the editor about the Egyptian god-names in this module	330
2	Shu and Tefnut	332
2.1	Tefnut	333
2.2	Magical background	333
2.3	Shu	335
2.4	<i>Task:</i> Vision of Tefnut	337
2.5	Shu, Atum, and the root of the four winds	339
2.6	<i>Task:</i> The Vision of the Cave of the Four Winds (Atum)	339
2.7	<i>Task:</i> The Ritual of the Four Winds, Part I	341
2.8	<i>Task:</i> Researching Enlil and other wind deities	342
3	Sekhmet and Hathor	343
3.1	Magical applications	343
3.2	Sekhmet	344
3.3	Hathor	345
3.4	Deity and human relationships	346

3.5	<i>Task: The Ritual of the Four Winds, Part II</i>	346
3.6	<i>Task: Journalling</i>	348
3.7	<i>Task: Finding the ritual's sigil</i>	348
3.8	<i>Task: Natal chart work</i>	348
3.9	<i>Task: Deck work</i>	349
4	Set and Nephthys, Osiris and Isis	350
4.1	Set	350
4.2	Nephthys	351
4.3	Osiris	351
4.4	Isis/Aset	352
4.5	A note on the practical work	353
4.6	<i>Task: Vision</i>	353
4.7	<i>Task: Ritual</i>	354
4.8	<i>Task: Readings</i>	354
5	Djehuty and Seshat	356
5.1	Djehuty	356
5.2	Seshat	357
5.3	A note on the practical work	358
5.4	<i>Task: Revisiting two visions</i>	358
5.5	<i>Task: Ritual work</i>	358
5.6	<i>Task: Divination</i>	359
5.7	<i>Task: Learning a technique for contacted writing</i>	359
6	Working with deities I	360
6.1	Why we work with deities	360
6.2	Who do we work with?	362
6.3	How we work with deities	363
6.4	<i>Task: Research</i>	366
6.5	<i>Task: Vision</i>	367
6.6	<i>Task: Divination</i>	367
7	Analysis of the Ritual and Preparation	368
7.1	Ritual Analysis, Part I	368
7.2	Ritual Analysis, Part II	370
7.3	Ritual Analysis, Part III: Bringing in the couples	372
7.4	Preparation for the last part of the ritual	376
7.5	A general note on meditation	377
7.6	<i>Task: Preparation</i>	377
8	Ritual of the Four Winds	378
8.1	<i>Task: The Ritual of the Four Winds</i>	379
8.2	<i>Task: Sigilising the ritual</i>	385
8.3	<i>Task: Pondering Set's role in the ritual</i>	385
VI	Angels and Demons in Depth	387
1	Angels in Magical Work	389
1.1	Thresholds	389
1.2	Elemental thresholds	390
1.3	Guardians	391
1.4	Companions and guides	392

1.5	The planetary spirits	393
1.6	Creative and destructive powers	394
1.7	Messengers	394
1.8	Ladders/Vehicles	396
1.9	Angels of death and destruction	397
1.10	<i>Task:</i> Vision: communion with angels	397
1.11	<i>Task:</i> Ritual	398
1.12	<i>Task:</i> Decan research	400
1.13	<i>Task:</i> Read <i>Corpus Hermeticum</i> , chapter 19	400
2	Demonic Beings in Magical Work	403
2.1	Demon guardians	403
2.2	The composters	405
2.3	Magical practicalities: Understanding the difference between a real demon, and the Daemon or spirit.	408
2.4	About the practical work	409
2.5	Excerpts from the <i>Pseudomonarchia Daemonum</i> , or <i>Hierarchy of Demons</i> by Johann Weyer	409
2.6	<i>Task:</i> Analysing this text about 'Paimon.'	415
2.7	Some thoughts on the <i>Pseudomonarchia Daemonum</i> from Michael Sheppard.	415
2.8	<i>Task:</i> Read <i>Pseudomonarchia Daemonum</i> , or <i>Hierarchy of Demons</i> by Johann Weyer.	417
2.9	<i>Task:</i> Read <i>The Secret Commonwealth of Elves Fauns and Faeries</i> by the Rev Robert Kirk.	417
2.10	<i>Task:</i> Try to acquire Kathrine Briggs' <i>A Dictionary of Fairies: Hobgoblins, Brownies, Bogies and Other Supernatural Creatures</i>	417
3	Angelic work with Utterance	418
3.1	Uttering patterns	418
3.2	Angels and sound	420
3.3	<i>Task:</i> Vision	420
3.4	<i>Task:</i> Asherah research	423
3.5	<i>Task:</i> Second vision	424
3.6	<i>Task:</i> Visionary ritual	425
3.7	<i>Task:</i> Making a book of sigils	426
4	Angelic Bridges and Thresholds	428
4.1	A bridge or a threshold?	428
4.2	Example A	429
4.3	Example B	430
4.4	<i>Task:</i> Ritual 1	431
4.5	<i>Task:</i> Visionary ritual	432
4.6	<i>Task:</i> Metatron Cube work	434
4.7	<i>Task:</i> Honeycomb work	435
5	Guardians and Gates I	436
5.1	Gates	436
5.2	Guardians	438
5.3	Example A	440
5.4	Example B	442
5.5	A note on the practical work	443
5.6	<i>Task:</i> Vision of the Guardians and Gates	444
5.7	<i>Task:</i> Ritual	444
5.8	Magical angelic guardian technique in action	445
6	Guardians and Gates II	447

6.1	Underworld Guardians	447
6.2	Underworld guardians and lines of connection	449
6.3	Reflecting humanity back	451
6.4	Gates	452
6.5	<i>Task:</i> Ritual bath with breaking of connections	453
6.6	<i>Task:</i> Ritual	454
6.7	<i>Task:</i> Vision	454
6.8	<i>Task:</i> Research	454
7	Keeping the Balance	455
7.1	<i>Task:</i> The Egyptian ritual	456
7.2	<i>Task:</i> Tools	458
7.3	<i>Task:</i> The Fulcrum	459
8	The Holy Guardian Angel	460
8.1	What is the HGA?	460
8.2	What is contact with the HGA?	461
8.3	What does it do?	463
8.4	Resources	464
8.5	<i>Task:</i> Part I: Vision to connect with the HGA	465
8.6	<i>Task:</i> Part II: Ritual	466
8.7	<i>Task:</i> Research	467
VII	The Realm of the Inner Desert	469
1	Introduction	471
1.1	The Inner Desert and magic	472
1.2	<i>Task:</i> Setting the internal compass	472
1.3	<i>Task:</i> Ritual exercise	473
1.4	<i>Task:</i> Reading about scorpions	473
2	Going into the Desert	475
2.1	<i>Task:</i> Vision I	475
2.2	<i>Task:</i> Vision II: Going through the directional gate	477
2.3	<i>Task:</i> Ritual externalisation	479
3	Metatron and the Abyss	483
3.1	<i>Task:</i> Vision I	487
3.2	<i>Task:</i> Vision II	487
3.3	<i>Task:</i> Ritual	488
3.4	<i>Optional Task:</i> Looking at Psalm 27, the Book of Tehillim	491
4	Entering the Abyss	495
4.1	Working safely in the Abyss	496
4.2	<i>Task:</i> Vision I	497
4.3	<i>Task:</i> Vision II	497
4.4	About these visions	498
4.5	<i>Task:</i> Experiment	498
4.6	<i>Task:</i> Research	498
5	The Temples on the Edge of the Abyss	500
5.1	How?	500
5.2	Why?	501

5.3	<i>Task: Vision I</i>	503
5.4	<i>Task: Vision II</i>	504
5.5	<i>Task: Vision III</i>	504
5.6	<i>Task: Temple service</i>	505
6	The Flower of Life	506
6.1	<i>Task: The Flower of Life in vision</i>	507
6.2	The Flower of Life in ritual magic	509
6.3	Ritual weaving with the Flower of Life	511
6.4	<i>Task: Method I</i>	511
6.5	<i>Optional Task: Exteriorisation</i>	514
7	The Divine 'Kitchen'	516
7.1	Time	516
7.2	Sound	517
7.3	Fate	517
7.4	Games of Fate	518
7.5	<i>Task: Vision I</i>	520
7.6	<i>Task: Vision of the Hall of Fate</i>	520
7.7	<i>Task: Divination</i>	521
7.8	<i>Task: Alchemy</i>	521
7.9	The drags of fate	523
7.10	<i>Task: Reading</i>	523
8	Mid-course exam	525
8.1	Section one	525
8.2	Section two	526
8.3	Section three	527
8.4	Section four	527
8.5	Section five	528
8.6	Section six	528
8.7	Section seven	529
VIII	Magical Healing	531
1	Introduction	533
1.1	Study books	533
1.2	Healing process	534
1.3	Religious beliefs	534
1.4	Poverty	535
1.5	Magician issues	535
1.6	<i>Task: Researching the endocrine system</i>	536
1.7	<i>Task: Other body research</i>	536
2	Emergencies	537
2.1	Approach	537
2.2	Impact injury	538
2.3	Violation	539
2.4	Infection	540
2.5	Stroke or heart attack	541
2.6	Coma	543
2.7	<i>Task: Vision: the fellowship</i>	546

3 Inner Healing Techniques I	548
3.1 Weaving	548
3.2 The Three Fates and the Sisters	548
3.3 <i>Task:</i> Vision I: Reweaving someone	549
3.4 <i>Task:</i> Vision II: Reweaving yourself	549
3.5 <i>Task:</i> Vision III: Neith and weaving	550
3.6 Inner Landscape	551
3.7 <i>Task:</i> Your own Inner Landscape	552
3.8 Organs and organ spirits	552
3.9 <i>Task:</i> Regularly checking your heart spirit	552
3.10 Energies	552
3.11 <i>Task:</i> Practising energy flow work on a friend or family member	553
3.12 <i>Task:</i> Further exercises	554
4 Inner Healing Techniques II	556
4.1 Dispensing through fire	556
4.2 Removing resonance	557
4.3 Dripping tap mental method	558
4.4 Filling with energy	559
4.5 Replacing inner organs	559
4.6 Spirit Sickness	560
4.7 Working on the spirit	561
4.8 Solar essence	563
4.9 <i>Task:</i> Using the method on yourself	563
4.10 Astrology and Divination	563
5 Magical Impact, Attack, and Curses I	565
5.1 Impacts	566
5.2 Physical impact	566
5.3 Mental impact	568
5.4 Spirit impact	568
5.5 Magical Attack	569
5.6 The recharge method	570
5.7 The creeping method	570
5.8 What to do	571
5.9 Extract from Magical Healing by Josephine McCarthy: Chapter Nine—Homeopathy	574
6 Magical Impact, Attack, and Curses II	581
6.1 Curses	581
6.2 Strong, skilled curses	581
6.3 Specific target curses	583
6.4 Weaker curses	584
6.5 Scapegoating	585
6.6 Magical practicalities	587
6.7 Reestablishing the flow	587
6.8 Working with the axis of destiny	588
6.9 <i>Task:</i> Practice	589
6.10 Clarity	589
7 Land and Body Ties	590
7.1 No roots	590
7.2 Weather areas	593
7.3 Turbulent fire energies	595

7.4	Underworld energies / Serpent power	595
7.5	Stagnant areas	595
7.6	<i>Task:</i> Observing an active landscape	595
7.7	<i>Task:</i> Researching the outstanding	596
8	Magical Health Check	597
8.1	<i>Task:</i> Divination	597
8.2	<i>Task:</i> Organ spirits	600
8.3	<i>Task:</i> Body upkeep and management	600
8.4	<i>Task:</i> Magical compatibility	601
8.5	<i>Task:</i> Life balance and scales	601
IX	Working with the Spirits of the Land	603
1	Beings of the Earth I	605
1.1	Overall approach	605
1.2	Faerie beings that interact with humans	606
1.3	Rocks and rock beings	607
1.4	Prisons, hideaways, and houses	607
1.5	<i>Tasks:</i> Rock skills	608
1.6	Dwarves and giants	609
1.7	Sleeping armies	610
1.8	Black dogs	610
1.9	<i>Tasks</i>	611
2	Beings of the Earth II	613
2.1	Birds	613
2.2	Augury/communication	613
2.3	Flying	615
2.4	Guardians of waterways and springs	616
2.5	Faery beings of the forests	617
2.6	Deserts/Djinn	620
2.7	Divination	620
2.8	Astrology	621
2.9	Working with the tools	621
2.10	Cities	621
3	Gods and Goddesses of the Land	622
3.1	Trees	623
3.2	<i>Task:</i> Trees: Practical work	623
3.3	<i>Task:</i> Tree research	626
3.4	<i>Task:</i> More tree research	626
3.5	<i>Task:</i> Hills, mountains, and caves	626
3.6	Springs and rivers	628
3.7	<i>Task:</i> Experiment with water	628
3.8	<i>Task:</i> Shinto	630
4	Ancestors	631
4.1	Faery and human ancestors	633
4.2	Meeting the ancient faery ancestor	635
4.3	Working with the Blood Ancestor	636
4.4	Faeries in Manhattan	637

5 Mountains and Caves	646
5.1 Mountains	647
5.2 Vision method for making contact	648
5.3 Caves	648
5.4 <i>Task:</i> Mountain and cave folklore research	649
6 Working with Substances I	651
6.1 The approach	652
6.2 Metals	653
6.3 Ferrum Magneticum—Black oxide of Iron	653
6.4 <i>Task:</i> Alchemical metal research	653
6.5 Creatures	653
6.6 Naja: cobra venom	654
6.7 Hallucinogens	655
6.8 Stramonium (Jimsonweed)—also look at related Brugmansia Arborea	656
6.9 Magical substances	658
6.10 Luna and Sol	658
6.11 Natrum Muriaticum—Salt	659
6.12 Some other interesting substances	659
6.13 Diseases: nosodes	660
6.14 Variolinum—Smallpox	661
6.15 Summary	662
7 Working with Substances II: The Transmutation of Matter	663
7.1 Spagyrics	663
7.2 Spagyrical use of Rhododendron Tomentosum: Ledum palustre	664
7.3 Making a Spagyrical remedy	667
7.4 <i>Task:</i> Spagyrical practice	668
8 The Sea	670
8.1 Background	670
8.2 Ireland and Skye	672
8.3 The Mediterranean: Crete	673
8.4 The Atlantic at Key West, Florida	673
8.5 The North Pacific: Point Reyes	674
8.6 The UK's North Devon coast	675
8.7 <i>Task:</i> Building up a communion with sea spirits	678
8.8 <i>Task:</i> Vision work	678
8.9 Module Summary	678
X Preparation for Adephood	679
1 The Garden	680
1.1 How and why magicians work with the Garden	680
1.2 The magical elements of the Garden	681
1.3 The Garden: the House of God	682
1.4 <i>Task:</i> Visionary visit to the Garden reflection	683
1.5 <i>Task:</i> Research	684
2 Knocking on the Door	687
2.1 What lies beyond the door	688
2.2 <i>Matthew Chapter 7</i> from the New Testament of the Aramaic Bible	689

2.3	<i>Task:</i> The vision	690
2.4	<i>Task:</i> The ritual	692
2.5	<i>Task:</i> The preparation	693
2.6	<i>Task:</i> The full enactment	695
2.7	About the tools	695
2.8	Repeating the process	695
3	Solitude	697
3.1	The communal mind	697
3.2	The narrow path	699
3.3	How to practise magical seclusion	700
3.4	<i>Task:</i> Historical destruction	701
4	Weighing of the Heart	702
4.1	<i>Task:</i> Vision	703
4.2	What to do if refused the weighing	705
4.3	Advice	706
5	The Darkness	707
5.1	<i>Task:</i> Going into the darkness	707
5.2	<i>Task:</i> Record-keeping	709
6	The Staff	710
6.1	<i>Task:</i> Preparation	710
6.2	<i>Task:</i> Completion of the staff	711
6.3	Care of the staff	712
6.4	Use of the staff	713
7	Preparation for Crossing the Abyss	715
7.1	What is Crossing the Abyss?	715
7.2	What does it do?	716
7.3	The inner and magical changes	716
7.4	What outer changes can it bring?	717
7.5	<i>Task:</i> Making the choice	718
7.6	<i>Task:</i> Preparations	718
8	Crossing the Abyss	719
8.1	<i>Task:</i> Prepare yourself	719
8.2	<i>Task:</i> Prepare your room	719
8.3	<i>Task:</i> Stage One: The ritual vision	719
8.4	<i>Task:</i> Stage Two: The White Palace of the Great Ones	721
8.5	<i>Task:</i> Writing	722
9	Initiatory Lesson: Born of the Stars	723
9.1	<i>Task:</i> Vision of the journey through the stars	723
9.2	<i>Task:</i> Divination	724
9.3	<i>Task:</i> Documenting your work	725
	Bibliography	726